

THE AROMATHERAPY COMPANION

MEDICINAL USES • AYURVEDIC HEALING • BODY-CARE BLENDS
PERFUMES & SCENTS • EMOTIONAL HEALTH & WELL-BEING



VICTORIA H. EDWARDS

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The Aromatherapy Companion: Medicinal Uses/Ayurvedic Healing/Body-Care Blends/Perfumes & Scents/Emotional Health & Well-Being (Herbal Body)



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Victoria Edwards supplies the most extensive aromatherapy guide available, with hundreds of quality recipes for beauty, health, and physical and psychological well-being. Be happy, healthy, and beautiful! Edwards guides you through making perfumes, bath and massage natural oils, aphrodisiacs, and health care supplements. Find out about the properties of essential and carrier natural oils, and master classic quality recipes for curing and rest. It soon be creating customized blends for you personally and your close friends that promote tranquility and strength. You'



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