

The book cover features a rustic wooden background. At the top, there are several glass jars containing different colored creams or oils (white, yellow, and grey) and some green leaves. In the bottom left, there is a pile of dried lavender flowers. A dark grey rectangular box is positioned in the center, containing the title and subtitle. To the right of this box, there is a smaller, lighter grey rectangular box with the author's name.

Natural Beauty Alchemy

Make Your Own
Organic Cleansers,
Creams, Serums,
Shampoos, Balms,
and More

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Natural Beauty Alchemy: Make Your Own Organic Cleansers, Creams, Serums, Shampoos, Balms, and More (Countryman Know How)



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Recipes for 100+ natural beauty products and help understanding organic ingredients If you've spent hundreds of dollars seeking for the perfect moisturizer, or shampoo, or anti-aging serum, but had zero luck, then this publication is for you. Author Fifi Maacaron clarifies the basics, answers questions, and discusses techniques. 50 Color Photographs Compiled by a licensed pharmacist and expert doctor, it contains not only more than 100 easy, all-natural dishes for face, hair, and body, it will also enable you to determine if a store-bought product is actually organic or natural by reviewing and explaining substances found in a lot of them. It's a comprehensive guide to understanding and making natural beauty products.



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Meh... I simply got this book in and also have packaged it back up to return it. Happy with my purchase. Best Book of the type I've purchased so far!.. The author of this book had great intentions but it really falls flat. Know Your Alchemy - This Is Not It Meh. There are many other things that are known to be great for your skin such as avocado without having to make use of cream cheese. Also one of the dishes for a "cleansing cream" is mix your moisturizer with some soap and then add flower water. Really? the areas that seriously lack. Puffy eyelid recipe is usually "use teabags"... Four Stars I really like it. Again just recommended for those just learning about natural ingredients/products as there's likely something you may be able to glean from this reserve and the photos are very pretty other than that for anyone who already makes their own products that is far to basic information that is already out there. Eww. Very questionable recipes. There have been a few pieces of good advice, but nothing at all I didn't know. There are better resources out there. simple however the fact that we now have like 20 toner dishes and only 2 moisturizer dishes is pretty annoying.. Also some of the substances the recipes are actually odd and want explication like baby cologne, cologne, moisturizing cream?this is simply not Alchemy. Not also a little. Acquired a problem with the shampoo but it is not the first time I have had issues with homemade shampoo formulas... I have a tendency to love books that help me make my best skin care products. Five Stars Good information. Very basic recipes that can be discovered on pinterest. This is definitely for those who are just studying natural ingredients and so are beginners and also then some of the substances it demands to use on your own face is cringeworthy. This is a well written book by a biochemist. I have tried some of the formulas and they have already been good. I have a tendency to love books that help me produce my best skincare . I do not like the truth that she recommends rubbing alcohol. I use vodka or grain alcohol. Like do I just use a store bought dampness cream? There are sections loaded with information & Lots of good detailed info. This book didn't disappoint!well that is a very popular trick of the trade for quite a while now, not worth putting in a book. perfect the perfect book very helpful Five Stars good recipes Confusing, same details you can find upon Internet.creamcheese face mask? Also very pleased with her smell neutralizing (deodorant) formula. That is obvious stuff even for the beginner. The majority of the quality recipes are fine & Also, I feel like way too many people utilize the word Alchemy in their titles to make sales.. I like the foaming face cleanser and eye make-up remover much better than the commercial ones I've purchased. I thought I was likely to make my very own why is it an ingredient? One more thing - it talks about preservatives and labeling your items for expiration dates but it never mentions how exactly to find out the shelf existence? I've found much more comprehensive information on the web.



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