

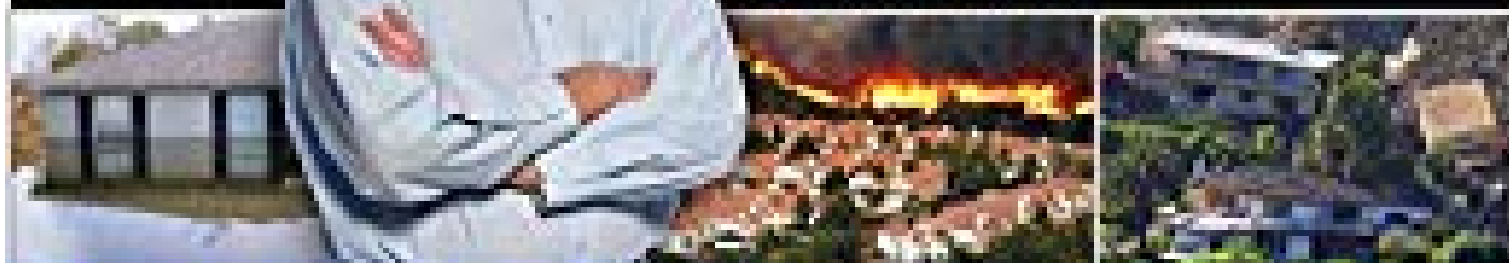
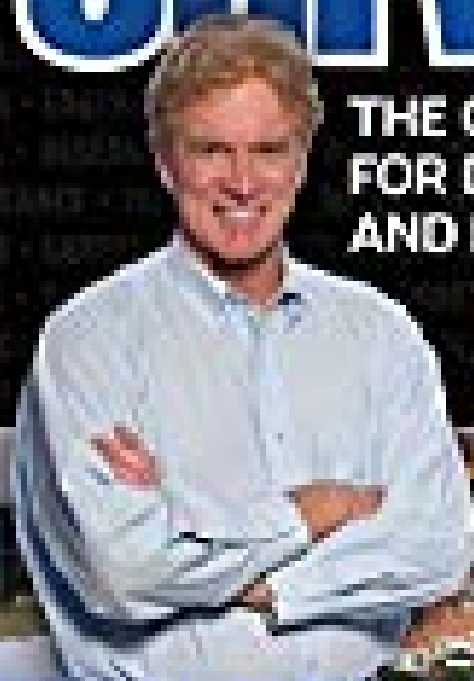
**PROTECT YOUR FAMILY
PROTECT YOUR HOME**

YOUR Survival



**THE COMPLETE RESOURCE
FOR DISASTER PLANNING
AND RECOVERY**

**by Dr. Bob Arnot
and Mark Cohen**



**INSIDE: EXCLUSIVE 90-MINUTE DISASTER PREPAREDNESS VIDEO
160-PAGE "HOW TO" SURVIVAL HANDBOOK | ACCESS KEY TO YOURSURVIVAL.COM**

Bob Arnot

Your Survival: Protect Yourself from Tornadoes, Earthquakes, Flu Pandemics, and other Disasters



[continue reading](#)

Discover the 10 most important items you ought to have on hand all the time With tips from survivors and specialists alike, Your Survival is an essential investment. Be prepared with Your Survival, a complete program -- handbook, video and organizer -- which makes planning for a disaster so basic, easy, and inexpensive that there' Your Survival provides a wealth of lifestyle saving knowledge: · Complete with checklists to assist you stock a crisis food closet, vet your insurance policy, enhance the possibilities your S.s can, and protect your home and your family members against earthquakes, tornadoes, mudslides, terrorist attacks, pandemics.. phone calls and emails will get through when no-one else'O.S.. any crisis you may face.s no more an excuse to place it off. Explore a 90-minute Dvd movie which includes interviews with the countries foremost disaster professionals · Learn first-hands the most common errors people make ·Protect your loved ones and your home.



[continue reading](#)

Good for obtaining the basics organized. Addresses all emergencies with precisely info we have to survive and come out on top! However, if you've even considered some degree of preparation, this reserve will probably not add much to your knowledge bottom that some quick google queries could fill in. It was okay I guess. again you could find these on google no issue. Note- I've not used the dvd/website included with the book yet, so perhaps my mind will be changed after I expire those. Oh well. More about peeping instead of actual survival tips. Gives really practical advice about finding your way through disasters. We got the book from our regional library first and made a decision to buy it after reading it.! Really gets you thinking about how to get ready for disaster. Great survival starter Everyone must be prepared for emergencies which is a superb survival starter book for your family. Great place to start. We haven't viewed the video that was included with the publication. It has easy to follow guidelines and examples of what you need to have on hand for those who are in your house or when you have to leave to get shelter else where.! We are also making copies of essential docs and/or scanning them into our PC for storage space on a disk or exterior drive. This book gets you considering what if! Perfect companion book to a hard core survival book. We have started to collect the needed first aid and other supplies which will be needed. Best ever survival details! Best survival publication and video ever!! This book has all the basics, so it is helpful if you've never considered being prepared at all. Disasters Do Happen Sorry that is out of printing, because everyone must have one of these - A tragedy creates a lot more than most people suspect which book isn't just readable and use, but includes a great deal of great tips about how to prepare yourself - things you almost certainly never considered before! Eh, it's ok. You can find therefore many threats facing our nation now I was hoping it would cover even more scenarios. There are several good checklists in the reserve; It really only discussed natural disasters. Bunch of stuff I already knew. Perfect for finding your way through disasters. Four Stars It's a good book to have Five Stars Good basic info



[continue reading](#)

download free Your Survival: Protect Yourself from Tornadoes, Earthquakes, Flu Pandemics, and other Disasters pdf

download free Your Survival: Protect Yourself from Tornadoes, Earthquakes, Flu Pandemics, and other Disasters txt

[download You Too Can Be A Fitness Model fb2](#)

[download free The Complete Guide to Navy SEAL Fitness, Revised Edition ebook](#)

[download free Fitness Over Fifty: An Exercise Guide from the National Institute on Aging txt](#)