

"Colley brings the timeless wisdom of Ayurveda to a contemporary audience and shows us how to discover more about ourselves and our relationships."

—DEEPAK CHOPRA,

author of the New York Times bestseller *How to Know God*

# WHAT'S YOUR DOSHA, *Baby?*



Discover the VEDIC WAY for  
COMPATIBILITY in LIFE and LOVE

Lissa Marie Colley

FOREWORD BY DR. VASANT LAD

*Lisa Marie Coffey*

**What's Your Dosha, Baby?: Discover the Vedic Way for  
Compatibility in Life and Love**



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will help readers find true joy and achieve great success in life, love, and relationships."--Deepak ChopraThousands of years back, philosophers and scientists in ancient India devised a system called Ayurveda, or "the science of life," which explains the type of everything in the universe. Today, in What's Your Dosha, Baby?, author Lisa Marie Coffey applies this ancient wisdom to modern-day human relationships, offering readers an exciting new way to measure their compatibility with fans, friends, co-workers, and family, and arming them with the insight they have to make all their relationships work. Ideal for those looking to end the squabbling with their mate, resolve a conflict making use of their boss, or get the man or girl of their dreams to commit, What's Your Dosha, Baby? After determining their personal dosha--one of three personality types predicated on physical features and personality traits--readers can learn how their dosha interacts with the others, their physical and emotional communication styles, instinctual preferences regarding food, travel, life-style, and work, plus much more."Coffey brings the timeless wisdom of Ayurveda to a contemporary audience and shows us how to find out more about ourselves and our associations.



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