



Sounds True

Conscious Aging: A Creative and Spiritual Journey



[continue reading](#)



Old age getting ya down, read this and feel better I could relate to this CD as I am 75 and starting to break apart.).Beat on heart, beat on. I have already been thinking like that for quite a while now and this CD helped get me back again to the Garden. Long been a favorite I first heard this program with Ram Dass in 1992 and actually still possess the cassettes (FYI millennials, cassettes were little plastic holders with many foot of narrow "tape" with which we recorded and listened in the past in the dark age range - they even made cars with cassette players in them! I'm a big enthusiast of his and I will buy more of the for my friends that are needs to rot also. Best cd ever. I QUICKLY listened to the wisdom of Ram Dass. The thing that hasn't transformed, will never change, may be the message.I experience like an old Ford Pick-up sitting in the driveway color peeling, suspension is shot, and is not going to last much longer. It isn't likely that I'll produce it to Hawaii thus I'm so happy these teaching are available Grateful to hear the teachings of Ram Dass about agin. great condition fast delivery wonderful tapes great condition fast shipping wonderful tapes! A Must Read/Listen I have ordered numerous Conscious Aging CDs to provide as gifts. The initial CD on maturing is extremely funny. MANY THANKS Ram Dass for this master-work. Within the next CD, he addresses the dying process, a natural transition most of us face. His strategy helps allay fear and provides comfort. My 42 year older daughter and We took a street trip and she found it extremely funny and true for someone her age aswell I have listened to this tape over and over. I am 66 yrs. so helpful! My 42 year old girl and I required a road trip and she discovered it incredibly funny and accurate for someone her age group as well. Four Stars extremely Ram Das and interesting insights many years before his massive stroke. Ram Dass talks are easy to understand, humurous with deep insight of human psych and character. The experiences and tales that he shares with us are priceless. Listen, should you have lost someone you care about. Having recently suffered a reduction in my immediate family members, condolences came in, therapy was sought, zero solace came. Listen now and listen once again in two decades. He put things in perspective, cleared my eyes of tears, brought peace to my heart. Ram Dass has a significant sense of humor and he listening to him talk about our natural aging procedure, is definitely wonderfully funny. Namaste! The timing is right.Anyway, still the same beautiful language, the same outrageous humor, and the same straight-as-an-arrow to your center message. Deep insight with heart touching stories. It's not likely that I'll make it to Hawaii therefore I'm so happy these teaching are obtainable!! but still laugh at Ram Dass humor.! Five Stars wonderfully inspirational and funny



[continue reading](#)

download free Conscious Aging: A Creative and Spiritual Journey fb2

download Conscious Aging: A Creative and Spiritual Journey e-book

[download free The Dynamics of Fashion txt](#)

[download free Survey Of Historic Costume: A History Of Western Dress epub](#)

[download T'Ai Chi for Seniors: How to Gain Flexibility, Strength, and Inner Peace djvu](#)