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Penelope Ody

The Complete Medicinal Herbal: A Practical Guide to the Healing Properties of Herbs, with More Than 250 Remedies for Common Ailments



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35,000 1st printing. Elaborating upon the recovery powers of natural herbs, this guide demonstrates the best solutions to extract healing properties and contains an A-to-Z portfolio greater than 120 medicinal herbs.



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along with the uses of each part of the plant; The only real advantage of that one on the other is that there is a section listing general ailments and herbs to use to relieve them. And deceiving the favorite types. This book took me two days to be achieved with. I got heard so much about THE ENTIRE Medicinal Natural by Penelope Ody that I experienced to order it for myself. I made a modified Comfrey oil using coconut oil rather than sunflower oil. So thank you very much for thinking of the common Joe when you wrote this wonderful book of understanding, all of the dry itchy skin can be supple &That is what I intend to use mostly. I'd have loved for more information about collecting developing drying and storing and also expiration. I guess it's another book I'll find that in a single day. Because I am talking about gaining that ualuable herb grandma knowledge I know it will not be all out there that easily available:) I spend hours looking at this book. Theres therefore much I wish to learn Very beneficial book with a little bit of history on historic Medicine from around the world. I love that it shows pictures of ingredients and illustrations of most usable parts of plant life with descriptions on how to get the best usage of them. It also gives recommendations on home remedies and steps to make them yourself using different methods that accommodate your look and preference. Such as capsules, teas, essential oils, pomade and far much more. An excellent read and must have for all plant lovers! When I was in middle school I discovered this book at our college library and fell totally in love with it. It's not only filled with great and practical info, whoever designed the layout did a truly fantastic job. The pictures paired with simple descriptions of various areas of the shown natural herbs is a treat to your eyesight as you find out more about this marvelous uegetation. From D.As an apart (which is hardly the seller's fault) for informational purposes: While the book is well written and beautifully illustrated, the first thing that my sister noticed was the conspicuous lack of turmeric from this book. Very informantive Excellent addition to AUY library. A Wonderful Book I am new at herbs and their functions, I am so glad I bought this book because it is everything I wanted to learn and more. I read the reviews before I purchased this reserve, I am not really a pro as most buyers claim to be but I never did realize why anyone will complain about the history of herbalism as illustrated in this publication by the wonderful article writer, how else is definitely any rookie on this subject likely to know the history.. I wish to know the true history of herbal remedies and their true uses and I am learning very fast that herbalism is certainly nothing at all to sneeze at for all the wonderful ways ${ t I}$ possibly could use herbs for my family and friends health. Nevertheless the pictures are beautiful and it's quite neat for a beginner. I loved the reserve so much that whenever another girl at my school developed interest in it as well, it turned into a war or sorts over who surely got to check it out. Great book! Recommend Love this book. Nonetheless it is sort of a 'pick it up and appearance it up' one. This amazing book is a library alone! Filled up with beautiful color photos of all herbal plant life and their parts so that you can easily identify plant life; I'd get Risemary Gladstar's Medicinal Plants over this one Although it is a nice book, if you had to pick between the two popular ones I'd opt for the other one steps to make tonics; the annals of herbal medicines; making essential oils; making poultices, creams therefore much more! You'll find more than 250 remedies for common ailments; the itching has totally stopped. This can be the bible of herbal medicine! Once thought to be considered a indication of those who practiced witchcraft, increasingly more of these in the professional field of healing are turning back to once again using medicinal herbs. A skill respectable in the Eastern cultures, medicinal herbal remedies have continued to grow in popularity since the 1960's right here in the US. That is a treasure! It offers completely replaced the Cortisone Cream applied to my dad's poor hands. It's a necessity for all those who desire to be ready for any emergency. Figure out how to identify the best vegetation and which plants to grow in your garden to have on hand for your family's specific needs. I don't think you'll find anyone more knowledgeable in herbal supplements than Penelope Ody who has studied in China and England and practices as a professional medical herbalist in England and writes for several publications about them. Great publication! I made a modified Comfrey essential oil using .. Great read and info. Florida. In the event that you own herbal books and are

knowlegeable I would not advocate this because you may not learn much.We highly recommend this reserve for your house library or preparedness library. Great Medicinal Herbal Instruction!. one software &and steps to make a herbal medical kit! My dog's hair has started growing back again & It couers the majority of the aspects of using herbs. moist! I will be trying as much natural 'recipes' as needed for much better, natural health! Beautiful book, but lacking some info. Bought as something special for my sister who's very into herbal healing. I purchased this publication used in good condition and the book I received was in definitely pristine condition. I was thrilled and so was my sister. Now an adult, I purchased my very own copy to keep permanently! I am an average person and by the way in the medical field who's not absolutely all that impressed by the present day synthetic medicine since if we consider one medication to cure one disease, then we will develop 10 other illnesses because of the side effects of that one drug. Great medicinal herbal guideline! Essential for Natual Healthy Living Very informative for individuals who wish to use holistic therapeutic as an alternative to today's pill pushing healthcare system. Necessary to those who desire to live a wholesome lifestyle naturally. Exceptional how-to book.. so while it is rather comprehensive, I wouldn't call it a "complete" guidebook to medicinal herbs. Packed with lots of helpful information. Even if you aren't thinking about learning steps to make tinctures or ointments, this publication is a great read and a treat to the attention! Would recommend to anyone. Great book My daughter is actually into this so it was the perfect gift Best medicinal herbal available Completely love this book bought two of them one for myself and one for a friend very best medicinal herbal I've ever seen Must have I have had this publication for 17 years (since 2001) and it is by much the very best medicinal / herbal / edible / treatment / history book about them I have run into. It is definitely a must to any home library and reference direct. I recommend it! A Must Have FOR EACH Family Oh I was so excited to understand this! GREAT Wealth of info great reference book loue this book keep it since a reference and for interesting reading



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