

Erin Sullivan

The Astrology of Midlife and Aging



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The first in-depth analysis of how an individual's natal horoscope reveals the unique challenges and opportunities of midlife. Jung known as this stage our "unlived life," assuming rightly that midlife didn't inaugurate a period of rapid decay, lack of libido, and inevitable death—This is a minute in life that is characterized by the planet Uranus, one filled with possibilities to both rethink days gone by and progress toward the near future, "witnessing" our lives in the way Uranus connotes. Acclaimed astrologer Erin Sullivan will take us through the huge shifts that astrology reveals once we reach middle age group. Between your ages of thirty-seven and forty-one, something mysterious takes place within the psyche. but instead ushered in an interval where one might review one's lifestyle and build upon a strong foundation toward the next phase of adulthood. There exist no maps of the terrain-except the natal horoscope.



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com~ Barbara Grauer Five Stars Product was needlessly to say and received promptly. She reminds us that "midlife - all life, in fact - is a process. The author focuses quite a bit on Jung however, not as pop psych. Jung himself focused on adulthood, stating that childhood problems were the parents' problems. Freud helped us see how our formative years affected us, while Jung looked at how in maturing we determine if we can be who we have been or if we will stay our parents' problems. In the event that you consider predictive astrology as a way to see how you can best grow going with the flow rather than resisting, then you'll probably love this book. In the Astrology of Midlife and Maturing, Sullivan gently but firmly walks us through the planetary cycles that occur in the next half of life assisting us to meet our own selves at once. Puberty you get some good preparation for as college teaches it (hopefully) and it's really in the media constantly with tons of teenage dramas. Also the author shuns the "blame the uictim" MODERN which is WONDERFUL. An extremely useful book. Each individual is very different, so no one experiences the transits the same manner, but the themes are the same and how we have resided our lives and what our temperament is usually makes the universal themes unique. I love studying hirstory and astrology ends a fascinating look. A helpful but not overly informative guidebook. The different values of every group helped me too much to realize why my mother's Baby Boomer friends are still so reluctant to be adults and just why my generation (Uirgo) are so much more reasonable. Astrology in context of true to life. The conflict between the Tumor and Leo group is currently apparent. Pluto in Leo, after that in Uirgo, completely up through Sagittarius) and deep insight. That we generations are facing collectively a fresh midlife with a transit quite definitely about facing loss of life which previous ones did not was interesting. Possibly the demotion of Pluto to a dwarf planet and another younger people to end up being the last with the Pluto transit at midlife will mean very good news about nuclear waste materials and war. By seeing how when our ancestors resided shorter lives, their Saturn Return was their midlife crisis, and how new it really is to have so many reach the Uranus Come back of 84, human beings are integrating the transpersonal planets into their lives in ways nothing you've seen prior seen even without the Pluto transit. My grandmother resided to be in her 90s and I acquired deeper insight into how that was on her behalf, how removed she was from the globe as she outlived everyone she loved."I possibly could not agree more!Planetary returns (such as the solar return that is our birthday) occur at regular intervals through the lifespan and each one of these returns is an influential event. These details is structured by birth season - making The Astrology of Midlife and Maturing a wonderful personal reference for anybody interested in life after forty (or 37). I dislike cookbooks and superficial, non-humanistic astrology. This has given me much to take into account outside of astrology, which is a great sign of a great astrology reserve. It helped me understand parts of the human being encounter where I was formerly ignorant. Understanding my younger friends (Libra) is much easier as well. Midlife hits without warning, much like how no one prepares you for the years of perimenopause where your ovaries run wild. Essential read for seniors! Fascinating book by a highly skilled astrologer from a psychological perspective. She writes in detail about generational planets (e.Astrologically speaking, enough time we call midlife begins between the ages of 37 and 41 when Uranus opposes its original place inside our chart. The Pluto transit at midlife only happens for a few generations, starting with the infant Boomers who was raised in the atomic bomb's constant shadow. A must read for seniors! I'm definitely adding Erin Sullivan to my set of trusted astrology writers. Pleased to discover this book I'm still scanning this book weeks after I bought it merely to sauor all of the insights provided. There's plenty of technical detail, and at exactly the same time the design of writing is very accessible for students. This reserve helped me identify exactly what happened when and what I did so with it and what things to expect coming up. Erin Hits Homer Again! Ms. This is the time, Sullivan tells us, that "something mysterious takes place within the psyche" leading to us to remember our life, examine the things we have not done, and move forward with greater recognition and purpose - something which  ${f I}$  definitely feel  ${f I}$ 've completed!With her usual in-depth, insightful style, Erin gives anyone approaching or in procedure for the

midlife phase of life much information on this cycle we should all navigate. "To approach aging with a sense of honor and purpose means perceiving it as such: an honorable and purposeful task, one that isn't over until it is over". This speaks not merely to the "seniors" who are currently in or entering middle age, but to those folks who try to counsel and guide those with serious aging issues. It tells you what I and everyone else approaching midlife ... It lets you know what I and everyone else approaching midlife to consider regarding outer planet motions. This book is the best I have found for explaining the "careers" of the Great Generation (Pluto in Malignancy), SENIORS (Pluto in Leo), the Survivors (Pluto in Uirgo), and Pluto in Libra, with a glance at what to anticipate in the small amount of time when Pluto can be in Scorpio and culture is rebuilt after the Uirgo and Libra generations clean up the messes created by the Cancer and Leo generations. Five Stars Excellent Great Resource for Navigating the Important Transitions of Midlife & Beyond! Astrology is not, as Sullivan's function highlights, just about birth charts - it really is approximately the planetary cycles that occur throughout our lives. The info about gay and lesbian relationships I have no idea if it's true or not, nonetheless it makes logical sense looking at biology and gender socialization. The different transits of midlife make a design of a major development spurt, last felt at puberty.g. Sullivan's most recent book may be the one you've been looking forward to whether you know it or not really!Drawing on her extensive understanding of astrology and the work of this great pioneer of the psyche Carl Jung, Sullivan explores this essential transition in addition to those that come after. The procedures of recent years and the ones I am entering seem sensible on a very deep level."Actually the ancient Greeks concerned about it and fretted over the future", she claims, and you will not be disappointed with the bigger perspective this reserve will give you on these issues which are common to all humankind!not an event" and then provides an astrologer's perspective on what we might align with the available planetary energies to make the most of this extremely significant process. Sullivan continues on to provide specific details for the many crossover events of the latter half of our lives, like the Uranian opposition, second Saturn come back and the come back of the lunar nodes. I like my astrology books to end up being deep. I particularly enjoyed Sullivan's wonderful writing, deep understanding and sincere thirst for self-discovery. "Faith in the gods is great," she tells us, "but faith in one's very own deepest self, which understands who one is about to become, can be better. The information about how exactly women often handle the psychological and social freedom of aging much better than men coincides with the info that post-menopausal women don't make the "need to Mommy others" hormones, while a guy often had a woman be their psychological and social self for them, so midlife and aging is very different at times. To learn more of my reviews and check out my most recent interview with Erin please visit my blog page @ MysticalLiving. Deep and amazing on many levels I cannot sum up this book easily nonetheless it has helped me navigate my midlife while absolutely nothing else has.



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