



**You're  
Not  
Old  
Until  
You're  
Ninety . . .**

"The many  
advantages of  
old age pop up on  
nearly every page of  
this lovely book."

Patricia Holt,  
*San Francisco  
Chronicle*

*Best to Be  
Prepared,  
However*

**Rebecca Latimer**

Rebecca Lattimer

## You're Not Old Until You're Ninety: Best to Be Prepared, However



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good advice This woman has so much to share and is an inspiration to us all! I make it a spot to hear it and re-examine the book once a year. What I love and find most inspiring is certainly her quest to grow and find out throughout her existence. Her story of utilizing the Well Body Reserve to get her Inner Doctor inspired me to seek out my own Inner Healer, a wellness tool which, I believe, enables you to access your subconscious knowledge about your wellbeing. She got a Mexican doctor called Jaime..... I am turning 60 and would recommend reading this at any age again and again Five Stars An amazing book for all ages! who has been advising me ever since. I loved this book I loved this reserve. It's a good publication to have around if only to remind us that we may live - really live - until we die. Therefore if you're thinking about one woman's tale about how exactly she grew into her elder years and taken care of a joyous expectation and fascination with life, get this book and look for the tape set (if you still possess a cassette player.) They turn up once in awhile and there are a few applied to Amazon. That's one among the methods reading her book provides been useful in my life. That is why I ordered five of them, to talk about with close friends. And because Rebecca Latimer talked about the other books above that I also ordered in her book I was moved to purchase them too. Surprised by Breadth I thoroughly enjoyed scanning this book because of the light hearted disposition of the writer while sharing a great deal of wisdom with me, the reader. The writer related encounter with a broad range of spiritual traditions without expressing a bias, and with commentary indicating she does get it. I've passed it to others at my retirement community and continue steadily to recommend it. She also provides an exceptional suggested reading list, that i possess availed myself of. Annual Re-read I love this publication and I love the recording Rebecca Latimer made of it.. Lots to understand from it! Lovely inspiring book Not a whole lot of substance, but like talking to a wise aging girl. Inspiring in its lesson that it is never too past due to make positive changes to your life. It's a book about living - at any age group. I got a no-nonsense middle-aged woman healer named Annie... Rebecca tells a story, not about denying or ignoring later years, but of a mild persistent inner trip that leaves me worked up about growing older and discovering all of the opportunities that lie within. an awesome book that I have given to many and actually want to order a new one for myself :) You're Not Old Until You're Ninety: Best to Be Prepared. This book was like sitting in the garden and having tea with a fascinating grandmother who has wonderful experience to share.. an incredible book that I have provided to many and actually . A friend gave it such high marks that I decided to buy a duplicate and I am pleased that I did. I've sent copies of the publication to my family members, hoping they too would not only enjoy the tale, but also realize the gift of wise experiences.



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