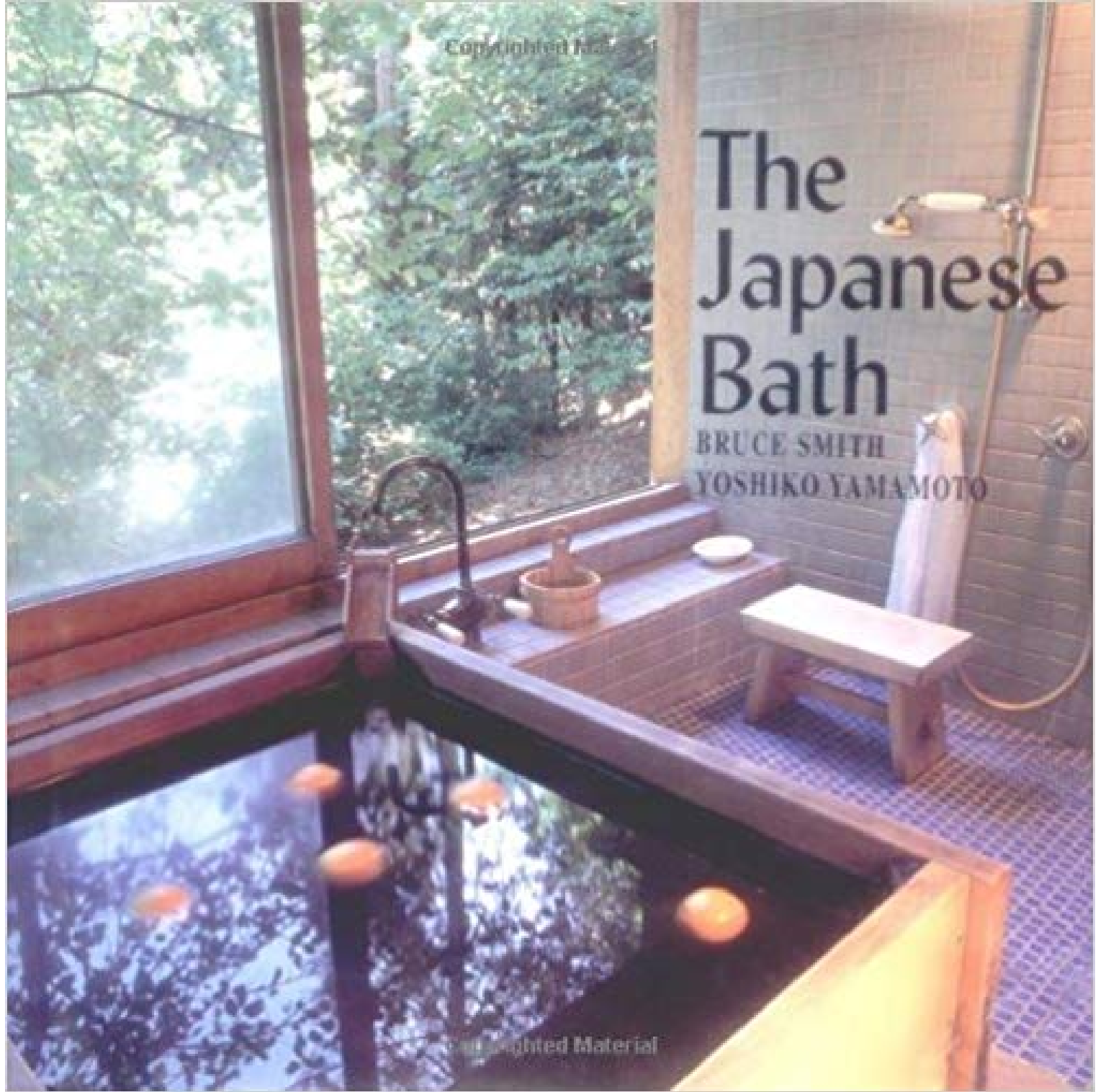


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The Japanese Bath

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The Japanese Bath



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The authors explain how exactly to create a Japanese bath in your own home. In Japan, one goes there to cleanse the soul. Bathing in Japan is about much more than cleanliness: it really is about family members and community. It really is about being only and contemplative, time to watch the moon rise above the garden. A Zen meditation, japan bath, indeed, cleanses the soul, and something emerges refreshed, renewed, and serene. In the West, a bath is a place one goes to cleanse the body system. Alongside sixty full-color illustrations of the light and airy baths themselves, JAPAN Bath, delves in to the aesthetic of bathing Japanese design and the innate beauty of the steps surrounding the process.



