

A COMPLETE GUIDE

HOW TO CARE *for* AGING PARENTS

The book that answers the questions you hoped you'd never have to ask. Addressing the needs of both the cared-for and the caregiver, it's a one-stop resource on the medical, emotional,



legal, and financial issues involved in caring for an elderly parent. You'll learn the options, get help sorting through the confusion, and

receive day-to-day reassurance that you're doing okay.

"A work of great value, written with sensitivity and wisdom... it fulfills an obvious need better than anything I've seen."

SHERWIN B. NULAND, M.D.

VIRGINIA MORRIS

FOREWORD BY ROBERT N. BUTLER, M.D.

Virginia Morris

How to Care for Aging Parents



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A compassionate, single-volume mention of the many topics associated with looking after aging parents covers such areas as assisted living facilities, finances, finding a good doctor, legal arrangements, redefining parental human relationships, and handling emotional issues. Tour. Original.



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A Graduate Course THAT LOTS OF folks Will Need I suggest everybody read this simply no later on than when their parents reach the age of 60. Assisting and looking after ageing parents equals the task of raising kids and occasionally extends for as many years. It is best to have a good overview before the need arises. At 640 web pages, it really is fully indexed, so you can just use it as an encyclopedia for the things you don't know. Probably because I am a nurse and more aware of what's entailed in looking after people with disabilities, I was longing for more. the many quoted reflections by adult children caregivers, which are illuminating and touching; Amazingly helpful and useful. I was disappointed about the lack of specifics on changing the diaper of a bedridden adult and approaches for properly moving an elder who's weak and unsteady on his/her feet. Another companion publication to this one, also by Virginia Morris is normally a publication called "DISCUSSING Death" can be an invaluable in depth appearance at end of life issues. Nevertheless I highly recommend this book. Essential Resource!! This is my third copy of the book. I've loaned out/given away my additional 2 copies rather than got them back. This book was delivered to me when my dad was diagnosed with cancers. We say among ourselves, you can't make this stuff up, and no one writes a reserve to tell you how to get this done, but here is a book that really is a great resource. For all those not luckily enough to possess siblings nearby or who work well together, "HOW EXACTLY TO look after Aging Parents' is an extremely good begin to understand the countless plans needed to care for aging parents. Estate preparing, end of existence decisions, legal considerations, funeral planning, resources for longterm care, cancer treatment, Alzheimer's and dementia, respite look after caregivers, and so a lot more practical info all in a single place. A must for anyone with aging parents, and worth a read so you can make things less complicated for those who will be looking after you in your later years. And throughout the publication, the caregiver is encouraged to deal with themselves, never to get discouraged, to guard against the depression and anxiety that of this causes. I also thought the frequent reference to "spending down" to achieve Medicaid eligibility must have more frequently been associated with warnings about the dangers of longer waits and sometimes poor services by companies that accept Medicaid reimbursement. Great resource, lots of helpful info, and a reminder: YOU AREN'T ALONE Plenty of great information. The one thing I would have enjoyed to have observed more of was 'Very long Distance Crisis Administration' (which we were in sore want of). Reminds you you're not alone. Obviously not every piece of advice will fit every family, nonetheless it gives you lots to take into account. I wish my brother would read it as well, but at least he's gotten a few of the info used through me. I remember thinking at that time that I desire I had go through this book about six months earlier. This book has the right basic advice This book has the right basic advice. The strengths of this reserve are: Its breadth and depth of obviously presented information; Unless you know where to start with figuring out how to look after your aging parents, this is a good reserve to use to begin with the journey. All the information needed to learn about the issues of aging parents. This book is very comprehensive and informative. I downloaded the Kindle version and also have numerous bookmarks and notes. I've read it all and discovered it very helpful for my current situation. I ordered books for my siblings as well so we are able to have a better knowledge of the road ahead. Love, Patience, Understanding Many people today end up in the unpleasant (or important) position of looking after an ageing parent or parents. They just want their life to go on as before, with their independence and autonomy. No fuss, no muss. No nursing home. It has information regarding every part of eldercare from what signs and symptoms of maladies common in geriatric individuals. Five Stars Title tells the tale - lots of great information and help in this publication.. It covers every possible helpful thing you could imagine, from safety

strategies for your parent's home to choosing them to the physician, being their advocate when they can't keep all of the facts straight. I have recommended this reserve to dozens of people through the years, including my financial planner who gives a copy to new clients. This is a serious issue to care for a parents in fact it is challenging. The lovely 'circle of life' is a nice idea, but in reality---yes, they did care for us as babies and now they want our help---but they aren't babies and they don't want to have to need help at all. I was awe struck by my partner and her sisters and how both took turns during the week and weekends during their parents senior years. So we should anticipate their needs, be there to greatly help, and recognize whenever we need to get outside help, because we simply cannot do it all, and maintain our own lives, careers and families as well as theirs.; most don't think concerning this topic until it happens like me. most don't think about this subject until it happens like me. It's a lot more complicated than you imagine especially if you don't have a genuinely loving relationship with your parents. It arrived in helpful for my sister who is our mother's caretaker. informative informative One-stop shop Very helpful. I highly recommend to everyone I know who is coping with the many decisions involved with caring for maturing parents. It calmed me down and took the stress out of all the planning that should be done. It has checklists, resources, anecdotal experiences - and it is written from the perspective of a kid who wants to do what's right. It's not really sterile or hyper-technical. It's methodical and patient and comprehensive. Then you will want to refer back to various chapter of the book (or perhaps a subsequent edition of it) as your parents' needs evolve. Personally i think so much safer having this as avresource to do whatever I can for my parents, whom I dearly love. You can read, look up just the subject you need at the time, in the table of contents or index, ---it will not require that you browse it from cover to cover to obtain a lot from it. Read it just before your parents get to 70 yrs. Excellent resource atlanta divorce attorneys way I have bought this book for at least 6 other friends.. It's so much more complicated than you .This book was an invaluable tool and resource for me. Great Reference Lots of information for family members and caretakers. This reserve has given us a lot of insight and possibly some guidance for the future. Five Stars If you are a caregiver, this is your brand-new bible. and the annotated links. This is an essential reserve for anyone who cares or is about to look after a parent. useful, and completely in target INVALUABLE!! During two 12 hr drives (to/from aging parent area), we utilized this as a crash program guide, and it proved its well worth repeatedly during our stint. The book is well-created, thoughtful, useful, and completely on target, on any topic we'd a question about. Some anecdotal stuff too. Fabulous source - buy it!



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