

One of the "best guides to the first year of your baby's life"  
—Parents magazine

# Heading Home With Your Newborn

## From Birth to Reality

THIRD EDITION



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## **Heading Home With Your Newborn: From Birth to Reality**



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Written by two pediatricians and focusing on the first couple of months of an baby's life, *Heading HOME WITH Your Newborn*, 3rd Edition, includes new information on breastfeeding and the involvement of allergies, formula options, vitamins and supplements (vitamins, iron, fluoride, probiotics), sleep, extended stay static in strapped-in positions(car seats, bouncy chair), swaddling, diaper options, the impact of social media sharing, and capturing moments/sharing memories.



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It's well written by experienced doctors but it's also down-to-earth and practical. Newborns are different than infants which book understands how daunting it is to possess this new one who has recently emerged into your life and is totally dependent upon your care. There exists a large amount of good information that is presented in a manner that is practical without sounding overly preachy or rendering it seem like the world will end if you don't perform X, Y, or Z for your newborn. Will need to have for first-time parents--all the information, non-e of the guilt I got this book about 2 months before We had my son at my pediatrician's recommendation. That is a must have for first-period parents! Ideal for new moms Have with all this book multiple occasions to new mothers and they all rave regarding the great information. If you only read two baby books, this reserve and Baby 411 offer you a great start! This book written by pediatricians (and experienced moms) made me feel much more prepared to buying my newborn twins - I understand I will be looking back at different sections to greatly help jog my memory on the details, and there were a lot of tips about situations that I wouldn't have recognized to look out for if it weren't for reading this book!? If you just go through two baby books, this reserve and Baby 411 offer you a great start! I'd like to see a 2nd Ed. [This identifies the Kindle Edition -- It *\*should\** be identical but I can't say for sure] This is an extremely useful publication for a fresh parent, and I needed to provide it 4 stars but it seems like it wasn't quite reviewed/edited up to the requirements you would expect from a thing that goes to printing. For example, a estimate from the reserve: "Newborns are expected to reduce 7% to 10% of their birth pounds in the week or two after birth (mostly in the form of water weight). Certainly eased my mind becoming a first-time mom!" So if indeed they lose it in the 1st two weeks [initial sentence], how are they likely to concurrently gain it back again by the time they're 14 days old? Again, this identifies the Kindle Ed. My mom also found it useful as a first-time grandmother who hasn't raised infants in a really very long time. In the breastfeeding section, there is also a note titled "A Breast a Pay Keeps the Doctor Away", but they mean "A Breast a Day Keeps the Doctor Away" if you read on. Was almost unfortunate to come to end of it! Got-To Reference for Baby's First Months We used this quite a bit with our initial born. [second sentence]! that needs to be identical, but I don't know how they convert the printing/e-manuscript to Kindle format and if it could introduce errors. I acquired so many great suggestions from this reserve, and it answered plenty of my questions. I love the clear, research-based explanations of exactly what you have to know when you first come home with a new baby. I loved the Baby 411 publication, but this book protected some topics in even more depth and clarity (such as bathing and dressing a baby). Quick, easy go through and excellent reference. All of the useful basics Many baby books are either intended as a reference that you can search for specific info or are simply such a long time that you can't possibly take everything in and so are therefore really only useful as a reference. I needed a book that I possibly could read cover-to-cover that could give me the essential information I'll need regularly, and the most common danger symptoms that I should be familiar with. This book was perfect for that; an excellent read to prepare yourself if you are expecting or just home with your newborn. I today feel like I know the requirements of feeding, bathing, comforting and in the home medical care, and when I should and should not really be contacting a health care provider for at least the most typical medical problems I'm likely to encounter as a fresh parent. Also, not at all preachy about the behavioral aspects of child-rearing, which I've come to essentially appreciate compared to a few of the various other baby books out there. The only real baby book we bought We read a LOT of baby books from the library during her pregnancy, but this is actually the only 1 that we found valuable enough to actually go out and purchase. Highly recommend this publication. We continue to refer to various chapters as our new baby starts doing things which are new to us and the assistance is very helpful. There is no replacement for 'on the work' learning when it comes to babies, but scanning this book in advance did help both of us to feel a little more prepared and having it as a reference provides some comfortableness. That being said, they're 'sprinkled' through the entire book, and I would have given it 4 superstars had they only enlisted the support of a few more careful proof readers before publishing it. It fundamentally covers the

first three months, the "4th Trimester". It give very fundamental, comprehensive information compiled by pediatricians and recommended by our doctor. It was our got-to reference for questions we had. Definitely where we turned 1st, as googling baby questions can rarely business lead anywhere good! add it to every first-time-mother or father baby registry! it's pretty gross. An extremely informative, pleasant and easy read. Must read for fresh parents My sister in legislation gave me this book and it had been a game changer. A good rough rule of thumb is that they ought to gain it back again and at least go back to their birth pounds by 14 days of age. Essential read for new parents This book is all you need in the first few weeks.. I probably won't buy from this seller again.. We were first time parents both with scientific backgrounds and an allergy to woo. This book was ideal for us and we bought a copy each. Spouse read his twice, once before baby was born and again afterwards. Just what I was looking for Finally a book centered on those early days and months of bringing baby home. Excellent evidence based, practical information. This publication is definitely what got us through our initial a month alive since our parents and support base all go on another continent. As a new mom, it was exactly what I wanted to put my mind at ease. Unlike many baby books, this one really focuses on that 1st month - newborns are like aliens, and the overall baby books that discuss development over the first 12 months or three don't cover the items new parents needs to know. There are some typos and poorly worded sections sprinkled through the entire publication that could have already been caught and fixed if they only had enlisted the help of some cautious proofreaders one final time before sending this to printing. I'll probably lower those elements of the pages... My understanding was the publication was said to be who is fit. When it arrived, it acquired brown stuff on leading and back again cover and inside the first few webpages that appeared as if baby poo.. I literally took a Clorox clean to it before I glanced through it. I still can't get the brown stuff completely off the pages - I just contain the book around that place. :) Book had dark brown gunk on it despite the fact that listed as very good. Who understands what it was.. One of the best parenting books, I've recommended it to every pregnant friend going back 8 years - enjoyed the early edition, and the newest one is even better, much bigger!. Full of practical and advice for first-time parents! I known back again to it often, especially in the 1st month. Great read Great read for girst time parents! Needed for work Long read but great info Five Stars fast deliver and nice book



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