

the cry of the soul



HOW OUR EMOTIONS REVEAL
OUR DEEPEST QUESTIONS ABOUT GOD

—
DR. DAN B. ALLENDER
DR. TREMPER LONGMAN III

Foreword by Joni Eareckson Tada

Dan Allender and

The Cry of the Soul: How Our Emotions Reveal Our Deepest Questions About God



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God desires us to recognize them because the cry of our soul to be produced best with Him. I first read The Cry of the Soul years ago when I was still sorting through a whole lot of hurt and frustration connected with my quadriplegia (yes, I read it on that music stand keeping a mouth stick). I will know. The Cry of the Soul showed me how to proceed with my anger and harm?not really stuff it beneath the carpet of my conscience, or minimize it, but actually do something good with it."All emotion?whether positive or negative?can give us a glimpse of the real nature of God. We want to control our negative feelings and dark desires.An excerpt from the foreword by Joni Eareckson Tada: "With the reserve you are holding, you have discovered the very best of guides. You start with the Psalms, Cry of the Soul explores what Scripture says about our darker feelings and points us to means of honoring God once we faithfully embrace the full range of our emotional life.



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Painfully Refreshing and Lifegiving This is my first-time reading among Dr. Allender's books. Not really biblical whatsoever. It's that great. I had it limited to several days, and I feel what it has exposed in my center towards God is invaluable. Thinking I'd find some comfort and ease, or at least a discount, in the chapters on Shame, I instead scrambled in which to stay entrance of the holy roto rooter chasing me through the idol factory in the bowels of my heart. This book really draws a lovely connection between our emotions and how they play into how we view God. I would say this book offers you a detailed "thermometer" of where your heart is at with God predicated on your feelings. As a recommendation, don't simply breeze through this book letting the words proceed through your eye and out your eyes so to speak. Take time to process what Dr. Allender and Dr. Longman have to say. It can be an easy task to want to go quickly through the book because they're talking about things that our hearts want to cover up from and skip over. But I motivate anyone who accumulates this book to take a breath, sit down through the uncomfortable occasions (hug the cactus), and sip in the goodness and wisdom these guys have brought jointly in this book. This is THE book if you ever wanted to experience, UNDONE, by the loving hands of the Great Physician. Profound in that it has transferred me to consider and take action on the areas of my idolatrous center where I have however to allow the true God to intervene and heal me. To break free from the theory that if just I can adhere to my God with perfection I quickly can somehow escape discomfort and trouble. Don't wait around another day; Fundamental, because frankly the reality found in this book is normally nothing brand-new, but draws from scripture useful truth that has been there all along. It is good to learn that God encourages us to get Him in our troubles, and that even though I cannot trust Him in my time of darkness, He is not really offended by my cries. It is glorious to see His grace which overcomes the darkness in my soul, and although I never wish to relive those moments, and I frequently pray they don't return, I am overwhelmed by His goodness and mercy to provide for me. I recommend it for anyone who would like to grow. Five Stars This book is core to understanding what our emotions are really telling us.? This will not address our primary issue. This publication opens up the primary problems and drives them into the healing function of the Gospel. Become changed too. Essential read for anyone for themselves or if they are listening to a friend. If you are in a position where you pay attention to others, please browse this! Finally, good Biblical teaching about emotions Whether you smash your thumb with a hammer, poke your partner in the eye with an insult, or obtain shamed, again, by your sibling, this publication will connect the gospel truth with this emotions as corrupted by sin. Midway thru chapter 3, I looked to see how many more webpages due to the sheer terror of the torment of truth deconstructing my damaged world view. Essential read for anyone I think. By the end of the two chapters on anger, my get well, DIY plan, fell aside at the last sentence once the wrecking ball of the Fear of god, the father was teased in the next chapter. A breath of oxygen The Cry of the Soul is by far probably the most impactful books of Christian literature I have ever read, combining many of the most profound yet basic truths. This book is a breath of oxygen for the Christian who struggles to understand and walk the line between orthodoxy and human depravity, obedience and grace. you have nil to lose, but a bunch of dumb idols, unhealthy pain, and despair. They lovingly confront the reader with insightful truths, and offer helpful counsel on how to pray through feelings in a way that truly places God at the guts. Feelings are indicators NOT dictators This book is a tale. ." is an argument against, not support for. Their placement is absolutely our emotions are flags of our beliefs, and "We have been radically disposed to idolatry, illusion- making, and attempts to secure our lives without bowing before God. Our core problem is not a lack of information - it

