

The Green Pharmacy

HERBAL HANDBOOK

Your Comprehensive Reference
to the Best Herbs for Healing

- ☞ More than 180 herbs for treating and preventing disease
- ☞ Easy-to-find remedies for hundreds of ailments
- ☞ Complete guide to herb forms, benefits, parts used, side effects, dosages, and more

SPECIAL SAFETY AND EFFECTIVENESS RATINGS

James A. Duke, Ph.D.

AUTHOR OF THE MILLION-COPY BESTSELLER *THE GREEN PHARMACY*

James A. Duke

The Green Pharmacy Herbal Handbook: Your Comprehensive Reference to the Best Herbs for Healing



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Duke and has become a major reference resource for herbalists world-wide. Duke, Ph. The data source, which he started during his profession as a top botanist with the USDA, is a lifelong project for Dr. Probably the most thorough and comprehensive herb reference of its kind, the handbook was culled from the thousands of entries in Dr. Dr. Duke's inimitable folksy tone and friendly manner shine throughout The Green Pharmacy Natural Handbook, making it as entertaining to read as it is sensible., delivers the lowdown on virtually every healing herb available in today's marketplace: its explanation and background, therapeutic uses, medicinal properties, prescription counterparts, dosage options, safety and effectiveness ranking, and precautions. Duke's database of the world's medicinal plants.D.A Complete Information to 180 Healing Herbal remedies-- From America's Favorite Herbalist In this handy companion to his best-selling publication, The Green Pharmacy, leading herbal authority James A.



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If you are searching a book categorized by the ailments, I would suggest you by the various other publication (The Green Pharmacy) . This handbook provides been very useful, and we check with our doctor before adding any herb to your regimen. duke is the greatest great treatment of herbs, up to duke's normal incomparable standards. Her doctor OK'd it, we bought some chewable "Ginger Trips" on her behalf, and it proved helpful like a charm.. good shape. Sure wish American medicine practiced more herbal remedies rather than prescriptions with sometimes very bad side effects. Very complete herbal book This book is quite similar to the other herbal book by James A.---great reference book! In each herb description the writer gives some information regarding where the herb comes from, it's therapeutic uses, medicinal propertieis, prescription counterparts, dosage options and precautions.We refer to this book often We are looking for alternatives to some medications which trigger unwanted effects... training me and this is one of the books recommended if you ask me that I have purchased I am working with a Master Herbalist who is training me which is one of the books recommended to me that I've purchased. The art of herbal remedies is a whole " new world " that is essential for anyone considering or now living off grid. I have gained so much knowledge in that short time, and I have linked to local dealers that are purchasing bulk items that grow crazy on my property. The best worst cases scenario I really like this book so much I referred it to someone else plus they stole it.!! My thanks to Dr. Reliable expertise James Duke's reserve "The Green Pharmacy" was among the first few We read about herbs used for healing. It still includes a place in my own bookcase.g. As a nurse and today a trained herbalist, I love the mention of pharmaceuticals used for the same treatment goals. The last 14 years, I have studied both herbal products and prescription medications extensively. Dr. Duke's scientific yet right down to earth approach is greatly appreciated. good condition Five Stars James Duke can be an amazing herbalist / botanist which is an excellent book.! Duke for another champion. Our 9-year old granddaughter gets extremely car ill, and we read about ginger for movement sickness. I sent this about as something special for my niece . shipping. Our pharmacist in addition has been very helpful in guiding us. Gives good background for the herbs, not for things beyond that (Kelp, ocean salt, calcium resources, etc)---therefore that's what the name is definitely and doesn't disappoint. i wish the gov't have been bright enough to put jim duke responsible for the fda, but then, that wouldn't been employed by so well for the bottom line of BIG PHARMA! however, ordinary people would be healthier & Provides dosages, parts of plants used, remedies for many things Five Stars Love this book! just dreaming! Very Informative The format of the physical book isn't my favorite---the Mass Market paperback is not my favorite. i wish i possibly could obtain to his world famous "6 acre organic vineyard" at his home in fulton, maryland. Practical application (e. This publication has much more complete information regarding the plant life included, and seems more geared for the level at which I practice today. Take 1/4 glass of yellow dock and 1 cup of water. Please read the cautions for every herb, though, as some could be dangerous when coupled with particular prescription meds such as for example blood thinners etc...) is not present, but that's not the objective of the reserve. Duke (The Green Pharmacy), except this reserve can be divided by the herb name. Now I must buy it again! This is the book to own! If you are producing your own herbal medicine, this is the best reference for security and efficacy of individual vegetation. This same review applies to all the herbal books I have purchased, I don't simply recommend one but every one of them for your library as a serious or novice herbalist! This is the one! But I don't even care, as the knowledge is indeed reputable I'm just pleased to know it's being valued ? Great herbal handbook Informative andb easy to follow. there wouldn't be as great a deficit in the spending budget. Great book I like what it says Excellent info Excellent

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