

# Waking Up Dry

**A GUIDE TO HELP CHILDREN  
OVERCOME BEDWETTING**

**2nd Edition**

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**DEDICATED TO THE HEALTH OF ALL CHILDREN**



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## Waking up Dry: A Guide to Help Children Overcome Bedwetting



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This positive, interactive plan for overcoming bedwetting is geared to parents of kids ages 6-13. Howard Bennett is definitely both a pediatrician and a parent, and he encourages parents to learn the book together with their children and create a plan that includes behavior management methods, calendars, contracts, and bedwetting alarms. Author Dr.



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Five Stars Wonderful resource for parents. A step by step plan for helping your son or daughter become dry during the night! Great assistance, tips, and tales, written so that you can read it with your child! Great book!



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