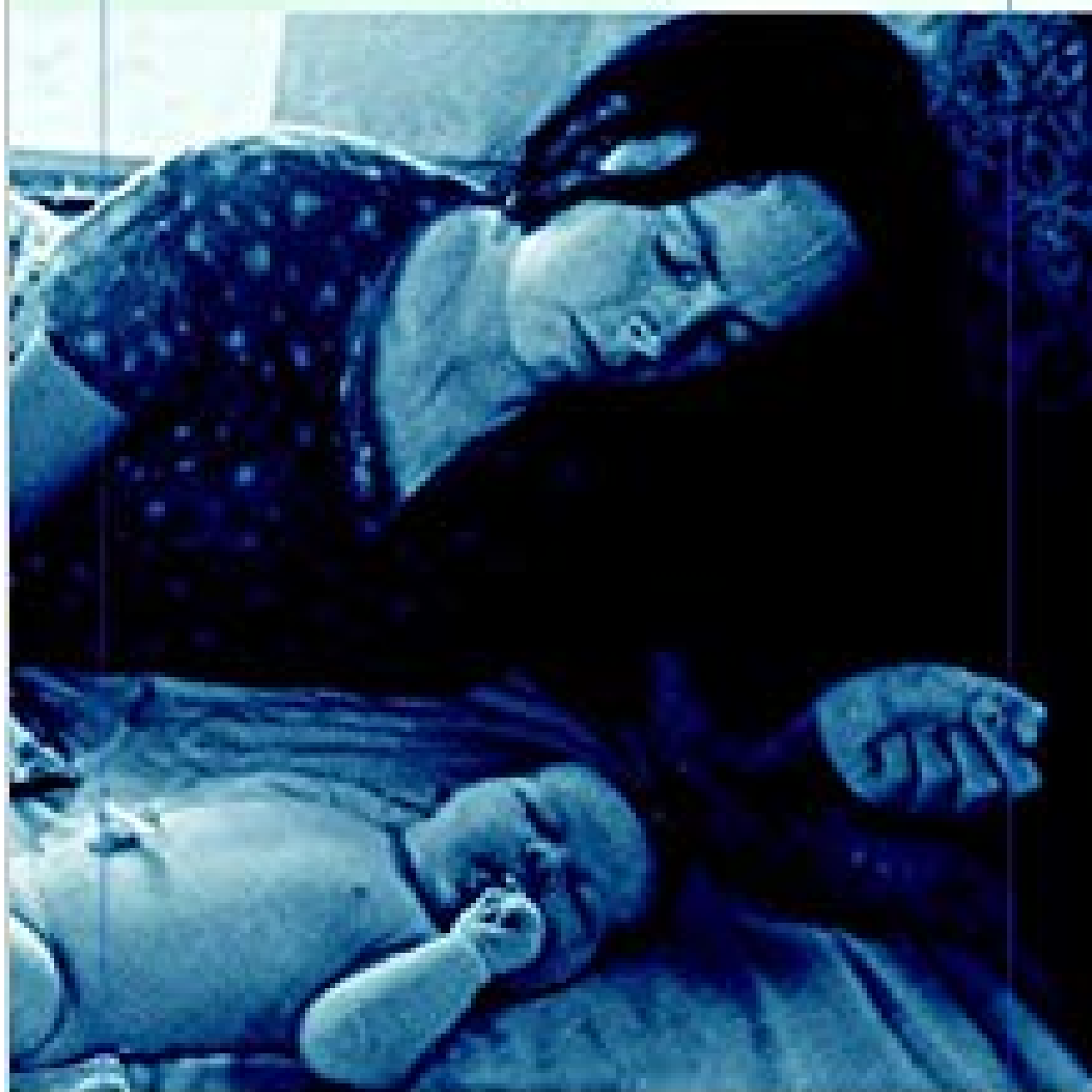


# BIRTH MATTERS

*a midwife's manifesto*



*From America's leading midwife,  
author of* INA MAY'S GUIDE TO CHILDBIRTH

**INA MAY GASKIN**

FOREWORD BY ANI DIFRANCO

Ina May Gaskin

Birth Matters: A Midwife's Manifesta



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which has result in nearly a third of hospital births in America to be cesarean sections— She actually is a much-beloved leader of a motion that seeks to stop the hyper-medicalization of birth—Renowned on her behalf practice's exemplary benefits and low intervention rates, Ina May Gaskin has gained international notoriety for promoting organic birth.and renew confidence in a woman's organic capability to birth. Birth Matters is definitely a spirited manifesta showing us how exactly to trust women, value birth, and reconcile contemporary life with an activity as old as our species.Upbeat and informative, Gaskin asserts that how women become mothers is certainly a women's rights concern, and it is perhaps the act that most powerfully exhibits what it is to be instinctually individual.



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Good read for anyone This book is quite interesting reading, even if you are not expecting a baby. Gaskin provides little of her own history as a midwife and goes into some details about the annals of midwifery, specifically in the United States. Ina May Gaskin's pioneering efforts show us that it is possible for women to have healthy and empowered births. Gaskin's publication gave me a complete new perspective. Mainly, physicians/obstetricians are educated as surgeons to cope with birth problems. Many of them never have a chance during training to see an all natural, un-medicated childbirth, therefore each goes out into practice expecting the most severe, that most deliveries will demand medical intervention. But does she even realize that she has a choice?" Gaskin makes a good case that for healthy mothers and babies it isn't really true. Although her opinion can be admittedly biased, she presents a lot of information and published proof to support her position and is pretty convincing. If she is giving birth with a typical Obstetric practice, she certainly wouldn't normally have the type of education and support wanted to the women at the Farm. The non-public accounts of joyful, painless or nearly painless births were truly eye opening and produced the strongest case for natural childbirth. It has a wealth of material and information--all essential to an informed pregnancy, labor, and delivery. Most impressive and compelling though will be the birth tales that feature throughout all of her books. Perhaps healthcare reform provides some momentum because of this development. Gaskin makes a solid case for continued