

American National Red Cross

A Family Guide to First Aid and Emergency Preparedness



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You'll find comprehensive checklists that assist you to create a family emergency plan and build an emergency preparedness package. It's a big job but with A Family Guide to MEDICAL and Crisis Preparedness from the American Red Cross, help is at your fingertips. Trusted medical information can help you quickly manage common medical emergencies like allergic reactions, asthma, choking broken bones, nosebleeds, knocked out teeth and even more. Plus, the accompanying Dvd and blu-ray enhances learning with step-by-step demonstrations. Your loved ones could be smarter, better prepared and safer. As a mother or father, your family's health and security is your top priority. A FAMILY GROUP Guide to MEDICAL and Emergency Preparedness requires a positive method of learning-fun interactive actions get everyone involved, helping children respond to emergencies confidently. You can also figure out how to guide your loved ones through disasters such as for example hurricanes, floods, fires and even terrorist events. A Family Guide to MEDICAL and Emergency Preparedness makes it easy.



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