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to Natural Health

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Prescription for
**NUTRITIONAL
HEALING**

FOURTH EDITION

A PRACTICAL A-TO-Z REFERENCE TO
DRUG-FREE REMEDIES USING VITAMINS,
MINERALS, HERBS & FOOD SUPPLEMENTS

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Prescription for Nutritional Healing, 4th Edition



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Original. A revised edition of the natural-health bestseller complements the original guide's coverage of the advantages of dietary supplements and herbs with the latest findings about fresh foods, in a resource that reveals how exactly to naturally treat 250 common problems.



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AWESOME, MUST-HAVE RESOURCE This is actually the 3rd edition of the book that I've had. We bought this reserve used. Very comprehensive explanations of each condition including trigger(s), symptoms and what you can expect as the condition progresses and prognosis. Even explains conventional treatment(s) and whether or not these treatments are successful and any unwanted effects or detrimental outcomes of these. It also gives information about the advantages of all vitamins, symptoms of deficiency and information about many many herbal products and supplements. Yes, 12 years ago. Great book Great gift ! I make reference to it constantly. I use this incessantly, it is a reserve of true hope & Read carefully. Which new edition is even better compared to the previous ones. What's the catalysis that the problem stemmed from to begin with? When asked approximately helping someone else with a different medical diagnosis we figured it was time to purchase this reserve for ourselves. We hadn't recognized such a problem until this happened. Simply try a very important factor is recommended at the same time and that means you know if it can help. (She was nor is a drinker. THEREFORE I visited my local hippy health food store which I frequented sometimes and spoke to the dog owner. He opened up his hippy store bible (this publication) and showed me the things it would take to help purge the toxins and restore the liver. I had the physician discharge her into my treatment to come home to die. I began the hippy regiment immediately. It wasn't easy and it took period HOWEVER she walked into her next doctors apptment and lived almost 2 decades longer (she recently passed away of another ailment). The doctors were astonished. Curing the body isn't what medications perform. O. I decided to keep coming back and write overview of this book 6 years later as the book was sitting next to me as We type and We figured why not? Big Pharma is a bandaid All the way back 1999 a 51 yo family member lay dying of liver failure due to the therefore known as Celtic Curse/Hemochromatosis. And the very best health grocery in Denver includes a duplicate of it on a podium for make use of by customers and personnel. healing. The main issue has stabilized for many years--once I was told it was somewhat improved and "that has never happened before. At that time somebody had lent us a mature version of this book for another situation. You by no means know when you may want to "call" on it! Just over a year ago, a good friend of ours stopped by saying that his wife was very sick having been diagnosed with cirrhosis of the liver. I had general understanding that your liver can regenerate and didn't want to give up hope.) He had not been expecting her to end up being upon this earth for much longer. ~~ Comprehensive book that covers a variety of topics, this book should be in every home. I have owned a number of these editions of this book. I'm glad We made this buy. As she started to adhere to the directions of what not to eat etc.! She acquired got that she could not walk, was extremely thin and yes, appeared as if death was on her behalf doorstep. Today, she is not really 100% cured and unlikely to ever become so BUT she is walking, she has put on weight and moreover is still very much alive. That is rather common among folks of western European ancestry. Your money can buy this reserve is PRICELESS! Pages and pages of info and helpful advice to set you back on your own feet towards a wholesome life. It is a fantastic resource for information regarding many medical conditions, along with nutritional advice for recovery and/or alleviating symptoms. It has been revised and out for many years.! What is your body lacking? After our friend remaining we immediately appeared up what this book had to state and got the info to your dying friend. I usually wear them out! They're like the head to "bible" for natural healing. When doctors cannot help you and you have no where else to turn, or perhaps you just want to heal yourself naturally, this book is amazing. Organized in such an easy to follow format with consuming patterns that might be best for several ailments, what herbal remedies to consider, what organic methods to make use of. I highlight mine and switch to it all the time for simple ailments to arthritis to whatever. I've nothing negative to say about this reserve. In the digital age, this is one very nice actual publication to have in the hands for reference! The Only Help for Serious, Chronic Disease--As Well as How exactly to Stay Healthier This series of books has been my mainstay for years--since I was diagnosed with what they then termed as terminal, without known treatment. I used it to research every element of my illness, then began a regimen of supplements geared to

each. My diagnosis? 12 years back. Diagnosis: A wasting disease; no help; no hope; as advertised Very informative The only real book that is more advanced than this one is the Holy Bible! Among the combined three diagnosed complications has totally disappeared--which I was told doesn't happen (a drug-resistant bacterium gone). ~~ The info in this publication SAVED the life of an excellent friend of ours!"I buy this reserve for my kids and grandchildren, and all the friends who don't look askance at me for sticking with non-doctor-approved healthcare. My D. The care and treatment this publication guides us to is where true healing may appear. doctors cheer me on. Hooray for "Prescription for Nutritional Curing. Has all proteins, herbs, vitamin supplements, what they do, foods that have them, where you might get , etc. Must have A lot of info. She got a nurse coming to the house and had been interveinously hydrated etc.!! Excellent reference book in many treatments that have proven positive effects on the body, diseases and various deficiencies, vitamins you can test.The doctors told us to get ready for their loss of life. If One tries a lot at once then one helps or harms its challenging to know what that(s) to eliminate would be. There are therefore many references out there. We weren't required to write a review but chose to do so. It tells therapeutic doses. I Recommend this book to everyone, and have suggested it to family and friends for a long time. Be well informed on the whole chapter as it lists why you do a certain factor or like at the end may describe a contraindication, something , a reason one may not mix x with z. Therefore we all have to be mindful and read carefully. Reputable resource!" (Ariel I..) Long well-known updated revised resource covering very much info !.. I'll NEVER be without this superior reference, as evidenced by my buys of each new edition. My head to for any illnesses or concerns My present to all or any graduates!! They love! Thanks a lot, Liz a must have reference publication! we begun to see her health improve. Good deal! That information actually SAVED her life! You can tell the book can be used, it actually came with a really old nutritional pamphlet inside. None of the web pages are pet eared, and there's a very small amount of underline (but it's useful) Great buy Great resource Useful details. Wonderful information. Best book Most comprehensive book We ever seen best reserve healing knowledge Good seller! As described- this was an older edition and doesn't contain as much data as some of the newer editions but is still a great reference and great value! future is fast degeneration.



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