

Nasty, Brutish & LONG

Adventures in Eldercare

— IRA ROSOFSKY —

"I don't want to spoil your reading pleasure, but I'll give away this book's ending: Everyone dies. When you can't go home and are permanently in a nursing home, they ironically call it long-term care. Most long-term care residents last two or three years. Long-term care means you are on the banks of the River Styx waiting for the ferryman, or maybe you're already on the ferry. At least that's what's on the mind of those who still have one."

"I'm ready to go," says Mrs. Mullaney.

"To bingo?"

"No, to die and yell at my husband for leaving me."

Ira Rosofsky

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Read Ira Rosofsky's posts in the Penguin Blog A candid, humane, and improbably humorous look at the world of eldercare In assisted living facilities across the country, members of the best Generation you live out their last days. A portrayal of what's increasingly becoming the last slice of lifestyle for most, Nasty, Brutish, and Lengthy is also a baby boomer's poignant meditation on mortality, a reflection on his caregiving for his parents' final days, and an study of the choices that we, as a culture, have made about healthcare for the elderly who are no more of sound mind and body. With a compassionate attention but mordant wit, Rosofsky, a psychologist billed with gauging the mental wellness of his elders, reveals a lifestyle based not in the empathy of caretaking, but instead in the coolly detached bureaucracy of Medicare and Medicaid. Existence is usually a succession of pokes and prods, medications, TV, bingo, and, probably, talking to Ira Rosofsky.



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Best of all may be the author's wonderful sense of humor. Excellent, funny, poignant, and educational. I must say girls who look after her are fantastic, but there seriously isn't enough help. I really like the theory that Medicare REQUIRES lots of accountability, which has diminished hand-holding care in the best of locations, but all but removed abuse in the worst. today. Also adored that people came and went BACK HOME! Also adored the insight of this psychologist and where he fit on the nursing home totem pole. He's a riot, all the more so, because it's ALL true. I'm considering the requirement of my 92-year-old mother likely to a nursing home, and I'm happy I examine this because right now I'll do everything I can to maintain her out of there. and Funny. I acquired originally thought this would be a dry examination of the state of nursing homes. Just what a life she had! FABULOUS stories!!! Insider's look at of rest homes Although rest homes have been surpassed by assisted living centers, this book nevertheless has valuable insight into where in fact the money goes and why. Read it to prevent yourself from making the mistakes that lead to costly but unnecessary drugs, pressured incarceration into wheelchairs and recreation therapy, and expensive, end-of-life hospital remains. We will all die, but we are able to have a little bit of control over the route that takes us there Not enough help ! I desire I'd written this book myself. At the moment I am dealing with my 93 calendar year old mom, whom I have already been caring for until her last fall. Her hip broke and then she fell down She has experienced a nursing home since Oct. 2016). My sister found these tales horrifying, but I found them hopeful! Occasionally these cliches are blown from the water within an explosion of actuality. I understand because I go there every day and I bring her into the bathroom. Rosofsky information and then some. A dose of reality That is somewhat of a master work. Read this if you would like the real story rather than the sugar-glazed version. I'm an accountant who works together with elderly folks and their own families. I continuously preach about the necessity for advance planning, delegation of responsibility, etc. It's also a wake-up call for those who will eventually come to understand that there are various tragi-comic events that could influence them as caregivers or sufferers. I confronted every concern that Dr. I am going to bring her home soon.S. My tips is informed by my own connection with having had a mom who lived for 7 complete years in a nursing house. There are idealized principles of how elderly treatment is supposed to work. She bands her contact bell and sometimes it requires 20 - 30 min for someone to answer her call. This book by Ira Rosofsky is quite helpful and informative. Nasty, Brutish, Long..." He thought we should all be so lucky. I actually had enjoyed excerpts out of this reserve on the author's site, but what really works when reading the entire thing is the flow from chapter to chapter. I really like how he integrates his professional and personal experience, and unlike a reporter who's simply done a lot of research, this guy draws upon an abundance of experience.His understanding of nursing home methods combined with his own thoughts about his oncoming old age and mortality really make this book stand out. I'd be jealous, as well. But it's really a fun book to read, if you can laugh at what may be in store for you personally. And reading about his personal parents made me feel like I knew them.That is a good one. nasty brutish and long When my granduncle went right into a care center I needed a "head to" source about eldercare. Lasting lengthy and helpless can be my greatest fear, given that I've lived long. An authentic portrayal of the nursing home world That is a well-written, informative and humorous portrayal of each aspect of nursing homes in the U. Actually the nicest of assisted living facilities can be a horror to virtually all. I'm not afraid of dying, simply languishing in a "Vegetable Patch," a neglected one at that.His mordant humor is what makes the book so excellent. So it's essential to visit a Medicare-Approved Nursing House if you need to possess therapy after main surgery, etc. It's also grim, depressing, morbid and horrific - but that's because

assisted living facilities are like that. Also treasured how he was JEALOUS of the aged woman who had the BEST LIFE EVER, however now was "lonely. I'm buying multiple copies to give to others. Loved this book Loved this book! As someone within their late 60's keeping an eye on their 90+ year older mother in a pension/assisted living community this reserve hits house on many fronts.Fabulous Reserve, a Must for Boomers! Echo's my sentiments but much, very much funnier. Kudos! eye opening accurate eye starting and entertaining. And I practice geriatric Medication. Sad, but most evident Sad, but most evident. This book was it.



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