

Rosemary Gladstar Rosemary Gladstar's Herbal Remedies for Children's Health



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Each reserve contains profiles of particular natural herbs, cautions, contraindications, and easy-to-make recipes to alleviate common ailments. One of America's foremost herbalists provides concise, simple-to-understand, and practical info for using herbal remedies for health and well-being.



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It does a great job of explaining ways to get from herb to ... That is short, simple also to the point. It can an excellent job of explaining ways to get from herb to finished item. perhaps some overlap have a couple of different rosemary gladstar books. I really like that dosages for children are broken down so well! Five Stars A bunch of good clear to see info. Definitely a most possess for all moms who wish to heal naturally... I believe it is a great size to keep handy and refer to. Two Stars Disappointed in this compiled by a non Christian?. Before I have been just a little weary to try things on my children because I have not felt confident with the dosages. But Rosemary Gladstar's books are some best herbal info. Great I have a whole lot of grand kids now. This helps to find methods to help making use of their health, in an all natural way. Ugh.!! Gift for a Granddaughter I haven't browse it through yet, but I love and trust Rosemary Gladstar's information. I'm always looking for natural health alternatives. There are so many great recipes and information that's so helpful for parents ... while its not bad its seems a little bit redundant with her additional books. There are so many great recipes and information that's so ideal for parents with little ones. its okay.. Thank . Five Stars Everything went smoothly Very helpful and can have handy for reference.. Very helpful and will have handy for reference . Many thanks Ms. Gladstar! I choose this one due to fact dedicated to children's health.?? Mentions how Mayan's pray over natural herbs. Five Stars A must have for just about any parent!



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