

the holistic baby guide



Alternative Care for Common Health Problems

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**The Holistic Baby Guide: Alternative Care for Common
Health Problems (The New Harbinger Whole-Body Healing
Series)**



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This extensive handbook is filled with safe and effective holistic treatments for colds, digestive problems, allergies, asthma, and additional health issues babies and toddlers commonly experience within their first years of life. You can heal your baby's symptoms with a holistic treatment plan that includes natural medicines, nutritional supplements, and lifestyle changes, rather than turning to potentially harmful chemical products and medications. A great reference that belongs on every parent's bookshelf, The Holistic Baby Guide gives simple and natural remedies for treating the symptoms of common ailments. This guide gives holistic solutions for: Relieving colic, reflux, and additional worrisome digestive problems Curing eczema, cradle cap, and diaper rash Treating acute illnesses such as fevers, colds, and ear infections Resolving allergy symptoms and asthma Strengthening your baby's immune system Give your baby the gift of good health today. It also provides a fully integrated arrange for building your baby's immune system to prevent chronic medical problems and make sure your baby's good health.



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Love it!Dr.. Although I respect western medicine, I do not really subscribe to the fact that prescriptions from big pharma should serve because the first line of defense. For example, our child had really poor reflux when he was little. We could have started cramming a zantac down our babies throat, but instead my wife simply stopped eating dairy, and we added a baby probiotic to your son's milk once a time. On the bright aspect, it offers explanations of specific things. Also, the author suggests that BF brings value only during first half a year, that is hardly true. This book is fantastic Excellent book and I wish I'd have found it sooner. I have 6. Four years ago I was pregnant with my third child and found Randall Neustaedter's book about vaccines at an area store. This publication came at an ideal time. It's also convenient to have right there all in one book instead of scouring the internet for answers. After reading it I am giving my child these natural herbs ASAP. Knock on timber. Three years ago I seeked help from an acupuncturist and Chinese herbs and I proceeded to go from being ill once every 8 weeks to nothing! I was very unwell As a kid and young adult, having handled numerous sinus infections and asthma after almost growing up on antibiotics. I also believe in the authors idea that preventative treatment is very important." moments consequently. It has become so popular lately that it scares me. I recommend this book to all parents.It can help me to find out I could take charge of my infants health and end up being proactive. He gives helpful information regarding homeopathy, chinese natural herbs and natural supplements and common childhood ailments that the common pediatrician would never know to recommend. I only want that he was in Seattle so I could take my infants to him. Definitely recommend it for anyone who wants healthier children. I highly recommend this to any kind of new mom attempting to take a .. As a fresh parent, I firmly think that the first option in treating issues ought to be natural. Desire I would've had this book when I had my girl. I highly recommend this to any new mom wanting to consider a holistic method of caring for their child. Explains the way the body works in laymen's conditions and how to approach things like fever, reflux.. His writing has enabled me to examine my own beliefs (I gave up my battle on germs) and develop the self-confidence to respect and support the disease fighting capability instead of trying to take over its job with medicines. I'm no fan of either, but if parents perform opt for them they shouldn't be made to feel ashamed or afraid. I am a massage practitioner and aspiring herbalist and the info is right up my alley. The publication just didn't end up being what I was looking for. The book found its way to perfect condition, so when expected. Every parent should have a copy of this book to help counterbalance all those conventional influences. A lot of really useful details, great book! A must have for each and every mother or father!5 month old and he just got his first cool :(I am an initial time mom so needless to say am in panic mode. I bought it and have been a huge fan of his work since

then. I have known many to his website and some of my friends experienced huge "Ah ha! Absolutely Love this Book! Proponents of alternative medication can be fear-based and condescending, acting as though giving your child antibiotics or formula is going to kill them. naturally Great resource for new parents. It'll suffice to simply tell them of the possible outcomes without judgment, as this writer does. LOVE THIS Reserve!. I also appreciated his short lesson on the origins of homeopathy and Chinese medicine.. It's been very liberating. When my young children are unwell, I'm no longer fearful. I know how exactly to support them with herbal remedies, supplements and good nourishment while they heal themselves. Parents are flooded with information from all around to medicate for fevers and visit the doctor for each and every little thing. Therefore a health care provider offers you a prescription for steroid cream for your child's eczema, or an antibiotic for that ear infection, but if you don't address the reason, what great is that? It could be so useful to offer a different perspective that doesn't undermine self-confidence in the miraculous ability of your body to heal without medical intervention. A lot of really useful info, great book a must have for treating baby's minor illnesses holistically. The best parent is an informed parent. Good Book This is an excellent book, with great information, I wish it was a bit more in-depth and had more remedies or helpful ideas for things like teething, but over all it's well written. What's funny is a few months ago my acupuncturist acquired recommended my baby two pediatric Chinese formulas, Windbreaker and Grow and Thrive, both which are referenced in this book! Four Stars Good info I got the book immediately. The book just . Neustaedter does an excellent work of teaching how and why holistic medicine might easily give parents better results.. I got the book right away. Even though a number of the info within seemed basic to me, it is, however, very important to know. That's all. Not impressed at most! Nearly disappointed. I agree that healthful gut means healthful person, but I would think twice before giving probiotics to a child who's EBF. Also the author suggests to find a good homeopath. Ais probiotics, chiropractor, Chinese herbal products, homeopathic remedies. I love this book and also have found it very helpful for by natural means I am raising my baby. It's some kind of propaganda. The reserve has very little ready solutions. Issue solved and both baby and momma had been healthier from the treatment! If I disagree with the writer on this matter, how do i trust his other concepts? The book also includes typos. Voila! Yet, I could certainly do without this publication. I regret I got it.



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