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"While this groundbreaking book will have some of you blushing, you won't put it down."—Dr. Dean Edell

Naked at Our Age

Talking
Out
Loud
About
Senior
Sex

JOAN PRICE

Foreword by Betty Dodson, PhD,
sex educator and author of *My Sexual Revolution*

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Joan Price

Naked at Our Age: Talking Out Loud About Senior Sex



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the best is yet to come" (Dr. . .An inviting and informative guideline to sex for seniors, with a clear message that "as far as sex in the final years goes . In Naked at Our Age group, she gives a candid, straight-talking exploration of senior sexuality--the challenges, the disappointments, and the surprises, along with the delights of like and enthusiasm. Dean Edell) Joan Cost is talking aloud about a subject that's often ignored or ridiculed inside our society: later-existence sexuality. She shares the tales of women and men--coupled and one, straight and gay--demonstrating how their sex lives and associations have transformed with age group, and how their sex lives impact their lives and self-esteem. Along the way, she presents wise guidance from sex therapists, medical researchers, counselors, sex educators, and other knowledgeable specialists, helping seniors to embrace intimacy in every its forms Entertaining and essential, Naked at Our Age group is a complete instruction to enjoying senior sex, love, interest, and couplehood.



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THE Ideal. This is the best text for senior sexuality ..! Very good mainly because a wonderful resource book and both men and . This is actually the best text for senior sexuality I've read to date.e.. I think this book will be useful to just about anyone as they age group and want to keep to live a sexual life. It can bring the diferences together in compassion and renewed love-making. An Honest Appear At Senior Sexuality. it's a genuine look in senior sexuality. With our growing population living longer than ever, expectations have to be tempered. Five Stars Good book Mandatory! You can find new adventures and encounters we can all have. There are new options nothing you've seen prior opened to us. This reserve gives us a look into what we are all capable of in our golden years, and frankly, the golden years haven't looked more ripe with possibility. I highly recommend it. Breaking the taboo A wonderful antidote to the sophomoric treatment of senior sex usually found in our phallocentric culture and in mainstream media.. Found Joan's podcasts initial. This is a liberating book, in the sense that certain will often run into a frank debate by way of a senior that echoes what visitors have privately wondered about, but dared not speak of. You might say "I thought I was the only one!". You aren't, therefore cast off your inhibitions and browse of mostly married people who decide to test some additional ways of continuing the physical relationship. THE BEST.. Joan Cost is normally a senior, a female, and feisty, and she makes no bones about it. This book answered many questions for me personally.Very good mainly because a wonderful resource book and both men and women are open and honest concerning conditions that arise as one enters senior life.Read it,you will enjoy this book. Not really Everything In This Reserve Will Appeal for you The focus of this book is on placing sexual satisfaction high on life's priority list. It really is informative, encouraging and direct, although it includes topics that may not charm to all readers (i. I receommend this for anybody, young or older, to gain an improved understanding and acceptance of our anatomies as they change over time and the impact of that on ones sexuality. There are no illustrations or diagrams in this book.M acts, sex with multiples, and extra-marital sex). It made me feel just like I wasn't only (which I knew I wasn't in any case, but the stories actually helped). Thanks! It was nice to have that validation that yes, my problems are not uncommon and we are able to obtain beyond them. It advocates searching for the solutions of a sex therapist, to specifically discuss personal complications, and learn new techniques. It also stresses practicing safe sex (use of condoms), a practice that your author believes is basically overlooked by people our age. For those who have sexual passions that are not mainstream, you will discover acceptance and encouragement in this reserve. There is also a helpful set of links behind the book for extra analysis on many topics. everyone demands this! There's limited debate about the day-to-day usage of various options for coping with ED -- various other books cover this subject better. it addresses gay/lesbian/bisexual issues, paying for sexual services, S& If you are a traditional, heterosexual individual with no desire to test out sexual actions outside your relationship, portions of this reserve will be irrelevant (and possibly offensive) to you.SUMMARY: Much less good while other books for a married, heterosexual traditionalist. Nevertheless, its readable design and exploration of a great many topics are likely to be drawing factors for many readers.. Very helpful My changing body and it's needs have already been presenting a challenge for we for the past many years.this book is the first I've found that basically addresses the issues that we have been facing in a face to face way with real people's stories.. Men, an excellent browse to understanding the changes in your female companions ,as well as within your own bodies and needs.I like that many.With the acknowledgement that I personally found certain topics addressed to be contrary to my beliefs, here is a summary of the reserve:GOOD: This publication is first of all a clear encouragement to stay sexually active and to continue to work at sexual

pleasuring for as long as your home is, whatever that appears like in your situation. There's good basic information that is informative to those that may have never read a sex manual, with particular emphasis on the effects of ageing on the sexual organs. Ladies this can help you develop compassion for the adjustments a man undergoes in his "menopausal" years. It advocates expanding one's look at of sex from traditional intercourse to add other forms of sex play, regarding from what one's body can perform.. Most of the . Jon price will not mince words... Jon price does not mince words. The majority of the book is made up of questions she is commonly asked on speaking engagements. Her questions and answers pertain to all types of people in different situations. This can be a little more risque, but she tackles the subjects she encounters in a respectful and dignified manner. A good book about people expressing their sexuality A good book approximately people expressing their sexuality. (now, only if my wife would browse it! The author shares her useful perceptions and experiences along with the individuals and couples who share their encounters and questions. Excellent. Excellent book. Well written and fun to learn For the Ladies For all those ladies over 60+ it's a good read and may even give you some ideas Four Stars Interesting book-Not quite what I was expecting though. 70's few GREAT Reading Excellent, informative with good practical tips. Once we age, we are not always able of doing the things we once were, but that doesn't mean it's around in the bedroom, definately not it. This publication brings seniors out into the open, discussing not only the physical limitations of sex as we age, but additionally celebrating sex among seniors who no more be worried about the acceptance of sex among seniors. Amazing.turn 60 next year.BAD: A lot of the factual info covered is basic, and available elsewhere. Many useful comments from trained therapists.)



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