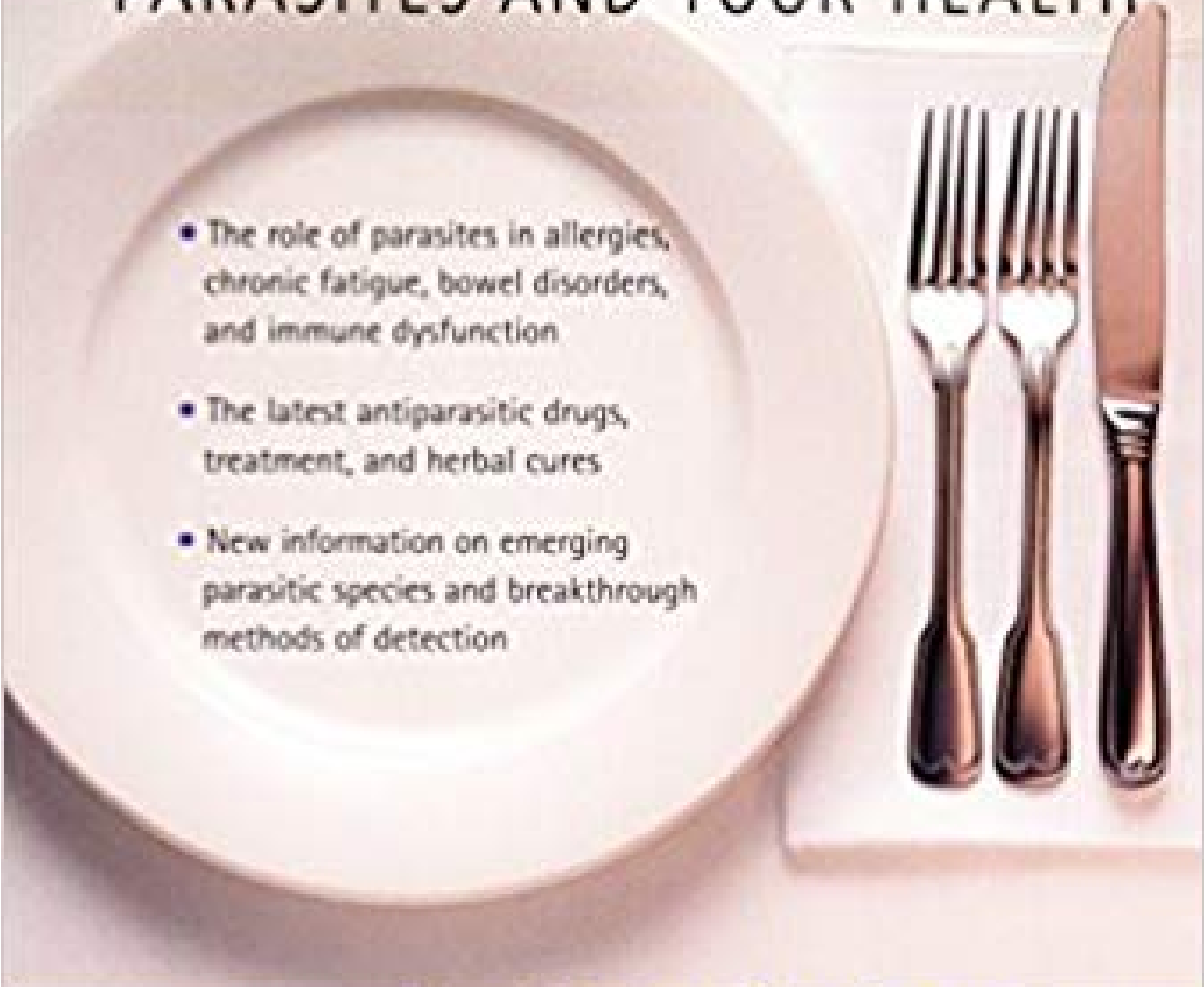


REVISED AND UPDATED

GUESS WHAT CAME TO DINNER?

