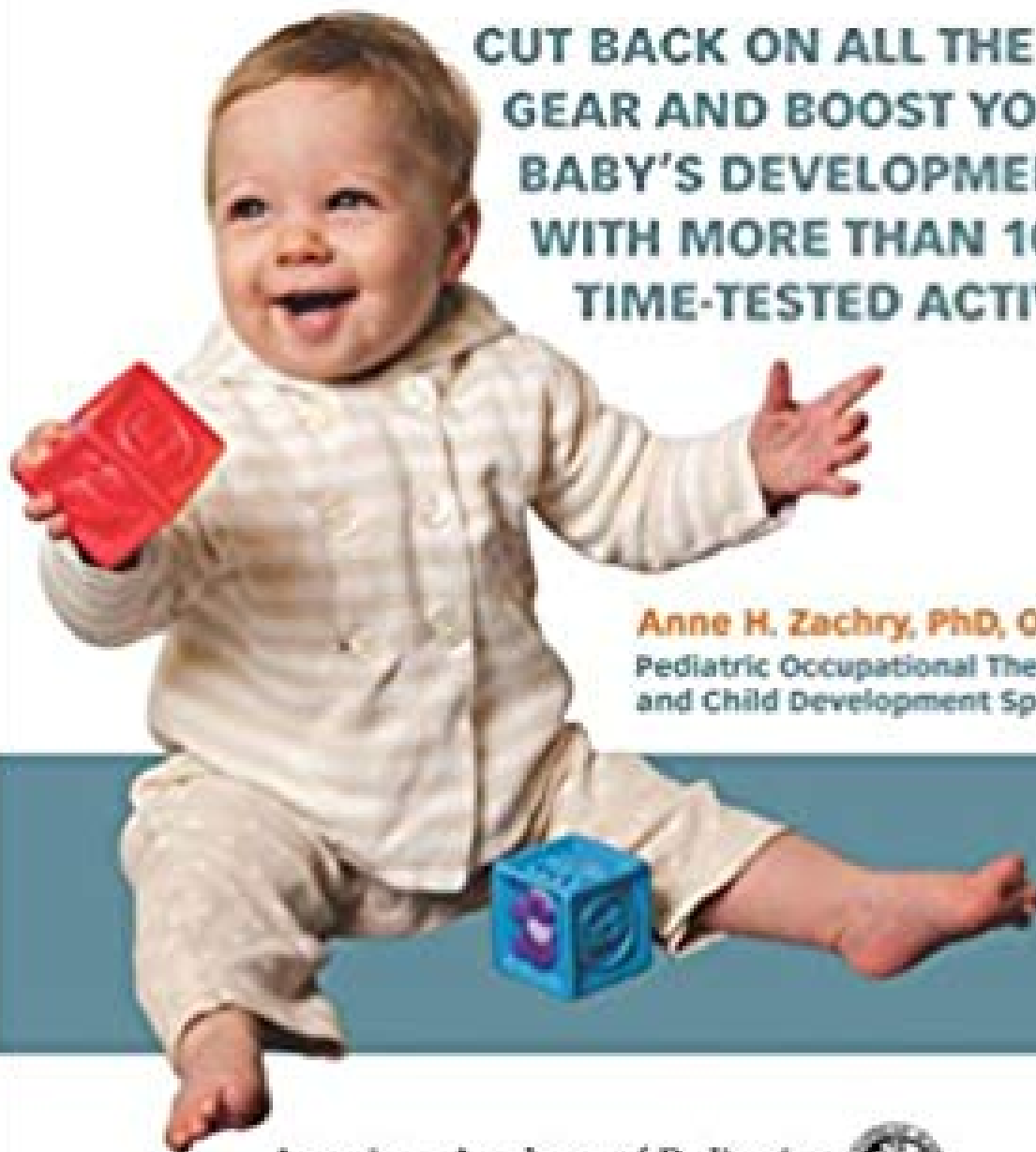


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# Retro BABY

**CUT BACK ON ALL THE  
GEAR AND BOOST YOUR  
BABY'S DEVELOPMENT  
WITH MORE THAN 100  
TIME-TESTED ACTIVITIES**



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Pediatric Occupational Therapist  
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**American Academy of Pediatrics**

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Anne H Zachry PhD

## Retro Baby: Cut Back on All the Gear and Boost Your Baby's Development With More Than 100 Time-tested Activities (Retro Development)



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Baby bouncers, carriers, electronic toys, and “ concepts, Dr. videos are intended to make our children smarter and our lives easier, but can their overuse negatively impact infant advancement? Retro Baby: Cut Back on Infant Gear, Mass media and Smart Playthings, and Boost Your Baby’ Absolutely.s Development with Time-Tested Activities helps caregivers understand the potential dangers of extended equipment make use of and overexposure to technology.Retro Baby brings twenty years of experience from an occupational therapist and mother of 3 into your home. Anne Zachry, Ph. With “ understands that each family members and baby have different requirements, and she offers flexible strategies and ideas for playtime.D.back again to the fundamental”educational” Zachry offers you lots of opportunities to invest one-on-one time with your baby, creating that special bond that will last a lifetime



