



FROM AMERICA'S
BEST-SELLING
VEGAN COOKS

VEGANOMICON

THE ULTIMATE VEGAN COOKBOOK

ISA CHANDRA MOSKOWITZ & TERRY HOPE ROMERO

AN EBOOK OF TIPS AND TRICKS WITH A VEGAN VIBE AND TONS OF RECIPES THAT MAKE YOUR VEGAN LIFE EASIER

Isa Chandra Moskowitz

Veganomicon: The Ultimate Vegan Cookbook



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Recipes include: • Autumn Latkes • Samosa Stuffed Baked Potatoes • Grilled Yuca Tortillas • Baby Bok Choy with Crispy Shallots • Chile-Cornmeal Crusted Tofu Po' Boy • Roasted Eggplant and Spinach Muffuletta • Jicama-Watercress-Avocado Salad with Spicy Citrus Vinaigrette • Acorn Squash, Pear and Adzuki Soup • Tomato Rice Soup with Roasted Garlic and Navy Coffee beans • Asparagus and Lemongrass Risotto • Almost All-American Seitan Pot Pie • Hot Sauce-Glazed Tempeh • Dark Eyed Pea Collard Rolls • Chocolate Hazelnut Biscotti • Pumpkin Crumb Cake with Pecan Streusel Moskowitz and Romero's newest delicious collection helps it be easier than ever before to live vegan. All of the dishes in Veganomicon have been thoroughly kitchen-tested to ensure user-friendliness and amazing results. You'll find more than 250 recipes--plus menus and spectacular color photos--for meals that may please every palate. And by well-known demand, the Veganomicon includes meals for all occasions and soy-free, gluten-free, and low-fat choices, plus quick quality recipes that make dinner simple. Who knew vegetables could taste so good?



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