

Surviving Workplace **VIOLENCE**

What to Do Before a Violent Incident,
What to Do When the Violence Explodes



Loren W. Christensen

Foreword by Dave Grossman,
author of *On Killing*

Loren W. Christensen

Surviving Workplace Violence: What to Do Before a Violent Incident; What to Do When the Violence Explodes



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This book provides you with solid details for when gunfire erupts in your office and you need to know what to do immediately. If so, this person could be a ticking time bomb, with the capacity of horrific acts of violence on the job. Do you use somebody who is unusually angry, antisocial, quick to take criminal offense? Covers how to proceed before an incident to improve your safety and how exactly to react when violence explodes.



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It really is pretty short, a mere 105 pages, yet incredibly valuable even so. A level-headed approach that is very helpful. Five Stars Great to comprehend workplace violence and what to do to protect yourself. Five Stars Last book that was more affordable than university book shop! I don't treatment what the excuse is, it's not worth risking your life over employment - especially where your company won't keep you secure. Did you know that based on the National Institute for Occupational Safety and Health, workplace homicide may be the leading reason behind death among female employees in the United States and the second leading cause of death among males? Lawrence Kane Author of Surviving Armed Assaults, JUST HOW of Kata, and FIGHTING TECHNIQUES Instruction A quick browse - but missing some essential points This is an instant read and a good primer to workplace violence. Understanding how to guard yourself and your employees is indispensable knowledge. Christensen's are all dog-eared with sticky notes and scribbles in the margins, solid material I study and once more. And guess what? A retired officer, Vietnam veteran, and 7th Dan dark belt he really knows his stuff. For the record, I've a library of over 230 fighting techniques books. Many are in mint condition; Luckily, nothing happened (up to now). We was privileged to get an advanced duplicate of this important work to review before its official publication and found it well written, informative, and filled with essential details. In 'Surviving Workplace Violence' Christensen does a great job of making readers alert to the threat and presents great approaches for keeping us safe. Regrettably Necessary With the godlessness inside our times and the severe increase in violence, this publication goes a long way in planning one mentally for the possibility of an incident and how exactly to best respond. Its pithiness positions it as an excellent reference manual that just about anyone can browse and understand in several short hours. Clearly you cannot become an expert in such a small amount of time yet the materials herein could literally save your life. The vignettes in this book are startling and very informative. For example, it describes a situation where a 70-year-old previous salesman attacked and killed his previous boss with a mason's hammer several months after she fired him for spitting on another employee. This clearly points out that just about anyone could be a potential hazard. Christensen describes warning signs (employee behaviors) that may indicate a higher probability of threat. If your organization is big enough that there are most most likely wackos that you don't find out about, then this book might help raise your awareness. As usually his advice is practical, useful, and easy to read., company policies/committees), as well as for the worker. The latter include recognition, levels of alertness (i.e. He offers specific techniques which you can use against common weapons (e., white, yellow, orange, reddish, black), hiding places, escape routes, incident response, fight breathing, mental imagery, and fighting back. Important thing - you need to look out for yourself at work, just as you do on the street outdoors. stapler, pen, espresso cup) to assist you fight back should you be forced to do so. 18,000 people a week are victimized by some form of violence in the workplace in this country alone! That being said, I thought the writer was a bit unrealistic in more than a few areas. Initial, if your employer does not have a workplace violence policy that doesn't leave you with a lot of support. Nevertheless, I thought the biggest missing element was also decreasing: should you have a real wacko at function you are convinced is going to "go postal" - give up the work. Second, anyone who thinks their co-workers will be in a position to help (with specific training or prior encounter) in a place of work violence incident are, I suggest, wishful thinkers., knife, handgun, rifle) along with descriptions of how exactly to use common implements (e. In fact, you could be viewed as an alarmist in the event that you suggest one. Essential Reading! As they say in the book, somewhere between Condition Yellow and Condition Orange. The author covers essential survival approaches for the employer (e. True story: among my clients (I'm a consultant) terminated two long-time middle-level managers. My get in touch with said that many of the co-employees thought one of the ex-employees would "lose it". My 1st comment - do they make a discreet talk with that ex-employee's city police section to see if indeed they had a gun permit? (In this condition you need a permit for any kind of firearm.) Needless to say, that fell on deaf ears. Loren Christensen is one of my favorite authors. The

layout of the offices is usually such that the executive offices are in the back of the building in ambush territory. stuff I've read only one time, didn't finish, or by no means got around to.) To this day I'm bit on edge when I visit that customer, and stay close to the exists during the meetings. Think about it.



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