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# PRINCIPLES OF PERSONAL DEFENSE



Jeff  
Cooper

Foreword by  
Louis Awerbuck

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Jeff Cooper

## Principles of Personal Defense



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All free people who aspire to stay this way should read, study and share the wisdom found within these web pages. This new edition of Cooper's classic Principles of Personal Defense - with a fitting tribute by firearms expert Louis Awerbuck and all-new drawings by renowned illustrator Paul Kirchner - presents his timeless theory of individual protective behavior clearly, concisely and practically. Regarded by many to end up being one of the greatest books on fight mindset and proper protective mental conditioning ever written, it deserves a location of honor in every library.



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Very worthwhile, more of a field manual than a "textbook" It really is more of a pamphlet a book, and the writer even states thus in the foreword. Classic - simple principles What do we mean by principles? Then it struck me - everyone must read this. A Must-Read This is a bible for people who want to understand the mentality necessary for personal preservation and defense. I am one of those individuals who tries to maintain situation awareness where ever I proceed, but Col. Good read I enjoyed this book very much, although it is slightly outdated however the concepts remain timeless. He covers the full mental spectral range of personal defense. This book handles the required mindset and principles not specific defensive techniques. This publication isn't about that. This book is an excellent intro to the mindset necessary to go from a victim mentality our federal government pushes to the mentality of a survivor of a violent assault. Able to see you kids another day. Capable to see your wife or husband another day (Ideally you want that.. In the event that you find out the principals laid out in this book there exists a better chance you will survive an encounter with a bad guy. From Victim mentality to Survivor Mentality I'm required to examine this before a fighting pistol training course I'm acquiring this weekend. This world we reside in today isn't like it was 60 years back. Today people will take from you because they believe they are able to. Today people don't have a respect and love for human life - other human life. So in light of that truth you should understand this reserve. Yes, I'm speaking with you. A Must Read I have a concealed carry license - but that's only section of the defense. Well I believed that myself and in a small city in a big state I was proven wrong, when a man with a disregard for human being lifestyle took my mother's lifestyle. I wonder how she'd have fared had she had your brain that Col Cooper shared with us. Maybe the effect could have been the same probably it would not have been, I'll never understand. But what I know is that this world, even small little towns have people with evil intent in their hearts. It seems our country has lost the real knowledge of that term. Here is another fact, your chance for survival boosts exponentially when you perform counter-attack with surprise, quickness, and violence of force, the probability of you viewing those you love a later date do boost. This is the region Col. It's Okay if your bored . He doesn't discuss the "How", he discusses the state of mind you need to be in to protect yourself and those you love.) able to discover your brother or sister, father or mother again. I'm a mother to 5, a wife, a homemaker, a patriot citizen. I had go through the other day a news article written in response to all the terrorist and mass shooting episodes having said that our society's instruction to just submit to the violent attacker is pretty much making certain even more innocent lives will be taken. Add this book to your reading library! Very overpriced for what it offers. "BE the modification you want to see on earth." The first step begins with me being ready. This publication is about you coming out on the various other end of a personal attack alive, able to go home to you family members. Jeff lays out each one of the seven principles in an easy-to-browse format He backs up his statements with very clear examples and relevant stories. When I was thinking about which kind of person should browse this book, I must say i struggled to ID a "type" of person. Exactly what will end up being your response whenever your route crosses theirs?As Jeff Cooper so expertly explains in this reserve "Principles do not modification according to geography, history, or sociological whim. However, this still has awesome info. Although this publication is focused on concepts of personal defense, consider how many additional American principles we've allowed to be diluted and corrupted because of the mood of the changing times.The basic principles of personal defense have not changed and anyone who understands and deploys them consistently will not be dependent on others. That, my friends, is certainly what defines freedom and liberty. On the fence, still attempting to believe that "nothing at all can happen to you". How to overcome defense, how to enact defense, and the overall understanding of protection is beautifully and concisely written here. There are some individuals who area already ready and considering along these lines.In a period where the majority of society has been emasculated into thinking that either threats don't exist, or the gov't should and can rush to your aid if such an event were ever that occurs, 'Principles of Personal Defense' dispels such notions, and impresses upon the reader the necessity when planning on taking personal responsibility for ones own safety.It doesn't discuss weapons, or schooling per say, but mindset - that is the building blocks for both. I examine it in about 2 Hrs. Not really a tactics book If you are looking for techniques this reserve isn't for you. Listen, no matter where you carry concealed or not, it doesn't matter if you ven support the act of carrying concealed. Too small 79 little pages 60 Bucks for this small paperback!Of all the books I've read, this is mandatory read for everyone. If a principle exists it must be immutable, for that is what a

principle is —a truth standing in addition to the mood of the times"Wow - think about that for a minute. Still a classic Still a classic Five Stars Great mindset book. Though it focuses on usage of a pistol (pretty apparent but hear me out), the basic lessons of paying attention tend to be more than worth the high cost. The illustrations are fundamental but kinda awesomely wicked, at least one in particular ;) Great resource to learn about personal defense! If you're looking for a practical publication on personal defense, here's your answer. I intend to read it over and over until these principles become embedded in my instincts, so that if, God forbid, I'm ever in a violent attack situation, I will be a survivor, alongside any additional innocent lives around me. It's a good, quick read and source. One you'll get back to again and again. When I consider the information and everyday I see another strike, it becomes clear that the police we depend on aren't in the right place at the proper time, no one is ready to defend themselves or others. Learn this and Survive Jeff Cooper is among the best known defensive training professional. He began the Gunsite school along with composing many books.. Cooper really put my mind in the overall game. Five Stars Good read. It's Okay if your bored. Extremely overpriced for what it provides Would sell the farm to get it . Cooper covers. I'm done with that. It really is even more of a field manual of how to avoid trouble, but what to do if you have to defend yourself. Readable and to the point. But it does that well. Good book but for the amount of content material RIP OFF!!! I was thinking this might be more informative. Could browse it in 2 hours -slowly Not what I expected. Very easy read. Unbelievable. I experienced it contained even more opinion than instruction; and the opinion was solid.



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