consumer support for midwives and birth centers, for the nice of women and society, for better health insurance and stronger communities. The women's stories contained in the book are inspirational. I only wish there were more, or an entire volume of simply the birth stories. Even though I grew up through the women's movement of the 70s, I was not aware of how negatively being pregnant and birth were viewed by lots of the movement's early leaders nor how this negativity may have got influenced a generation of young women. A confident and empowering look at of birth I was so impressed with the birth figures from Appendix D for The Farm Midwifery Middle from 1970-2010. I wish each of them would read some of Gaskin's mothers' stories to understand how empowering and wonderful childbirth could be. I wish I had browse them before having kids. Actually, Gaskin makes the whole childbirth experience sound so wonderful, it almost makes me need to perform out and have a few more infants. It is an excellent and up to date (2010) dialogue of the current issues related to women's health and birthing. It only presents one point of view, so it's not really the only reading I would suggest, but it should be on every reading list. Ina Might is wonderful! I love anything Ina May has touched. I fulfilled her back in 1989, just as I was 9 months pregnant and then again just a few years ago. Good Book, great information. I've given birth to three beautiful babies in the home and she was an inspiration if you ask me when I was pregnant with my second kid. I love the non-public stories in this book and it stands as another one of the books I'll constantly cherish (combined with the most beloved Spiritual Midwifery, which I had autographed :). and makes pregnant ladies feel positive and amazed by their bodies Ina May Gaskin is the absolute queen of birth books and I actually urge anyone who is about to give birth or is thinking about giving birth or supporting someone giving birth to learn her books. She is the most down to earth person I know and is the most experienced person I've met with regards to birth education. I love Ina May, and I love this book. As a business person in the 80s and 90s, I did watch childbirth become a significant loss-leader and/or income center for many hospitals and saw the rise and fall of all birth centers in my own community, along with the starting and closing of the nurse midwife program at the condition university. One celebrity off because some of the birth stories are repeated in various other Ina May books. If you're undecided between this reserve and Ina May's Guidebook to Childbirth, and just want to get one, go with the Guide. I enjoy her succinct and scientific discourse on this issue in fact it is quite evident through her composing that she is a

