

Clean Your House and Calm Your Soul

In 15 Minutes



THE C.H.A.O.S.* CURE



*CAN'T
HAVE
ANYONE
OVER
SYNDROME

New York Times Bestselling Author

MARLA CILLEY

aka The FlyLady

Marla Cilley

The CHAOS Cure: Clean Your House and Calm Your Soul in 15 Minutes



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With a little bit of armchair therapy and plenty of useful, tactical tips--such as "On the Fly! If your house is normally a jumble of dirty dishes, piles of paper, and never-closing laundry, you are most likely afflicted. But don't quit hope, because right now there's an antidote: The CHAOS Cure. Before very long, you'll be on the fast-track to living CHAOS-free, surrounded by sparkling serenity. By using NY Times bestselling author and housekeeping guru Marla Cilley, you'll cure your household CHAOS (Can't Have Anyone Over Syndrome) by changing your messy home into a soothing sanctuary. Are you suffering from CHAOS, otherwise referred to as Can't Have Anyone Over Syndrome?" quick fixes and genius uses for sticky notes--she'll help us obtain our homes in shipshape order before we can break a sweat. On the way, the FlyLady teaches us to embrace household maintenance as an action of self-care, and to enjoy the soothing fulfillment of an orderly habitat. In her eagerly anticipated fresh book, Marla Cilley--aka "The FlyLady" to the thousands who go to her internet site for daily domestic inspiration--reaches into our homes to help make housecleaning even more meaningful and life less messy.



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