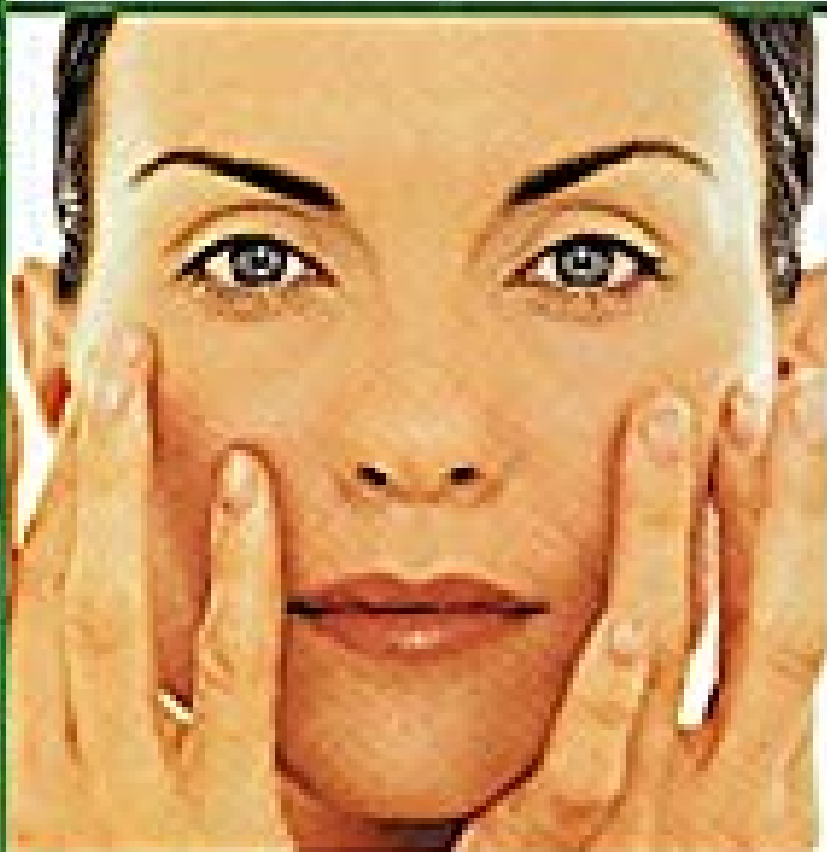
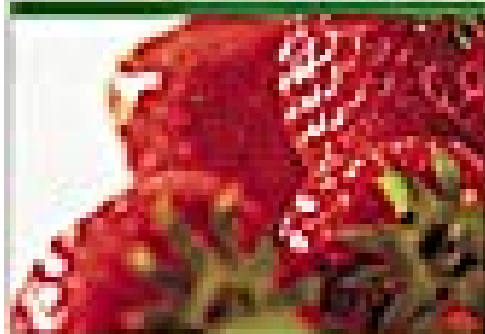


Shirley Books

# facelift at your fingertips



**An Aromatherapy Massage  
Program for Healthy Skin  
and a Younger Face**



**Pierre Jean Cousin**  
**Foreword by Shirley Price**

Pierre Jean Cousin M.B.Ac.C

## Facelift at Your Fingertips: An Aromatherapy Massage Program for Healthy Skin and a Younger Face



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Includes easy-to-stick to exercises and directions to make therapeutic facial masks, tonics, and lotions using all-natural ingredients to protect and tone the skin and reduce lines and wrinkles. Using essential oils and fingertip massage, readers will learn ways to help prevent and also reverse the consequences of aging on the skin.



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