

# DANGEROUS BOOBIES

Breaking Up with my  
Time-Bomb Breasts



**CAITLIN BRODNICK**

Foreword by **RACHEL BLOOM**

"Brodnick is part advocate, part comedian, and part  
the girl you want to sit next to on the airplane."

—*The Washington Post*

Caitlin Brodnick

## Dangerous Boobies: Breaking Up with My Time-Bomb Breasts



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After watching too many family die of cancer, at age 28, public speaker and comedian Caitlin Brodnick was tested for the BRCA1 gene mutation and tested positive, indicating an 87% chance she'd be identified as having breast cancer in her lifetime. She acquired a preventative dual mastectomy, thereby becoming an everywoman's Angelina Jolie. While Caitlin's primary narrative explores the BRCA gene and breasts cancer, her story is also one about body acceptance and what must be done to be at ease and responsible for one's body. With a warm, funny, and approachable voice, Caitlin tells readers the full story, even sharing what it had been like to go from a size 32G bra--giant, for a woman who is barely over five feet tall! Her speaking engagements and humor routines show that the wider subject of breasts, breasts size, and personal identification is resonating with more youthful readers. Engaging and open, she admits to presenting hated her breasts a long time before her medical procedures, and enjoying the process of "designing" her brand-new breasts, from the form of the breasts to the size and color of the nipples. *Dangerous Boobies: Breaking Up with My Time-Bomb Breasts* goes into depth into her experience from testing to surgery and on to recovery.--to a 32C.



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Caitlin Brodnick Is My Wife and She Is Made of Rainbows Okay full disclosure: I am Caitlin Brodnick's husband. (PS, my reconstruction failed, therefore i have significantly less than mosquito bite boobs, given that they took my nipples too.) But look, why should that preclude me from reviewing her publication? Five Stars Great book, let me know what to expect. Caity labored over this reserve for months. Thank you Caitlin B, for allowing me in on the sistahood, during the loneliest chapter of my entire life. She cried, she edited, she wrestled with question and fear. AUTHENTIC VOICE - VERY FUNNY - GREAT BRCA READ & A+. And, I cannot end this review without mentioning some stunning similarities I actually learned Caitlin and I've: 1. I wake up in the center of the night, look over at her sleeping, and am so grateful that she didn't just elope as I slept for some rich guy without my receding hairline. Her heart is in this publication, and it's a big heart. She's so much love and kindness to share, and as a article writer I'm stunned at just how much she was able to bring to "Dangerous Boobies". It's all here for you personally.. Love yourself and love each other. Simply Spectacular!! I read the first 100 web pages in a single sitting, I simply could not place it down. A+ book! Though it really is a street map to producing decisions that are best for your body after being identified as having the BRCA gene, Caitlin's story isn't just about having a preventative double mastectomy, in addition, it touches on a whole lot of other conditions that that the majority of women have dealt with - from the way we view our anatomies to that woman who was suggest to us in middle school that we still cannot quite forgive. The tale is told in the author's very clear and chatty tone of voice that made me feel more like I was at brunch with my best friend than I was reading in the home alone. "CANCER IS AN EMOTIONLESS BITCH WHO WILL RUIN YOUR BRUNCH PLANS"! Previvor or pre-Previvor (and their support ) must read! At one stage I cried and laughed out loud while reading the same web page. As a Previvor myself, this is the first publication that accurately reflected my thoughts, emotions and insecurities! But I guarantee, you will as well. Bravo! The thoughts and emotions that go into this decision are hard, and there is really no classification that fits this situation, no books, self help nothing at all -- until this reserve! This is actually the first period, in reading this book, I felt like somebody really connected to myself. The chapters all accurately defined ME. A must read for anyone considering the surgery as well as for the support folks in their lives. touching and FUNNY accounts of a daunting encounter that so far very . This 1st hand account what is like to check positive for the BRCA1 gene and go through a preventative double double mastectomy was a joy to read and as someone who has breast cancers in the family as well it brought me significant amounts of comfort in knowing that the threat of breast tumor is frightening but I am by no means only in facing it.. Cheers to health, fun and sisterhood!. Both of us have moms which are hot shikas6. This book was simply spectacular. Needless to say I love the book. RESOURCE I've hardly ever met comedian and author Caitlin Brodnick but I've heard her tone of voice on her behalf Screw You Malignancy series. Full disclosure: We also interviewed Caitlin via twitter for a blog post on this book. My favorite thing about "Dangerous Boobies" is its genuine tone of voice; as I go through it was as if Caitlin was reading it if you ask me, in her sweet chirpy voice she writes like she talks natural, honest, fast, confident, sometimes insecure, frequently anxious, heartily reflective and mostly, "udderly" hysterical.. As an advocate for all those with BRCA and other hereditary cancer syndromes, I was excited to read Brodnick's book. I definitely applaud anyone who is willing to be so open up with their knowledge and Brodnick not only do this with her Screw You Cancer Series but with her publication too. All was apparently rosy as she was recovering within the last of her Screw You Cancer tumor episodes, answering viewer questions. XO Amy - BRCAresponder Hilarious and

