Print Material

Beauty and the Last

BOOK OF ORIENTAL BODY CARE

WENDY BUONAVENTURA

Wendy Buonaventura

Beauty and the East: A Book of Oriental Body Care



This fascinating story of body care and the creation of sensual ambiance targets customs practiced in the Middle East, Africa and India and takes a humorous consider the often converse attitudes toward the body prevailing in the West.



continue reading

Better than described Much better than described. Its also a really good ref reserve for the individual who's just curious generally about this subject matter. I haven't tried producing anything from scratch, but I did so appreciate learning about the various methods and uses written about in the book. For the long soothing just for me day One, I am set for a Turkish bath. Relax with this book, and rejoice in being a woman, with our mysteries and our power, and dance through existence either you are looking at the topic or not. Written by Wendy Buonaventura (who also brought us "The Serpent of the Nile") in an exceedingly readable and engaging design. I enjoyed the personal encounters that didn't detract from giving genuine ritual stories and folk elements, etc. Very good info Its a good reserve to have for the person feeling creative and inclined to take the time and patience to accomplish some of the stuff in the book. Just has a bit of creasing on the cover but besides that its in great condition! AN EXCELLENT and Sensual Look at Beauty Rituals The title might be a bit misleading, because so many people might think Asia/Far East when they read "Oriental." This reserve includes Egypt, Greece, Iran, Turkey, India, Lebanon and more, presenting a wealthy cultural feast for beauty and body caution rituals. Eastern Body Care Great personal experience info. If her picture on the back is certainly any indication, this reserve has terrific information.. Slow down: take the time you crave to primp, languish in a scented bath instead of rushing through a 10 minute shower. Two, that is a wonderful reserve to have for when you have a day to yourself and you want to do a home pampering. It's a book ... :)This book takes a few of the *work* out of a beauty routine, and makes it a more sensual experience that lots of Western females should appreciate. either you are interested .Some of the suggestions presented might not appeal to the average reader, but for the woman who is interested in building her own potions and lotions, this is a fascinating book!. It's a publication... I recommend this highly just for the stories the author has to state on Middle Eastern body and spiritual care.



continue reading

download Beauty and the East: A Book of Oriental Body Care epub

download free Beauty and the East: A Book of Oriental Body Care txt

download The Four Stages of Yoga: How to Lead a Fulfilling Life mobi download Touch of Joy: A Yogi's Guide to Lasting Happiness mobi download Tattoo Traditions of Hawaii e-book