PARASITES AND YOUR HEALTH

- 
- A white ceramic plate is centered on the left side of the cover. To its right, a silver fork, a silver knife, and another silver fork are arranged vertically on a white rectangular napkin. The background is a light pinkish-beige color.
- The role of parasites in allergies, chronic fatigue, bowel disorders, and immune dysfunction
 - The latest antiparasitic drugs, treatment, and herbal cures
 - New information on emerging parasitic species and breakthrough methods of detection

Ann Louise Gittleman, M.S., CNS
author of *Eat Fat, Lose Weight*

Ann Louise Gittleman Ph.D. CNS

Guess What Came to Dinner?: Parasites and Your Health



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Are you having problems shaking an illness? Are you feeling chronically tired and listless? The cause may be parasites in your body. What Found Dinner? Have you got a health issue your doctor can't? If you believe that parasitic diseases happen and then people in Third World Countries, think again. The rate of parasite-related disorders in UNITED STATES is skyrocketing. explains what parasites are, why they're harmful, and how they are spread. Guess What Found Dinner? In this totally revised and up to date edition of the most authoritative book about them for consumers, famous nutritionist Ann Louise Gittleman gives the information you need to know to ward off unwelcome organisms. Most of all, she offers tips about creating a parasite-proof lifestyle. t identify? is the indispensable guidebook to protecting yourself as well as your loved ones from this hidden epidemic.



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I highly recommend it. It was informative to let 1 know about parasitic invasions in the body and some degree of the harm they are able to do, but it doesn't show you how exactly to rid them. She is so knowledgeable about different parasitic bugs and what they influence within your body. Redundancy produced me weary when hoping to receive new information in a fresh chapter. I recently heard Ann Louise Gittleman interviewed and was interested when she referenced this book. Great information. My high potency probiotic (VSL#3) provides been helpful, but not more than enough. Am attempting their YC liquid, this publication offers convinced me to back off the sugars, and am carrying out the parasite pills and liquid tincture. Many ailments are misdiagnosed, such as Arthritis, Chronic Fatigue Syndrome, Multiple Sclerosis, Asthma, which symptoms disappear after eradicating parasites.. Read this in self-defense! very knowledgeable and eyes opening I have suspected for 20 years that I have bugs that traditional medication cannot test for. This reserve has suggested foods you can purchase and easy home cures to get rid of most parasites. Her other book, the Unwanted fat Flush Strategy is a useful secondary reserve. If of helps, then it will be worthy of it. Also, this is already a little book, however the information might have been condensed on far less pages.. I desire she would have been more in depth of the procedure though. Very informational. Encyclopedic Reference Guide with Remedies Wow, who understood there have been so many folks travelling with parasites? It clarified a lot of details about various kinds of parasites and their effects on the body. Five Stars Useful info about a subject most Americans know nothing on the subject of. Parasites are a common and regular concern and may easily be addressed.. Contemporary medicine is little trained to test for or medical diagnosis this rampant health problem. I usually like her books but this is not what I expected and to be honest, lots of talk without real ability to diagnose or treat. Body invaders This book sort of spooked me in studying the critters in my body. Mystery Illnesses This book has phenomenol information regarding mystery illnesses. Useful information to understand. Parasites may be the missing link. This is an important book to have especially if you certainly are a frequent worldwide traveler.Parasites: research it for your self. This is a fantastic book written by an extremely learned and scientific author This is an excellent book written by a very learned and scientific author. She helps raise knowing of the parasites in our everyday globe and how they can negatively effect our health. Dr. Gittleman also writes about methods to remove these parasites in a secure, gentle, and non-toxic way. I take advantage of this reserve in my healthcare practice and recommend it - and it's really remedies - regularly. A lot of people (doctors included! Having known 2 people who suffered multiple misdiagnoses before finally obtaining a medical professional (one found a Dr. This is not accurate. I like her books but this was not what I expected . I recommend this book and this author. She tells the reality! This book, plus her Gut Flush book, are all you really dependence on a clean, healthy digestive system! Ann Louise Gittleman may be the REAL offer! She understands her stuff and presents the research in a way you can understand.! Book strongly suggested by our naturopathic doctor Good information. Book highly recommended by our naturopathic doctor. This is an important book to have especially if you . Good start Great info and I love that she offers you the titles of stuff to take.. The process to rid oneself of the parasitic invaders worked well for me and helped resolve health issues. I would buy this book once again because I go through it many years ago when it initial came out.) believe that the only method you can get parasites is to visit a foreign country. who was also a parasitologist who proved helpful within the VA system with a specialty in tropical illnesses) to properly diagnose and treat them for parasites: giardia and filaria. The information she gives regarding viewing your physician within months of international travel to rule out parasites should mystical symptoms arise is important and can prevent frustration and

prolonged disease! Two Stars dull and outrageous in worry



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