

MILADY'S

*Theory and Practice of
Therapeutic Massage*

SECOND EDITION



MARK F. BECK

Mark F. Beck

Theory & Practice of Therapeutic Massage



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Comprehensive and readable, this book focuses on the essential information had a need to start a career in therapeutic massage and the revisions address teh growth and standardization currently taking place in the massage occupation.This newly-updated edition is recognized as a recommended resource by the National Certification Board for Massage therapy and Bodywork. Special insurance coverage includes over 700 richly illustrated drawings, updated and expanded anatomy tables, revised business practices and administration coverage, and more!



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Descriptions of different modalities plus photos of the movements. And even though I've been a certified therapist since 1991, I still keep the publication on my reference shelf (several editions, actually). Therefore if this text is necessary for your classes, brace yourself and buy it; the scope of materials should continue to serve you long after graduation. The grammar is usually incorrect in several places rendering it difficult to comprehend. Clay. This is a well written Book. Excellent content Arrived in great condition. Most workbook chapters have at least one of these mistakes and several have many of them making the workbook not only difficult, but confusing. Nevertheless, there are places where the definitions to the vocabulary are lacking in the reserve, where questions or labeling are answered in a future chapter, and where the queries are worded so in a different way from the publication it takes outside research to solution them.com/gp/item/0781756774/ref=oh_details_o00_s00_i00 Disappointing This workbook is written to accompany Beck's Theory and Practice of Therapeutic Massage. The images, tables, and diagrams are superb. Sometimes, even the answers that they have from the teacher's instruction are clearly incorrect or at best confusing. I am aware that workbooks are designed to cause you to think and actually get yourself a grasp on the materials, but I really believe that this should be accomplished without leaving the student confused. This book does a nice job of covering a LOT of topics for massage therapists. Love this Book! The information is presented in obvious conditions, with definitions highlighted and no problem finding throughout each chapter. Our teachers have got even had trouble helping us find answers in the reserve. It's fun to read, and an ideal reference for all kinds of questions or curiosities. It includes a large amount of practical advice, and useful assets and websites you can examine out. I absolutely love it!. I'm keeping that one. This was unneeded and its therefore annoying that the institution said we needed it, only to find out afterwards we won't even be tested (when it counts) on over fifty percent the book! One or two mistakes would be acceptable, but you can find too many to be counted. Apparently the writer helped to create the MBLEx, therefore i will see how valuable the massage information is when I take the test. The worst section of this book may be the anatomy portion. It really is as if five differing people collaborated on the charts in the sections on the muscles and refused to utilize the same terminology. If you don't have a good grasp on anatomy it'll be totally confusing. Save your valuable time and get yourself a Trail Guidebook to the Body. The Trail Guide will explain things far better and the photos are great. Also, there are some terms which are defined one method in one chapter and in another chapter, they're defined so differently that it's confusing. <http://www>. The presentation and . Superb content good buy ! Some textbooks I'll sell back following a class is over. This is a well crafted Book . The display and the pictures are very clear. May be used as a text publication for learners and reference for practitioners. SO informative! Yet not for OH LMT I love this book! So content we needed it for class. Its very educational about the history of massage. Thats mainly because far in as we are, but its created so wonderfully I have started reading chapters ahead since it has so very much information I want to know! I no longer recommend this book, actually I would rather suggest you borrow it from the library or another student, or if you must purchase it, obtain it super cheap used, with hi-lights, someplace else! A complete section on spa providers and even a few spa recipes. Costly, but there really is no substitute when it comes to its scope Though it includes a hefty price tag, this book remains THE CLASSIC for beginning students of professional massage and bodywork. Sadly, in Ohio we just need to find out about 3-4 chapters from this entire book that are on the Condition Board Medical Exam. EDIT: We reviewed this book immediately after buying it and reading through a good portion of it. I recommend this book! Sorry Five Stars Taught me everything I had a need to know about the theory of massage. Anatomy is lacking This book had not been edited well at all. Several chapters on advertising and having your own practice. Save your valuable money, split the price with other learners in class. Disappointing We are using this book in our massage classes even though it teaches the things it should, it is poorly written. It will often use a number of different terms over the course of many paragraphs without explaining that it's talking about the same thing. ****UPDATE**** Let me also add that there surely is a straight better massage textual content available here on Amazon: Fundamental CLINICAL THERAPEUTIC MASSAGE by James H. You can find areas in the glossary where words and phrases are misspelled, and at least one place, that looks like the sentences were cut and pasted back collectively leaving the letters jumbled. If you use both to understand the anatomy the Theory and Practice book will display its inconsistencies. It also contradicts itself on some things from one chapter to another. I could recognize that all books possess mistakes, but I have read fiction that had better grammar

and no spelling mistakes. At the purchase price we pay for college textbooks, I really believe that they must be edited carefully and really should train their material clearly. Arrived in great condition.amazon..! good buy !!



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