

Aromatherapy for the Healthy Child

more than 200 natural, soothing and fragrant essential oil blends



VALERIE ANN WORWOOD

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The Complete Book of Essential Oils & Aromatherapy

Valerie Ann Worwood

Aromatherapy for the Healthy Child: More Than 300 Natural, Nontoxic,
and Fragrant Essential Oil Blends



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This reference shows how essential oils might help parents raise healthier, happier children. This is a valuable book for each and every concerned parent. The publication features information for pregnant mothers and physically challenged kids and appendices with reference charts, basic safety data, and supplier information. Chapters cover every age group from newborn to teen with aromatherapy remedies for standard problems--from diaper rash to bedwetting to asthma.



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I was disappointed in this publication as it does not mention the ... She's big on baths, though, and for all those of us without a tub I'm happy she offers alternatives! This book has a lot of information for various ailments.... This book gives you detailed info on the many options for using EOs (something I haven't found anywhere else), how to set up your medicine cabinet, what to devote it, which EOs are safe at what age groups, etc. I have read or skimmed many books on EOs and while they will have provided many recipes or provided a lot of the technology behind EOs, none compare to the book in regards to the request of EOs in the home. I recommend this book important for the family- ideal for beginner to EOs The review by 'soufy' just about says it all therefore I won't elaborate too much more. Always double check the dilutions to see if they're accurate as well. Otherwise an OK book. Very thorough book, explanation misleading. On a plus side you can easily search for a recipe you should ease a child. Would have given it 5 superstars, but I bought this book for assistance with bedwetting (as stated in the explanation) and there is NOTHING in this reserve regarding bedwetting beyond association with UTI. Not at all helpful right now, but I will keep this reserve as a valuable reference for additional ailments. Update 4/11/14: Although this reserve didn't have the details I bought it for, it has turned out to be quite useful in various other regards with 2 young kids in the house. Updated to 4 superstars! Addresses every ailment practically! I love that she gives 3 or 4 different approaches to treating the problem. I actually was disappointed in this reserve as it will not mention the youngsters ages in virtually any of the recipes. Nice book, horrible design on iPad or iPhone The book seems to have a lot of useful information, however the table design is horrible. Glad my daughter can use it, when my granddaughters get sick. Easy to understand. I would recommend the book, but not through Kindle. But to add a couple of things! I really like how thorough this book is, it not merely has general safety recommendations in it for babies and children however the recipes are amazing! Like 'soufy', I cannot say enough good stuff about it. I have a 13 year aged, a 3 year previous and something on the way therefore I will be using this publication extensively. If you are just a beginner after that don't follow this publication like it's the bible for all children's remedies. Great reserve for so many childhood issues! I got into EOs in an effort to take treatment of my family. In the event that you follow Tisserand's security suggestions and know which natural oils to use on children and which to remain away from (like eucalyptus and peppermint) then this publication will be helpful. This book includes a good base for information but the safety guidelines are way to avoid it of date. In additional words- for the beginner (me) or somebody who doesn't have enough time to research everything yourself (me!) and simply need some 'here is definitely what to do' instructions-- this book is all you need! I REALLY LIKE that it lists therefore many ailments that kids face, from bug bites to some pretty serious issues. Now book for Moms with active children Purchased it for my daughter (read it before mailing to her) Great reading from starting to end. Great baby shower gift! What oils works with the condition! I was amazed at all the possess in this reserve. Every sickness or incident a children and get! It's impossible to be sure that 2 or even more columns of text message aren't mixed collectively. The publication is sensibly laid out -- first the techniques and basic safety of using essential oils with children, then those you should have on hand, finally the conditions you might want to address! Nice Reference Book for Moms That is a classic for all those of with children who would like to take care of them as naturally as possible. This book requires the guesswork out and addresses most anything a parent would encounter when looking for natural remedies because of their child. It Covers Every ailment practically!! In the event that you or your child get sick, it is possible to look up a more natural

way to treat them. It's nice to flick through and observe how many uses essential oils have in our life. Great book. Guidelines on using Essential natural oils. A book every parent needs. Rare may be the aromatherapy book centered on just children. Great Reference book. Great baby shower celebration gifts Great info to have on hand. Great Resource Written easily and clearness. With a book which has recipes you need to follow EXACTLY FOR SAFETY SAKE, this is a genuine problem! Helpful Five Stars Great book Very handy little publication. Haven't been doing natural oils for .. Check which natural oils are child safe before using her blends. Very handy little reserve. Haven't been doing natural oils for very long which book is normally a welcome addition. LOVE!!!! Very informative literature. I usually prefer to purchase kindle books because they're based on a more universal system, but that is one where in fact the iBooks version is hands down better with not merely its appearance, but most importantly, the table layout! I want, I had this reserve when my children were growing up. When I find a recipe I want I then have to search the substances to see if they are kid safe for my children. Desire I had acquired it many years ago. Informative!! Ideal for naturalist or do-it-yourself solution person. Amazing information!



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