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Having lived in Japan I can attest, there's nothing such as a Japanese bath. It's important to browse the text, as modern plumbing and the adoption of some Western habits- to a point- have had an impact, also in Japanese homes. Normally very, hardly any people can afford a few of the more "high-end" bathrooms, nonetheless it does give a sampling of what you can do, providing price (and space) are not limitations. Many photos were used California, therefore those photos are of interpretations of Japanese baths, instead of actual bathrooms in Japan, though there are several photos of these, too. Overall the net value is to observe how a calm environment can be achieved, using muted shades and lighting, simple styles, and more natural, actually semi-rustic materials where suitable. This is a diminutive, but excellent quantity for all those interested in the topic. I also recommend a couple of other books, "A Japanese Touch For YOUR HOUSE" -lots of very exceptional photos of contemporary homes- and "Japanese Homes and Their Surroundings", the latter being truly a Dover reprint of a book written in the 1880's, and so giving a truly authentic representation of the styles of previous Japan, uninfluenced by Western ideas. The book provides abundant motivation for creating your own design, without providing real builders plans. It is a very great read and really worth increasing your library. The authors keep the writing brief and simple, but it's non-etheless enlightening and captures well japan mindset towards bathing. Paragraphs on how to build a Japanese bath from scratch are absent, but an excellent emphasis is positioned on the points that make the Japanese bath so unique: lighting, depth, materials. A gorgeous photographic journey into the art of the bath A comparatively short book (significantly less than 100 pages), what "JAPAN Bath" lacks in length it makes up for in articles. If your wish is to add a Japanese bath into your home, or simply to go to one, the resources guideline in the back of the publication will prove very helpful. This is a delicate and interesting work on teh subject, remember to sit back and read it, there is a lot more to it than the usual home interior design reserve. In the west we take baths to completely clean our outer bodies, in Japan the bath is used to clean not just that but ones' inner self as well. All in all, "JAPAN Bath" gives truth to the adage that great points can come in small deals. Regrettably the present day use of large regions of glass tends to undo the initial subdued impact but this as well is made clear (no pun designed) when one views the result, and compares such open (and shiny) lighting to the older approach. This has changed my bathing habits forever... Great book! I bought an excellent, terry-towel robe, but would like a "summer-excess weight" one. This book shows you the spiritual connection to the bath. Now, certainly, I can't possess a japanese bath in my own apartment, however I've found a method to put up with what I've. I have just a little plastic material footstool for the bathroom now that I devote the tub, and I wash in about an inch of water, scrubbing with my bar of Neutrogena even though my feet soak. Then I placed on my exfoliating gloves, massage my feet and then rub my soles with my so-called "foot rock", and I splash off with a Happy container of water around. Then I do the hair as the water drains, and wash off hair and bath tub. and then, oh, after that, do I take away the stool, put fresh clean water in the tub as hot as I could stand it, cut away the light, placed on gentle jazz and light my PierOne new herb candle, and contemplate the stillness for about 15-20 mins. I worry that other countries want to emulate our wasteful methods an excessive amount of, and don't appreciate they have issues we Americans may want to adopt as well..and this works for me because mornings just aren't good, and there's something about getting up already clean!! never realized japan were so clean. Normally, I don't do that every day, and I only do it in the evening. After scanning this little reserve I'm so envious. It's relaxing merely to look at the images even if you are high and dried out on an office seat somewhere, far from drinking water and

stillness. The general public bath sounds significantly less than interesting, but an exclusive oasis is certainly something to consider for my following home. I have come away with a fresh respect for Japan (I wonder if the Chinese are as meticulous), and I take way better care of my bathroom right now. Now, doesn't that appear to be heaven? Primarily, I would love to visit California plus some of these bath houses, just like the one demonstrated on page 13 with the adorable "temple cat" patrolling the entryway. Thank you, Bruce and Yoshiko, designed for writing this book! Four Stars Done well - I'm glad I purchased it. There's nothing like a Japanese bath. Wish I was creating a custom bathroom therefore I could use some of the tips in this book. "The Japanese Bath" - a review by Rich Saylor, Architect. A very nice book, lots of very well-composed photos. A very informative book. The Japanese Bath is a very enlightening book. It not merely shows you the beauty of Japan bath but brings you to a knowledge of it. One of the finest, Ki Arts, offers "the flexibility to work anywhere in the world" since they utilize the traditional Japanese joinery system for their projects. Just about every page is filled with beautiful, full color photos ranging from small, home baths, to exquisite, personal baths found in spas, to the large, community baths found in Japan. Good translation. Just mainly because advertised. Most suppliers and spas are on the West Coastline, but many have websites where they may be reached. It's about creating tranquility and sanctuary from a busy world. So beautiful! That is a fantasy wish book for bath lovers. Great book. Wonderful book, great photos. The baths are beautiful and unique. Interesting that folks take a bath right after work. I love the ideas in this publication, so much so that I long to get a house with two bathrooms, one with toilet, one without, with another bath and shower region, and if I can't have a watch with a nice garden, I possibly could at least have an excellent overhead skylight. Great book! Five Stars Very informative. I would suggest it.



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