



# **Death BY SUPERMARKET**

THE FATTENING, DUMBING DOWN, AND POISONING OF AMERICA



**nancy deville**

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# Death by Supermarket: The Fattening, Dumbing Down, and Poisoning of America



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Although Us citizens worship youth and beauty, we have been aging rapidly. Since World Battle II, factory produced meals, diets, and drugs have caused a fresh type of malnutrition that manifests in weight problems, despair, lowered IQ, disease Death by Supermarket makes a compelling case that the epidemic of obesity and degenerative and neurological illnesses in the US is the consequence of a new form of malnutrition.



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Required Reading!!! This book is amazing. Absolutely Outstanding Read- Essential read by all Nancy, We am engrossed in your publication, "Death by Supermarket". My very own takeaway from this, in one who reads lots of books on nourishment: This book might not be created expertly with regards to style or journalism, but the writer does deliver an extremely readable and revealing reserve here that should be examine by anyone interested in proper diet and learning the truth about food corporations. She also cites particular sources for her material in your body of the task, to back again up her promises. I state bravo, Nancy Deville! This will be required reading for anyone who would like to learn the reality about food corporations and our complicit federal government in keeping us extra fat, sick and dumb. You are in a War with American Corporations I agree totally with the premise of this book, and have written about most of the same topics at treelight. Factory "food" is not fit to consume, yet millions of AMERICANS take guidance from TV and are consuming non meals. cancer and more. And that's just the beginning. "Agave Nectar" is meant to be the new and wonderful "healthy sweet". But do you know what? Hats off to Nancy for the fantastic function! She also seems extremely extremist - very dark and white about her factors - as if there is no room for flexibility. time that the american community found out the type of harmful garbage they are eating this book is very unbelievable. Clearly, food corporations are winning the battle of the bulge. They are only permitted to act in cases of immediate (acute) harm. You are fighting a guerrilla action, and your only defense is informed intelligence. For example, I found the very valuable "The Cholesterol Myth" book through this reserve. The FDA isn't \*allowed\* to handle long-term (chronic) health issues. Their charter forbids it. Advertising and profitable elements are their main weapons. I purchased this book in 2013, go through it cover to cover, and changed my diet habits for the better. So arm yourself with information! This book is a good place to start.. Concern is certainly noble but surrounded by the inept and sometimes corrupted advice she'll receive from FDA and USDA and the agri-business lobby, not really counting the countless nutritionists who are still glued to the lipid hypothesis, won't provide her the truth she needs to make a genuine contribution. Most of it is a repeated rambling, striking the same points over and over. that scares the heck out of me. I've quite a assortment of nutrition research books and yours is definitely hands down the best. The lies claimed showing how exactly to reduce diabetes, heart disease. Trans fats, high fructose syrup, and MSG are slow-performing, long-term poisons that pollute your body, destroy your health, and pack on the pounds.. We've fallen for a monumental con job and, regrettably, quirks of human character, known as cognitive dissonance (google it) have made us inclined to remain with what we have "learned," to the bitter end -- our end! Break through and recognize you have been taken advantage of by the food/medicine industry. Eating non processed, really natural food is the only healthy choice we are in need of. we live in extremely corrupt times, controlled by the big "pharma" companies and the totally corrupt FDA. But they just increased them. We was happy to learn that Michelle Obama has concern about the huge problem this nation faces with ever increasing obesity. We need not die at 60, nor do we have to be loaded down with symptoms that prevent us from taking pleasure in our final years.. While one corporation can help you poison yourself together with your fork, another is making a pill you can purchase to assist you "manage" the resulting disease. ought to be taught in institutions!! about time that the american open public found out what kind of harmful garbage they are eating. i read it twice, and have bought copies for close friends. That comes only when we remain stubborn and follow the clearly flawed nutritional practices which have been drummed into us for a long time which have only led to progressively failing health! the poison we ingest at this time is nearly unbelievable. no wonder this country is so sick. reading this wonderful book ought to be "required" reading for anybody who wants to obtain well. And pray for your day that, at last, we put people before profits. I could send her your reserve, but it would never reach her. and become well. can't say enough about it. patrick, in carson town. Every parent must read this book. I wholeheartedly buy into the details & message of the well researched [book.com/health](http://book.com/health). This book is the voice of reason,

