

SELF-DEFENSE

for Gentlemen and Ladies



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A Nineteenth-Century Treatise on Boxing, Kicking,
Grappling, and Fencing with the Cane and Quarterstaff
— ♦ —

Colonel Thomas Hoyer Monterey

EDITED AND INTRODUCED *by* Ben Miller

Colonel Thomas Hoyer Monstery and

Self-Defense for Gentlemen and Ladies: A Nineteenth-Century Treatise on Boxing, Kicking, Grappling, and Fencing with the Cane and Quarterstaff



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Standing and Striking may be the treatise of Colonel Thomas Hoyer Monterey, a get better at swordsman who participated in a lot more than fifty duels, fought under twelve flags, battled gangsters, and was constantly mixed up in great conflicts and upheavals of his period. This book is The Logic of Boxing. Colonel Monterey presents a unique check out the Victorian-era fighting globe, describing designs such as Uk "purring" XI.s bare hands. Fifty rare drawings and photographs from the period illuminate Monterey's CONTENTS Colonel Thomas Hoyer Monterey: The Unknown American Martial Arts Master I. including fascinating information on his many duels in addition to his groundbreaking devotion to teaching fencing and self-defense skills to women—update his text to create it accessible and useful to gentlemen and girls of any era.s globe, while an extensive glossary of terms and an introductory biography of Colonel Monterey—XV. Appendix: Monterey's Rules for Contests of Sparring and Fencing Glossary the magnum opus of this remarkable and colorful personality, originally published in the 1870s as some newspaper content and collected here for the first time. III. Self-Protection for Gentlemen and Women IV. Advancing to Strike and Feinting. V. Simple Parries in Boxing. VI. Observations on Organic Weapons. VII. Effective or Counter Parries in Boxing. VIII. Offence and Protection by Evasions. IX. Excursions, Grips, and Back-Falls. X. Rules for a Set-to with Gloves. (shin-kicking), Welsh jump-kicking, and American rough-and-tumble fighting, and illustrated instruction in the artwork of gentlemanly self-defense with a cane, personnel, or one' Parries with Returns. The Use of the Cane. XII. XIII. The usage of the Cane (continuing). The usage of the Staff. XIV. Introduction. The Use of the Staff (continued). II.



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This complexity plays out in a fascinating narrative chronicling a really amazing life rich with romance. With eloquent prose and concise description, Ben Miller introduces us to an extraordinary character of the nineteenth century whose adventurous life and commitment to chivalry embody sun and rain of fictional heroes from bygone days. A sensational read, I highly recommend "Self Defense for Ladies and Gentlemen" and eagerly look forward to upcoming literature by this writer. This complexity plays away in a fascinating narrative chronicling a amazing life rich with romance, peril and poetic justice. This content of Monstery's manuscript will end up being of great curiosity to any background enthusiast, since it includes detailed descriptions of ancient arts which have all but died. An exciting added element is that one may gain further insight into their history and program by looking up Mr. Unlike many traditional documents, this one is completely cited, which is a lot more fascinating, but most of these sources may likely be difficult to track down, like old papers, etc. Miller's entertaining introduction seamlessly draws a portrait of Colonel Thomas Monstery - a guy both stereotypically masculine and traditional, and also extremely progressive for this he lived in. Victorian Era Combatives I bought this partly for the historic novelty element, partly because I'm students of combative who's usually interested in expanding my understanding, and partly because I thought this would make for a badass coffee desk or personal library conversation piece. I genuinely such as this book. I learned all about both history and the specialized/tactical sides of combatives. This is simply not a fine coffee publication of European fencing. If you're interested in the annals of the sport, or in history generally, I certainly recommend this browse. What it is, is a sort of traditional period work that puts the reader into another time and place where they can explore the topic of combatives in the Victorian Era. Enjoy.. The editor's lengthy introduction to the Colonel's existence adds nice context, and the massive number of citations and . He led an incredible existence before settling in the U Col. It had been too the point very simplified and general. This truly comes from the perspective of a man whom has been in many violent altercations. I recommend this book. It had been politically incorrect and it had been amazing. Monstery was a favorite fencing and self-defense instructor in NY and Chicago by the end of the 19th hundred years. He led an amazing existence before settling in the U. a fantastic view of that which was expected of a gentleman in . This publication is a assortment of a series of content originally released in an area newspaper written by Monstery. Four Stars Interesting read Four Stars Exactly what I expected The book will be of interest both to those who are interested in historical fighting techinques but also anyone who is interested in learning self-defense for use in the modern day. interesting and scientific look in self-defense and history great book if you're thinking about either or both exciting and scientific look in self-

defense and historygreat publication if you're thinking about possibly or both, excellent work by the editor and the initial author, great period illustration aswell Fun read. Interesting. Cute publication, nicely printed. Covers an array of fighting styles. What used to refer to specific actions aren't all that very clear without the kind of diagrams one finds in a modern martial arts manual. Covers just what it claims to, although it is a historic reprint, so that can be expected.. The pictures are well reproduced in this duplicate. Miller's mentor at the Martinez Academy of Arms who is apparently among the last known fencing masters with a direct lineage to numerous of the European martial arts similar to those talked about in Monstery's work. I love the language used... Only a short ways into the book thus far, but loving it. The editor's lengthy launch to the Colonel's existence adds good context, and the massive amount of citations and illustrations provide plenty of context for the material.S. More amusing from a historic perspective, but can be handy when you can decipher the language from a martial perspective. A great historical read! I enrolled in a fencing course, and I needed to read a bit more about the sport. This book is amazing, and if you find attractive history, an excellent view of that which was anticipated of a gentleman in both abilities, and attitude in the 19th century. Nor is it a high quality training manual. Five Stars enjoy looking at past thoughts on self defence . Three Stars much less informative as i would have liked Great Book, Tiny Typeface The typeface is indeed small that despite having reading glasses I have to have bright light. The written text is certainly mesmerizing, but I'm limited to where I could read it. Well crafted.) Five Stars Great book for more information about the history of western fencing and boxing. Fun and Interesting Read Great reserve. In retrospect, I should have bought the Kindle version (though it was more expensive that the hard-duplicate. It certainly makes me feel as if I am there. The publication includes Monstery's system of boxing, walking stick and two handed stay for use in self-defense.



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