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. Good inspiration Probably more info on what things to avoid right here than what to make and enhance the environment but I liked the ideas that you ought to not really fill a baby's world with flashing lights and bouncing chairs, although with colicky twins I sometimes wish I had had a little more bouncy chair help the first couple of months I later on saw other twin mums going to the physio for flat head problems therefore maybe it was a very important thing I was inspired not to surrender to gadgets. I was searching for a good resource that could give me some tools to help promote my baby's vocabulary/ cognitive, physical, and cultural development. I am so extremely grateful that I came across this book- not merely did it have just what I wanted, it provided a ton of practical examples along with developmental reference charts, which serve as a nice reference and reminder. She also discussed the dangers of the infant gear "trap" that therefore many parents are in. You can find SO many products targeted to new parents (rock n has, baby swings, jumparoos) and she explains and gives evidence as to why overuse of the items can hinder infant development. Today's parents/grandparents should browse this. Great baby shower celebration gift! I am an occupational therapist and one of my professors, Dr. If you are expecting or a new mom, I Recommend this reserve if you would like practical methods to engage and encourage proper advancement for your baby. When I became pregnant, I started studying through to infant development because it was a location I was not as familiar with. You can find enough around because they get older. Locating the Active Learning Series and Arnwine's Starting Sensory Therapy already have more guidelines on toys to make together for my, seemingly perfectly normal, 16 month older twins. Great book for first-time parents I bought this book because of reviews I go through online and I am not disappointed. Pros: Interesting comments of baby developmental milestones Lots of assistance and activities to promote the infant good development during the 1st years of life.. She informs me she is generally finding out about information in the reserve and really enjoys it. Thank you for all you tips! Some good suggestions to play with your baby even at birth Cons : Some activities proposed are sometimes quite similar or repetitive lack of images to illustrate the activity or only in back & We tried some actions with my baby quite often and tried to discover what she likes. Toddlers don't need electronic devices. At 3.5 month old she rolled for the first time for tummy to back by herself! The info is clear and easy to understand The info is clear and clear to see. I purchased this book because I follow the authors blog page. A few of the items are just generally unsafe or may hinder normal infant development. This book can be endorsed by the AAP, so it's backed by research. For example, there is a section on back again sleeping and it emphasizes back sleeping many different times throughout. That is also a reserve that can save a new parent a TON of money because it gives good info on WHY your baby does not absolutely need every trendy baby item available. I always get great details from her site. I simply acquired a grandbaby and I provided this to my child. white pictures which look a bit cheap for a book at +10\$. Five Stars My niece loves this. So, I have no idea that it's a con since back again sleeping is actually incredibly important, but whether it's information you are already aware of, it can feel repetitive. Zachry, from OT school wrote this reserve! I bought it for my sister and brother in legislation who expect their first child plus they stated they've learned so many practical and useful tips out of this reserve! I'll buy this publication for any expecting or fresh parents! Lots of neat concepts, and an extremely clean book Great ideas on how to approach all the learning stages of baby. You can easily forget that kid play and learning can be so very much fun with simple, free of charge play playthings, like cardboard. Essential reading Title says everything. Pros:- compiled by a Pediatric Occupational Therapist (this is very important to me since pediatric OT's specialize in infant development)- readable, any medical/OT jargon is very well explained, even if you are not familiar

with child development conditions- cites actual research- dark and white photos/ charts throughout-excellent and very practical, hands-on information  
Cons:-the only con I possibly could think of, and it may not be considered a con for a few, is that there have been certain elements of the publication that overlapped/were repetitive. Book was in super clean condition! She used to hate tummy period and today she can stick to her tummy for longer time and feeling comfy. This reserve gives great practical tips. Wish it was in an iBook format. Very misleading When the cover was discussing "technology free" games, I was expecting something simple and yet innovative. 6 months back and he thought that I would enjoy the book My father Paul Edwards gave me personally this book to read because I had my first kid 6 months back and he thought that I would enjoy the book. non-e of this was new. great great .A must-read for just about any new and expecting moms I am a developmental play therapist, working mainly with children ages 3-6.. I know how to bounce my child on my knee, many thanks very much. He was right because I did!. ... with lots of concepts for homemade toys baby can enjoy. It is printed under the American Pediatric Association's .. Such a helpful and informative book for fresh parents! Helpful with plenty of ideas for homemade toys baby can enjoy. It really is printed beneath the American Pediatric Association's collection of books which makes me feel safe in trusting the content. This is now my "go to" baby shower celebration gift Great book filled with useful tips and information on your baby's development!



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