full of what we need to do to improve your health again. It's not really the end of the world. However, the point has been made, and I've been consciously changing a few things in my diet plan, merely to have less chemical substance junk in my body although my diet plan had been pretty good considering... If you want the true truth on nutrition and how it results your health this reserve has it. Yes, Great Carbs/Poor Carbs is great, so are the functions of Ravnkov and Mary Enig but yours is the reserve I'm offering to my daughters-in-law so they as well may learn that may advantage my 13 grandkids and their struggle, LIKE ALL KIDS, with factory food addiction and fat gain. lot of research references. As long as corporate money retains sway in the halls of Congress, that charter won't change. For example, shifting to organic milk, raw sugar, more home made food, etc..Nor have you got any allies in this battle. It's just Large Fructose Agave Syrup. I can't speak for the prior reviewer that gave it one celebrity - to each their very own I guess. Wow, just what a book! Long approved lies are torn down and changed with truth. I do love Drs Eades, and simply completed their "The 6-week Remedy for the Middle AGed Middle:"(it really works-I am now a 76 year aged with the stomach I experienced at 25), but have discovered more from your presentations than from any other book. Clear, easy to read text; Embrace the truth and perform some reasoning and study. On that time, the powerful motors of profitability will be harnessed to \*serve\* humanity, instead of destroying lives in the shameless quest for wealth. I simply wish there could be a method to connect you into this equation.. PERHAPS YOU COULD. What a difference it might make. Consider it. PLEASE.I will buy Karma, as I know it will be super--how could it not end up being- but hope and pray that you will keep your oar in the nourishment pond area.Thank you for what you did, and are doing, and what you would do.John Kaye Good addition to comparable books. This is a topic I read about whenever I find books about it. But the publication is simply too long to learn. She does get yourself a little bit repetitive toward the finish. Convincing. Death by Supermarket is an excellent book about how exactly factory-made food are leading to people health issues. I've very long suspected this for days gone by 15 years given the fact of how many obese people I have already been seeing nowadays; she seems like she feels completely superior to other individuals due to . I was expecting a lot of rehash of items I had currently read and was pleasantly surprised to get significant new materials. I think 100 pages could be safely trashed of the window. The true truth on nutrition and health! Concerning how many drugs people are taking. Overall, Death by Supermarket is not bad really and may solidly convince a conscientious reader to create some dietary adjustments. it didn't become that case through the 80's and the 90's.. Nancy did a great work explaining how our food chain can be affected and gives several analysis references and various other books. As a dietitian, I can appreciate what the writer is trying to perform by writing this publication. However, I also have a lot of criticisms about it. For one thing - it is not a well crafted book. Nothing flows together, even in one paragraph to some other (it seems sensible that each chapter is usually a different subject, but there exists a ton of unrelated details in each chapter) and sometimes it is incredibly hard to complete to her point because of the incredible overuse of parenthesis through the entire publication. I also got a totally condescending vibe throughout the book - to me, she seems like she feels totally more advanced than other individuals due to her lifestyle/food options - it did not leave an excellent taste in my mouth area (no pun intended) and it just produced me dislike her. So even when you're trying to be healthy, an American company stands prepared to make a buck at your expense. Despite the fact that she is not a dietitian herself, I feel that people such as this are why many dietitians and nutritionists get a reputation as the food police, trying to take away everything that you love. A Book to Live By A publication to digest about foods we digest that deprive instead of nourish our requirements. The best gift you can provide or receive because it has essential and life-saving information.



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