



BUDGET BYTES

**Over 100 Easy,
Delicious Recipes to Slash
Your Grocery Bill in Half**

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Budget Bytes: Over 100 Easy, Delicious Recipes to Slash Your Grocery Bill in Half



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The debut cookbook from the Saveur blog award-winning Internet expert on producing eating cheap dependably delicious. Soon your blog received millions of visitors clamoring for more. re urban or rural, vegan or paleo, Budget Bytes is definitely guaranteed to delight both palate and the pocketbook. and armed with a degree in nutritional science—Beth began tracking her costs with obsessive precision, and soon cut her grocery bill in half. Eager to share her guidelines and recipes, she launched her blog, Spending budget Bytes. As a college grad during the recent great recession, Beth Moncel found herself, like so numerous others, broke. In addition, it contains expert concepts for saving in the kitchen—re craving, and information to greatly help anyone get familiar with their kitchen and get maximum use out from the freezer. Budget Bytes has more than 100 basic, healthy, and delicious quality recipes, including Greek Steak Tacos, Coconut Chicken Curry, Chorizo Sweet Potato Enchilada, and Teriyaki Salmon with Sriracha Mayonnaise, to name a few. including how to combine inexpensive substances with expensive to make sure that you can still possess that steak you' Beth's eagerly awaited cookbook proves cutting back on cost does not mean reducing on taste. Whether you' Unwilling to sacrifice eating healthy and well—



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Excellent and incredibly practical cookbook While I'm a fairly experienced cook, I find myself running in to the problem of not knowing what to lead to dinner after work that is good, isn't something I've already made a huge amount of occasions and am getting tired of, and doesn't have a lot of time to prepare. And it is not just dishes; I've known about the Spending budget Bytes blog for some time and also have enjoyed Beth's dishes so much that I ordered this book the day it came out. Includes 46 vegetarian, and 30 vegan recipes! I already chosen three recipes I'm going to try on the next few days: lemon-parmesan pasta with peas, hearty vegetable & I'm going to be buying a dozen roughly copies to provide as birthday and Xmas presents this year. I also make an effort to end up being frugal while also liking to test out different flavors and cuisines - I don't enjoy feeling tied to the frugality. there exists a lot of other helpful information included. While some of these tested recipes dip into Asian/Mediterranean/Mexican-style flavors, there isn't anything in here you can't grab at the common American supermarket. Even though most of the recipes are simple, they often times use ingredients in ways I hadn't regarded as. I go through it and there are lots of approachable recipes. General, the dishes are quick to prepare, don't require elaborate techniques or hard-to-find elements, and have an easy task to follow instructions. I needed a basic cookbook to save money but nonetheless make delicious up to date meals with simple basic ingredients. Even if you have never heard of your blog, there's a good chance you'll like this publication if you're looking for some cooking inspiration. Love love love this book. There exists a soup chapter which include, an improved Than Mom's Chili and a Lentil and Sausage Stew recipe. She also explains how to stock your pantry, how to shop for big-dollar ingredients when they're on sale, and how exactly to use your freezer (hint: fill up it with meats bought on sale and homemade share! If you "don't possess time to cook," you will need this cookbook. My go-to cookbook I just sat right down to dinner and realized that after three years of owning this cookbook its still my go to cookbook. Sometime last year, a friend who's a mother of eight sent me a web link to a recipe on the Spending budget Bytes blog. I was hooked. Beth tells you how much each recipe is going to cost you, how much each serving will definitely cost in the end, how long it does take to cook, and she offers you pictures of every single step of each recipe (on the site, not in the book). Great cookbook! You can find loads of great soups, crockpot recipes, and one-pan meals, salads, you name it. Budget Bytes completely changed just how I shop and cook. She rates each meal with a dollar sign for cost, 1, 2 or 3 and then a symbol for freezer friendly meals. I don't purchase pre-packaged anything - it's all made from scratch, for a fraction of the cost. It has a ton of quality recipes that are not on the internet site, and provides shopping or cooking tips appropriate for each one. Baked oatmeal, coconut rice, and coconut poultry curry are my favorites. If you think you don't have time and energy to cook, or if you don't know HOW to cook, this cookbook is usually for you. barley soup, and one-skillet lasagna. Great recipes - easy, refreshing ingredients, quick to prepare. UPDATE 2/17/2014: Within the last week or so, I've made a bunch of recipes out of this book (like the one for supper rolls, the very first time in my lifestyle I've made anything using yeast) and like it even more now. I bought this as a secret Santa gift for a single mom from a minimal budget home. The quality recipes have been a consistent hit w/ my kids. But I appreciate that they didn't consist of "prep time" in the publication, because if you ask me the prep period listed is hardly ever accurate!). The author is fantastic about using fresh ingredients. The book includes dishes that aren't found on her website. I am using it for weekly menu preparation and buying and it has become my go-to book. I love this cookbook. I love how it has menu samples, it even includes a vegetarian section. Now that I've it and am looking through it, I'm excited to get that not only are there a couple of recipes that aren't already on your blog, but so most of them are tasty, easy, and generally healthful (though there are some not-so-healthy quality recipes for when you are feeling like being not-so-healthy) - while also getting reasonably priced, according to the theme of the book and blog. I hate wasting cash on meals. I kept pinning Budget Bytes Recipes on Pinterest and made some of the recipes because the ingredients were stuff I already had in my own kitchen. Once I experienced the reserve, everything Beth talked about in the first chapter resonated with me; Then I found Beth's blog page and book therefore I immediately reserved it at the library. trying to save money but still eat delicious food, the lost artwork of cooking on my generation, the "dependence on basic cooking instructions" therefore many recipes I needed to make. Such a great buy! She budgets each recipe down to the penny. I believe it's safe to say that if you just like the blog page, you'll such as this book. I hardly ever come home anymore and question what we're going to have for dinner. You can find so many

