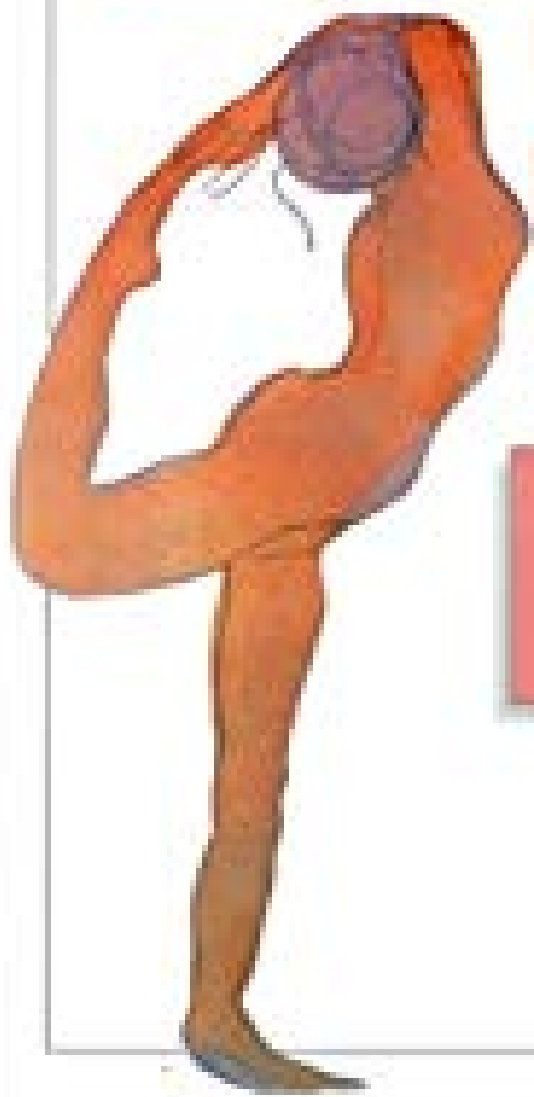


# *The Triumph of* Individual Style

A  
guide to  
dressing  
your body,  
your beauty,  
your self.

by  
Carla Mason Mathis  
and  
Helen Villa Connor



Carla Mason Mathis

# The Triumph of Individual Style : A Guide to Dressing Your Body, Your Beauty, Your Self



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This pattern comprises of lines, designs, proportions, body particulars, scale, colors, and textures. The process entails what the authors call a person s design design. This text aims to instruct the reader how to assess her body type and then choose clothing that appears good on her. How they fit collectively in harmony and how an individual infuses them with her innate creativity is what authors call style.



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. Glad I came across it!" For example, rather than instructing the reader about how exactly to disguise her big tummy or a brief neck, the writer instead offers easy methods to emphasize or de-emphasize the circular tummy or less-than-swan-like neck. Your choice; you may love your short neck and desire to play it up. I also just like the usage of paintings to illustrate concepts such as high comparison coloring or bodily texture. Five Stars Demorou um pouco. The theories are classic.\\_\_\_\_\_Also, in order to find out about Color theory to get even better. It is beyond style and is truly a style book. The only other publication that I would recommend in this subject is normally "FLATTER YOUR FIGURE" by Jan Larkey. While Jan's book has outdated pictures the information is not. So, to learn everything you need, understand this reserve, that is when you can come across it and I did for \$20 and NOT the ridiculous \$100 price tag that some vendors have got on it, "Flatter your body" and a book on an individuals coloring and what colors works best in them. Those you will discover just about everywhere, but "Color me Beautiful" seems to be the best types out there. All the other books, also by the newbies of authors from their Television shows just reiterate what these books talk about. Added: One more book to get is usually Gown for your personality is definitely "WHAT's MY Design" simply by Alyce M. Parsons and Phil Willette. The one and only book for learning your style or for Fashion consultants You can buy a ton of books on fashion and how to dress a kind of body, but NOTHING comes near this book. Thoughtful & Pretty sure I still need a great deal of practice making it all work, but I picked up some great tips the first go through, and I must say i felt well informed and okay as 'me'. Great book on how best to make things appearance right/great with proportions, its about making who you are and everything you have look attractive, beautiful ,and great--just as if you always knew you need to be able to. COLOR Functions, the crafter Guide to Color by Deb Menz FOR ANYONE who wants to find out about Color Theory this test breaks it down in order that ANYONE can understand why subject. I learned even more about color theory in this book than all others put together because I now "Understand" the idea. While this book is for the textile artist, ALL artists should obtain it and can be has cut outs to use when choosing your colour palette whether for Fashion Design or Art. Your Library Should Have: 1. I personally believe that the section on colour was overcomplicated, but this book is nevertheless essential. Flatter your Shape by Larkey 3. Color me Beautiful, some of them will work, they all talk about the same stuff 4. What my Style by Parsons It is a book for people who like to think that and enjoy art for sure I'm hooked on this book.. This is a book for people who like to think and enjoy art for sure, also for those who just desire a deeper of knowledge of what works for them and why.. The actual info is timeless as is the art work to depict the concepts. I can't believe there is not more buzz about this book. in-depth publication about style choice I love that this book makes very few judgements in what is "good" or "bad. Great reserve on how best to make things appearance right/good with ..... I have been reading more about style and fashion and the concepts shared by Mathis and Mason are great. It is this interesting undertake understanding one's exclusive body, encounter and coloring. a lot of very unclad females- showing how the body comes in all sizes and shapes and provides been celebrated as beautiful in all those shapes and sizes, throughout all of history and in many different cultures--I don't generally appreciate that in books, but it works for this one and I'd lend this to some of my female close friends who need an psychological validation that they are really okay and beautiful, actually if they don't suit the stereo-typical 'fashion picture' we usually get in many how-to-dress-better books or on-line sites. It's ideal for both professional stylists (if indeed they haven't seen it .. I can't agree with the reviews saying the publication is dated. This is a really bible of style. It's useful for both professional stylists (if indeed they haven't seen it however) and ordinary people who want to work on their style. A great deal of information, and incredibly useful info at that, presented obviously and succinctly,

with plenty of examples from classic paintings of females. The book covers numerous topics - how to analyze the body structure and specific body features, your facial features, your color and what to do with all that, how to translate it into clothing and components, how to pick necklines, earrings, prints, whatever. This book2. Carla Mason Mathis is brilliant The Triumph of Individual Design is the most interesting book on how to dress I've ever seen. Caution, this book is filled with "traditional" artwork--paintings, sculptures, drawings.I don't find it out of day as stated by a handful of other reviewers. Five Stars Very good shape of the book, rare find. Thank you! Happy that I got my hands on a good copy This book is a classic. This book isn't just for the novice but should be required reading for anybody who wish to be a stylist or style consultant.



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