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CHARLOTTE GERSON

and Morton Walker, D.P.M.



Charlotte Gerson

The Gerson Therapy: The Proven Nutritional Program for Cancer and Other Illnesses



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Arthritis. Hepatitis. Emphysema.Tumor." But now, The Gerson Therapy offers expect those seeking rest from hundreds of different illnesses. Migraines. For a long time, the medical establishment offers known as these chronic or life- threatening diseases "incurable. CARDIOVASCULAR DISEASE. Juice your way to wellness. Now, in this authoritative revised and updated edition, alternative medication therapist Charlotte Gerson and medical journalist Morton Walker reveal a lot more on the effective healing ramifications of organic fruits and vegetables. One of the first alternative cancers therapies, The Gerson Therapy offers successfully treated a large number of individuals for over 60 years. Not merely can juicing invert the effects of several degenerative illnesses-it can conserve lives. The Gerson Therapy teaches you: How to beat cancer by changing the body chemistry Special juicing techniques for optimum healing power How to combat allergies, obesity, high blood pressure, Helps, lupus, and other illnesses This unique resource can help and inspire anyone who has ever said, "I would like to get well. Just show me how." The Gerson Therapy offers a powerful, time-tested healing option that has proved helpful for others - and will work for you!



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This book offers a large amount of the rich explanation you will possibly not find in Dr... We watched the Gerson documentary about juicing for cancer one night in April 2013 when my husband was literally dying before my eyes from cancer of the colon and 3 1/2 rounds of chemo. Also, I came across the large most this information to trust my personal experience in regards to health, way of life, and my general worldview, for what that's well worth. I scrambled to get a juicer which book the very following day. We followed most of the directions in this book and my husband is currently cancer free! An Adaptable Therapy for Improved Health and fitness Although this reserve deals primarily with cancer reversal therapy, I've adapted and utilized the bottom philosophy to lose weight and improve my general health. I beverage a quart of new juice and two super smoothies each day, and I've shed over 25 pounds in the first 6 weeks, Furthermore to my weight loss success, my pores and skin is no longer dried out and itchy, my energy level has increased dramatically, my feeling has improved considerably, my urine circulation is more powerful, and I'm having two to three bowel movements every day. The dr..My doctor is normally amazed at the progress I've made in six weeks. I decreased my A1C from 6.6 to 5.7, and my blood pressure is right down to 110/60. Consequently, he reduced my blood circulation pressure and diabetes medicines by half during my visit last week. I also like the way the authors don't mince words. Another facet of the Gerson Therapy is normally the concept of coffee enemas. It sounded somewhat weird to me too originally, but once I made a decision to try one I became a believer; right now I take one about every two weeks. Once I developed an operation that was easy and simple for me to perform, the process became very relaxing, and now I experience better after each enema. Don't knock it until you try it. I really like this book and I'd recommend it to anyone who requires a health makeover. Actually I'm confident that easily were diagnosed with cancer I'd fight difficult to do this plan as part of my treatment. Bought it for a member of family with ... 4? 4? I can't compliment Charlotte Gerson and Dr. I also purchased the video "The Gerson Miracle", as a companion with this reserve. Max Gerson more than enough for his or her extraordinary life's function and determined work towards helping people around the world heal from chronic disease when conventional medication has abandoned. My general health picture offers improved from an even of 5, when I started, to a level of 8 today. pharmaceutical solutions only worsened my pain and increased the deterioration of my body over the years. Best, nevertheless, is the great deal of complimentary information, which not merely covers many extra, related medical issues, but also provides many pearls of wisdom, and a consistent overtone of good, sound reasoning -- positive vibes, since it had been. that was six months ago.... I was diagnosed with chronic illnesses and was told that cancers will inevitably spread, and as a young person, dealing with all this has been of the very most challenging issues for me to take care of in life. I have seen specialist after professional in lots of countries and attempted everything. That's significant for me because next March I'll turn 65 years old.. 's said she had pancreatic cancers but only after 2 brief weeks of changing her diet plan and adding baking soda to raise her PH the test results returned and the tumor was gone. I occurred to come across among Charlotte's lectures one day and that's when I came across the Gerson Therapy. After going in one expert to another professional no doctor could help him and neither the medicines. This therapy is difficult - but there is absolutely no magic pill or shot that will fix everything. This publication is an invaluable device packed detailed guidelines not only on healing from disease, but also on stopping illness by adopting a way of living that rids our exposure to toxic chemicals, detoxifies your body from toxins that have accumulated until recently, and provides your body with a variety of rich nutrition from fresh fruit and veggie

juices and meals. We watched the Gerson documentary about juicing for cancer 1 . It is, generally, easy to read for a reserve of its type, with available formatting and functional composing (though, oddly, the written text repeats itself many times, in various sections -- no biggie, but sort of awkward, I thought)." I have watched every one of Charlotte's lectures I could get my hands on and I plan to finish reading each of the Gerson books from cover to cover. Bought it for a family member with pancreatitis. It provides made an enormous difference within their lives and how exactly to eat healthful. Charlotte Gerson is usually my heroine. <3 This is actually the best therapy Here's our story. My hubby was identified as having Vertigo. Charlotte's function has given me hope - and for the 1st time - I possess started to experience real healing from the inside out. So, I started to do a research on my own and found the Gerson Therapy. After hearing Charlette about the toxicity within your body I stared to wonder if my husband has this disease because of it. Exceptional book for controlling your diet while fighting cancer I lost a lot of weight with all of the juicing that he recommends for the 1st six weeks. My husband was very reluctant to try this therapy, but after the last vertigo event he said he will try anything. We did the juicing for approximately a 6 months and he began to feel better. Today three years later no vertigo. Charlette Gerson thank you for sharing this therapy you made my family healthier and happier. You are our idol.. Since it is, I'm just implementing particular parts until I reach a location where I can commit to a full initiation with a continuing maintenance period after. This is a fantastic Book. It very obviously lays out the concepts of the program and just why certain procedures are followed. At this rate, I could be from all my medications by this time around next year. They don't promise that it will be a miracle treatment for everyone. They acknowledge that different people will get different results based on their level of adherence and their underlying conditions. You want it to WORK! It's very labor intensive, frustrating and the rules have become stringent. But hey, if you're fighting for your life, you don't need easy. Plus they also inform you immediately that this isn't an easy program. The initial Gerson therapy This is the real gerson therapy. Good go through - very inspirational and informative I don't have cancers (that I know if) but I really do have a problem with autoimmune diseases and this reserve has been an inspiration. A treasure!. If you're contemplating the therapy, the reserve leaves no issue unanswered. Anti-cancer life advice Good reminder that what we consume influences the standard of our lives. Informative, Wise, and Valuable I got a lot out of this book. Among the early pioneers in the area. Max Gerson's reserve, "A Cancer Therapy: Results of Fifty Cases. And, furthermore, it thoroughly delivers on its premise, providing a highly comprehensive summary of the Gerson treatment and its underlying theory and mechanics, plus an equally wealthy collection of recipes and so on. don't get fooled into investing in a copycat.. He refused to accomplish anymore chemo from that night time on. Overall, this extra depth worked to enhance the book to something beyond a mere summary of the Gerson therapy, concerning be a source of practical guidance and food-for-thought, offering compound even to readers without interest in the treatments. Superb book with a lot of great information. Needless to say I asked the expert, he said that may not be the case. Th impact of the food we eat ad it affect or benefit us Learn healthy living Nice info Good info! Everyone must have it Great information very good book must read. This is an Excellent Book.



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