delicious dishes such as for example Autumn Delight Baked Oatmeal, Naan loaf of bread, No-Knead Focaccia, Fundamental Hummus, Quick Salsa, many dressings, Crimson Enchilada sauce, Vinaigrette Slaw with Feta, pasta and noodle dishes including Sesame Noodles and Easy Pad Thai. I am so glad I bought it. There is a lot more including a chapter on meat, poultry and seafood, rice, beans and lentils and also 10 delicious desserts. It had almost no pictures and the quality recipes weren't that impressive. After a month, I had to buy the book. I'm an individual parent of a little child. This was my first real cookbook when I began cooking on my own and paying my very own bills and its awesome. I have a few recipes memorized right now and use them all the time. The one thing I don't like about the cookbook is certainly that the prep/cooking food time isn't listed for every recipe. I really recommend taking the time to read her tips and introduction. Its really ideal for brand-new cooks or those new to budgeting. I've accumulated quite a few more cookbooks in the three years since but that one is still the main one i head to first and its one that led to my self-confidence as a cook. This cookbook is DA BOMB! 10 outta 5 stars! I've made 30 quality recipes out of this book and only 2 have earned a I' LL NEVER EVER MAKE THIS AGAIN status! Pretty danged great. This cookbook is indeed good, I've it on a Christmas list for a couple of people. Quality recipes are fast, basic and made with easy to find ingredients. This is an writer that I'd execute a pre-order in a pulse on. Five Stars a nice cookbook Delicious and practical I got in to the Budget Bytes blog a few years when cash was tight and I had simply no idea how exactly to feed myself good, wholesome meals. Beth's recipes on your blog hit the amazing combination of being easy to make, delicious, and making you full without making you feel gross. The recipes in this cookbook do the same, & most you cannot find online. Budget Bytes kick started a love of cooking for me. Fast forward a few years and I am a cookbook/food blog fanatic with a little more room in my own budget to invest on food luxuries. Nevertheless, I get back to Budget Bytes over and over because no matter my budget I'll always appreciate being able to make a complete delicious meal without needlessly complicated ingredients/steps. Great dishes, cheaply printed. I ordered the book because I have already been a lover of the author's internet site for a long time. There are also even more time-consuming quality recipes for when you're in the mood to chop lots of vegetables and so on. I just wished the web pages were more appropriate for a cookbook. These were more like solid newsprint and I fear are certain to get ruined easily. Awesome! This has really been an excellent book for an individual working mom - I love having the ability to get good new food up for grabs for my children after function w/ minimal tension and also have something that they prefer to eat (rather than mac-n-cheese or poultry nuggets). Spend less and eat delicious meals with this common sense cookbook! It makes meal planning a breeze! Nice for beginners Good dishes. Because they don't require way too many ingredients, they are usually a little bit simpler, so they're good for beginners. My only complaint is that we now have few pictures Three Stars I actually was disappointed with this publication. I think what I really like most is that Budget Bytes has all of the delicious take out foods you want but can now afford to create and eat every day at home!



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