is airline flight and rebellion. It isn't a how-to reserve, but a publication of wise confrontation and wish. An outline of this content: Cry of the Soul models the major detrimental emotions as responses to 3 different relational movements: against, away, toward. You should stop and think and pray. Revolutionized the way I think about my emotions I'm naturally an introspective person, particularly if it arrive to my detrimental emotions, and I've long used those troublesome feelings to God in prayer. But this book totally changed just how I pray about these emotions, and supplied me with so many useful insights. I testify to His beauty and glory through a center that desires Him all the more, for He provides sustained me through most of life's pain. This is among those books that you don't want to read greater than a chapter or two of at the same time. We choose badly. This reserve is dense and not in pages but in content. Powerful, relevant insight This book challenged me to find God among the darkest corners of myself. Yes, very much an issue of our free will. Each movement can provoke a battle response or a airline flight response:--movement against = attack ==> anger or fear--movement away = abandonment ==> jealousy or despair--movement toward = like ==> contempt/shame The authors treat each emotion in two chapters, one on its ungodly manifestation and something on its Godly edition. To the Amazon Reviewer of 18 Aug 18, "Emotions are indicators Not really dictators", please contemplate quoting the entire sentence that starts with "But this view." (from intro, next page). Invest the time it takes to learn Cry of the Soul, and you will be richly rewarded. I'm happy I read this publication early in my marriage, because its insights remain helping me through the turmoil of being so emotionally close. I look forward to continuing in this brand-new, learned process to be able to encounter God in the most genuine, most pungent of methods for the days to come. Seriously. REALLY Dr. This is one of the best books I've ever read. Get it. Go through it. It actually describes the Gospel in a way that shows its power even more. . Didn't even see through the intro "this watch assumes that part of our personality is free from the consequences of the fall Because it presumes that our emotions escaped taint or perversion - they are essentially pure and great" If we have been not in charge of our emotions, then there is no free will. We've the CHOICE to end up being angry in times. Allender? I'm a lover of his podcasts and blog through the Allender Center. Helpful Book Nice book, very useful for understanding emotions. Puts much of lifestyle's hard battles in light of God's glory. Allowing engagement of the struggle in pursuit of hope, pleasure and freedom in Christ. Marries more deeply, intimate, and frequently alienated human encounters with the kids of the covenant. Enabling engagement with the struggle in search of hope, joy, and freedom in Christ. Puts much of life's hard battles in light of God's glory. This experience affirms we belong and God is usually for us. Delves into the dark side of emotions The author invites the reader to totally express emotions, unhindered by a feeling of appropriateness, but in full faith our emotions will resolve and God's glory will prevail. Be Very Careful What Christian Books You Read Yikes. Do not go through Allender's stuff if you are an orthodox biblical Christian. This publication talks about how we should struggle with God. My bible says that Jesus Christ passed away to pay for our sins, and Jesus provides us peace and rest. He also mocks and puts down other Christians. A recent blog page of his says "Christians get whacked when a clerk says: Happy Holidays rather than Merry Christmas. We obtain apoplectic if Starbucks has a cup that doesn't acknowledge our holiday by name. These worries are the belching of a self-satisfied, consumer Christianity, not really the holy awe that an invasion has happened and that some fool place a weapon in my hand and told me to fight when I don't have a clue how exactly to use my weapon, aside from how to know who my enemy is usually." In this website he says the the American empire will become overthrown. This book changed my entire life. This

book defends the ones that do not wish to be held accountable for their thoughts and activities and rather displace blame on their “feelings” Typical modern psychology. So often we are motivated to develop coping strategies to manage our emotions.



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