

PATHFINDER OUTDOOR SURVIVAL GUIDE™

# WILDERNESS FIRST AID

A Waterproof Folding Guide to  
Common Sense Self Care

WILDERNESS FIRST AID - A Waterproof Folding Guide to Common Sense Self Care



THE PATHFINDER SCHOOL

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Dave Canterbury and

Wilderness First Aid: A Waterproof Pocket Guide to Common Sense Self  
Care (Pathfinder Outdoor Survival Guide Series)



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Be smart, be safe, be skilled. Produced by noted survival professional and expert woodsman Dave Canterbury, that is among a 10-part series on survival abilities. Wilderness First Aid covers simple techniques to treat common accidents and sickness in a wilderness scenario. This waterproof, folding guide includes great suggestions and techniques to assist you be more comfy while awaiting rescue or keep you cellular enough to effect self-rescue if required. Made in the USA.



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It is definitely certainly not a comprehensive guide to wilderness first aid. This is simply a "fold out" waterproof guide that gives a brief explanation of how to handle a range of first aid emergencies. A "fold out" water-proof guide that gives a short explanation of the way to handle a variety of medical emergencies. Four Stars Good Another section says work with a tourniquet as a final resort after trying to avoid bleeding for 10 mins? The size and durability are added benefits. Just a few good examples where I was shaking my head. People bleed out in tourniquet situations in mins and the new methodology says make use of fast and first. Great for what I wanted A great, super light weight and durable details packet. I'm a light "doomsday prepper" with primarily a bag and minimal assets to get me began, should I ever want to. This was ideal for my bag and I understand if I ever require it, it will become in my own bag and I'm going to be in a position to reference it with small effort. Fantastic Waterproof Guide! Fantastic reference in the event of emergency - grab I and ... Fantastic reference in the event of emergency - grab I and increase your hiking pack, youe Bug-out-bag, or simply in th etrunk of your car. Five Stars Great guide and an easy task to follow Fantastic Waterproof Guide! Great to have, fairly durable Got this to take car camping and backpacking. It has some good useful guidelines and is easy to store in a backpack, but due to its size it's susceptible to getting bent very easily if things move around. So considerably it's proven to be quite durable though. Great Field Guide Great Field Guide recommended For those attempting to be prepared. Well worth the amount of money. I got a series for my daughter's emergency bag which she bears in her car for excursions home from school.! Personally, i prefer more pictures and less writing. The knowledge in this brochure is normally super basic, if not really inaccurate. While I am happy with the merchandise, the description could be better. Excess weight and space is critical while hiking. It is NOT a wilderness medical manual. It covers halted breathing, hypo/hyper thermia, shock, bleeding, burns, eye damage, bandaging, and insect bites. The medical described is simple, but effective. I purchased this to add to a Boy Scout medical kit. It is just fine for that purpose. Extremely basic Not really valuable info. Readable, simple, but extremely useful instructions on simple and intermediate medical with limited resources. Very simplistic however detailed and ideal for beginners like myself. An example is it says to softly shake someone and ask if they are ok, well I am hoping they don't possess head, neck, or spinal injuries.



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