

AMY STANTON and CATHERINE CONNORS

FOREWORD BY GABRIELLE REECE

**THE FEMININE
REVOLUTION
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21 WAYS TO IGNITE THE POWER OF YOUR FEMININITY

FOR A BRIGHTER LIFE AND A BETTER WORLD

Amy Stanton

The Feminine Revolution: 21 Ways to Ignite the Power of Your Femininity for
a Brighter Life and a Better World



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Chit-chat. The authors, Amy Stanton and Catherine Connors, begin with a brief history of when-and-why these traits were thought as weaknesses, sharing views from iconic females including Marianne Williamson and Cindy Crawford. It argues that feminine traits have been mischaracterized as fragile, fragile, diminutive, and embittered for too long, and will be offering a call to hands to redeem them because the superpowers and gifts that they are. After that they offer a set of feminine principles that problem current perceptions of feminine characteristics, while providing women new mindsets to reclaim those characteristics with confidence. The principles include counterintuitive text messages, including: Take points hard. Women have already been derogated for "gossip" for centuries. Under no circumstances allow anyone tell you to not be psychological. Peacocks' bright coloring and garish feathers are part of their survival strategy--comparable tactics are part of our happiness strategy. Feminine traits which were once disparaged as weaknesses--such as sensitivity, intuition, and sense emotional--are reclaimed as powerful strengths which can be embraced as the keys to a happier existence for everyone. Challenging old and outdated perceptions that feminine traits are weaknesses, The Feminine Revolution revisits those features to show how they're powerful assets that should be embraced instead of maligned. Women feel stuff deeply, specifically the hard stuff--and that is clearly a good thing. But what others contact gossip, we call public connection. Emote. Enjoy glamour. Express your enthusiasm, like, affection and warmth. Embrace your household side. Avoid being ashamed to cultivate the wonder of your home and wrap your arms around family and friends. With an upbeat mixture of self-help and fresh analysis, The Feminine Revolution reboots femininity for the present day woman and provides her with the various tools to accept and embrace her own authentic nature.



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I wrote about any of it for Ms. The authors really bring alive the powers of our feminine traits and how exactly we can embrace them in our everyday lives. This is a book you wish to talk to someone about. Great for a book club. ARE YOU SET for the Feminine Revolution? The Feminine Revolution opens up a new conversation about femininity. This book makes you dig deep I cherished how personal this book was. Find the full article upon the Ms. I must say I love how they talk about personal experiences and also experiences of other effective women and superstars. "It's true: I have always been enthusiastic and had more obvious feelings than others in a room. What sort of authors engage in such a timely topic of femininity and womanhood nowadays is not only insightful and riveting but also extremely personal and relatable to men and women alike! Magazine. Magazine blog. A Must Read The Feminine Revolution is crucial read for all ages, I couldn't put it down! I noticed myself in so many of the stories and insights. This is a quote from my article: Are You Ready for the Feminine Revolution? I also like how they tap into men as well and share how guys can embrace their feminine characteristics for the better. Recommend this book! Highly Recommend! Thank you to Catherine Connors and Amy Stanton because of this essential book. In a world where toxic masculinity is ever present, it's important that people have an open dialogue about what femininity means to each of us - no matter our gender. Amy and Catherine provide insight from their very own lives and experiences in a layered analysis of the history of femininity and how exactly we can challenge societal norms to reflect on our feminine power. ! POWERFUL This book can be an absolute must read! RECOMMEND!! That's why I cherished reading The Feminine Revolution: 21 Methods to Ignite the energy of Your Femininity for a Brighter Existence and a Better World, by Catherine Connors and Amy Stanton, which flipped the narrative—and motivated females like me to reframe outdated standards which have claimed that "traditional" feminine traits are poor or bad. The book's empowering perspective on the effectiveness of feminine traits and qualities is so inspiring I could not really stop reading it!! A great read This book really goes in-depth on a few of the most important topics of femininity and it's really something I really believe every young woman should read, especially the ones that have been called "too sensitive" or "dramatic." Thank you Amy and Catherine because of this awesome book! Excellent read! The Feminine Revolution is an essential read for both men and women. This insightful reserve sheds light on many of the stereotypes that women encounter. Amy and Catherine offer a refreshing take on this timely subject, inspiring ladies to embrace themselves just the way they are! A Great Read The Feminine Revolution provides a relatable and thoughtful discussion of femininity. It's refreshing to learn a book that's so honest about femininity and the initial part it has in every person's life. I definitely recommend!



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