real After I tested positive for a BRCA1 mutation I had a lot of questions about obtaining a mastectomy. Caitlin sheds light on tougher instances post surgery, including struggling with serious depression. We appreciate the areas in the reserve where Brodnick gets statistics and information directly from the experts. Regarding genetic testing, I am thankful she says to see a genetic counselor and find out the information. If you want to get a quick flavor of Caitlin's humor and tone, simply take a glance at her chapter titles. My favorite one... Caitlin has a fresh, brave brand-new voice that I cannot wait to hear more from! We both have the BRCA 1 5385insC mutation<sup>2</sup>. The first sentence of that chapter is "Author's take note: Dad and Grandpa, make sure you skip to web page 145. I think that's honestly when my people really jumped in my boat. Caitlin is an extraordinary woman. Another chapter, TITTY TITTY BANG BANG: THE SEX PART, where she discusses sex with her husband for the first time after medical procedures. Both of us have neurocardiogenic syncope<sup>3</sup>. Both of us lost a close female relative at 33 years old<sup>4</sup>. We both have Jewish fathers called Al<sup>5</sup>. If Mindy Kaling's book and Angelina Jolie's interview got a baby it could be this book! Both of us love writing, I'm writing my book now<sup>7</sup>. Both of us have fair epidermis and reddish hair<sup>8</sup>. We both possess one leg shorter than the other Very content I read it. Very funny. It was refreshing to hear all of the dirty details that nobody else wants to talk about. Very happy this is a resource I can recommend to others! Nevertheless, we learn in the book that all was not easy. I wasn't crazy for having a so called elective double mastectomy at 23. This book covered all of that PERFECTLY and was therefore funny. I can SO relate to her wanting to inform everyone and everyone from her waitress to random strangers "Hey I'm having a mastectomy" and the weird feeling to be slightly excited to design your own custom boobs. Very actual. She's also freaking hilarious. Mostly an interesting book because it is definitely such a uncommon surgery, but getting more attention in the breast cancer community. This book can change your life Best book over if you are or need to be tested genetic testing. In the event that you experienced surgeries this reserve is very relevant! Fun & Five Stars Best book I've go through in quite a while, and especially for those considering this medical procedures! I was 23. I searched All over the place (and I must say i mean all over the place) - cue Caitlin Brodnick's WebMD porn confession! All I came across was a whole lot of depressing, not really Informative memoirs. We really appreciate everyone checking out the publication and continue being overwhelmed by the enthusiastic reaction. Yup, that was me attempting channel my internal Caitlin. And medical journals. I QUICKLY Found Brodnick's "Screw You Tumor" video series - I emailed my loves. Appearance! Caitlin made a distressing and scary topic into a relatable and fun tale." So perfect. There have been a great deal of answers on the standard surgical stuff, the type of pain to anticipate, what kind of recovery, but nobody talked about your day to day true to life stuff and what it was really like living in the real world post mastectomy. I was brave, and I wasn't only. I read this publication in 2 nights. I laughed, cried and underlined. She wrote what I wanted to write, AND it was hilarious. I desire I had acquired this book when I was diagnosed (it wasn't created yet). I watched her awaken early and stay up late into the night. (If you read this reserve, maybe you saw us in "Screw You Cancer tumor", the Glamour magazine documentary about our lives during Caitlin's surgery. Best Friend in a Book This book is a must-read for anybody with the BRCA1 gene mutation, because of the way Caitlin tells her story with such honesty and insight and especially humor, but I also think Dangerous Boobies could be enjoyed by anyone who loves a comic memoir. What honest, touching and FUNNY accounts of a daunting experience that thus far extremely few have discussed publicly! Honest and Funny I absolutely loved this book. I FOUND A PAL!

If anything, my love for her and pride in her accomplishments should be the BEST testimony for this book. sisterhood at a lonely time My mom died of BRCA related malignancy in September, and I was identified as having a BRCA mutation in March. Five Stars as advertised. extremely fast shipping like her fill experiences I expected more humor though it is such a tragic publication. I also felt the writer skimmed over some important details, like her fill up encounters, while dwelled on other details that weren't as informative. I'm so happy I found this book! A quick read and hopefully the beginning of more to come about the genetic condition of BRACA. But life after mastectomy is GOOD). After only a few pages, you'll feel just like she's your very best friend.



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