specialist in her field. Excellent Discussion..I'd highly recommend this book as good reading for anybody, an inspiration for anybody who's pregnant, and a requirement of anyone employed in obstetrics, labor and delivery. I have both and am glad I do. Having read the majority of her works during the past, there is some repeat details. This, however, is essential for those that have hardly ever read her material during the past and is offered some new insights. My first response was that this book should be used as a text in Women's Studies programs. I highly recommend this book for each and every man, girl, and experts in the field of obstetrics/midwifery. Does she even realize how possible and safe and rewarding normal birth could be with a different method of maternity care? So a lot of women I teach are actually terrified of giving birth, even or especially people that have prior experience; There have been 50 cesareans out of 2,844 births. That's 1.7%. Their practice included women who had breech babies, twins, and VBACs (vaginal birth after cesarean, which incidentally had a 96.8% success price). Generally maternity care in the US, these factors classify many women as high risk and often bring about automatic c-sections performed by doctors who are unwilling or unable (because of training issues) to wait a vaginal birth attempt. These and other problems have caused the cesarean rate to climb each of the last 13 years to its current 33%. Many would argue that the figures from The Farm Midwifery Center cannot be when compared to general U.S. Really nice to focus on the normalcy of organic child birth. Excellent book, I highly recommend for any woman Excellent book, I highly recommend for just about any woman, but especially for those who are considering midwifery care or organic birth. They weren't simply 'any women'. Way more information and statistical data than I acquired anticipated. A random pregnant girl off the street may not be in a place emotionally to possess this type of birth experience. She might not also desire it. Good sense would tell us this couldn't become the case or the human race would have died out long before the advancement of modern science, but I and many of my peers have bought in to the belief that medical center births are the "safest. A very empowering book. Another reason this book would be of interest to a general adult audience is certainly that Gaskin examines the politics of childbirth.! Certainly we can not expect every maternity caregiver to start producing these types of results, but doesn't it plant the seed that people could do better? As an RN, mother, and childbirth educator, I thought I knew more about midwifery and obstetrics than I did so. Her book combines her applying for grants how they were in a position to attain these outcomes with inspiring birth stories to provide a hopeful glimpse of what's possible.[.. Birth Does Matter I have enjoyed reading most of Ina May's books over the last few years, but that one is undoubtedly her best.] Love this I love everything Ina Might says. This publication had similar information to the Instruction To Childbirth, but I cherished reading both! If you're an Ina May lover, it's a must-read. I really do understand that the women represented by these figures opted into this practice. good buy great book It's a great book, and the mothers I work with check ... I purchased this book to add to the library at the birth middle where I work. It's an excellent book, and the moms I use check it out over and over. rates. So if you're only going to read one, go for that. Brilliant Book that each pregnant woman must read! If you are at all acquainted with Ina, or just getting to know her through her books, you will want to own this one! During my first being pregnant, Ina May's Instruction to Childbirth was my bible and I'd evangelically (and probably very annoyingly) tell anyone even slightly interested about it. Birth Matters is made up of the same wisdom as the guide, although I must say the latter appears more essential and intended for mothers-to-be. Brilliant Book that every pregnant woman needs to read! Gaskin makes birth normal, offers up understanding that empowers instead of scares, and makes pregnant women feel positive and surprised by their bodies. Not just informative Birth Matters is a lot more than an informational book, it is a teaching text message. Of the nearly 3000 women, 98+% gave birth vaginally. She's also funny AF and offers

various teachings to explain the mysterious means of birthing like the Sphincter Rules (I'll let you consider that one by yourself but let's simply say that thanks to Ina I pretty much sang my method through my initial labour - an open mouth means an open hoo-ha after all). I understood the profit/loss and cost containment principles at the job, but not the bigger societal impacts these changes would cause. For example, did you know a female in a coma can give birth? They embraced the midwifery model of care and were extremely motivated to participate in this preventative, wellness style of care. Many thanks for putting so much information in one place.



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