

By the baby experts at Mayo Clinic

# MAYO CLINIC

## Guide to Your Baby's First Year

From  
Doctors Who  
Are Parents.  
Too!



the baby experts at Mayo Clinic

## Mayo Clinic Guide to Your Baby's First Year: From Doctors Who Are Parents, Too!



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doctors who are also parents. where's your pediatrician? Where's your own mom or smart friend? when you desperately need reassurance and guidance? Mayo Clinic Guidebook to Your Baby's First 12 months is a reliable, ever-present way to obtain both details and wisdom. If you are confronted with a perplexing development, grab this complete Instruction by the baby specialists at the renowned Mayo Clinic. Yikes, you're suddenly parents, house alone with your brand-new baby! When you question what might happen next, check the "Month-by-Month Development and Development" web pages of the trusted companion.



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Concise, scientifically rigorous, and part of a coherent series There are a million of these kinds of books, so it was hard to stay on just one. It is possible to pinch zoom but that makes the text blurry and it has to be done once per web page. Having a wacky character or a bold brand-new insight into childhood development may be best for spicing up an bout of Dr. Oz, but I favor a book which has the backing of some type of medical institution. I was pretty sure that meant a publication from the American Academy of Pediatrics. Sounds good, ideal?My big problem with the AAP books was that there were just as well many of them. This is one of the choices for the "free of charge e-book for prime members" offered together with your Amazon baby registry. X-ray function doesn't work. This supplies all the details new parents need! Exceptional source of information. There's no agenda apart from what's best for mother and child. All extremely fine books, by reviews, but the entire collected seemed a little too incoherent to me. And did I really need an encyclopedia's worth of literature to understand this child through his first season?Then there's this reserve. A measly handful of reviews, which is odd, considering it's the follow-up to the well-reviewed Mayo Clinic Guideline to a Healthy Pregnancy. That was our being pregnant book of choice, and we idea it was great. I'm currently very proficient in infant and child development due to my job but also I was able to get lots of good info out of this book. It's super easy to Obtain through without a lot of fluff. It's readable, with more than enough humor to maintain you interested, however, not so much as to be cloying and false. However, don't choose the kindle version. And it steers you in the right direction, laying out the professionals and cons of each decision you need to make, but it doesn't get preachy. A reserve on his third Tuesday through his ninth wintertime solstice. Maybe on top of that, though, is that it's concise without having to be cursory. Some texts are cropped out.Overall, a fantastic book. Various other books don't have extensive lists or they, like 'What to anticipate. Don't however the digital edition - it is awful Whoever decided to make the kindle version non-textual (each page can be an image) is genuinely a horrible person.. I really like the sections about medical and health conditions to consider. Don't waste your money on "What to Anticipate" ...pdf doc rather than a properly formatted Kindle e-book. Greatest baby publication out there for the analytical-minded that want actual answers by educated individuals. Sensible, scientific and not at all preachy Most baby books are filled up with cutesy emotional stories and thinly veiled judgments, but this one just presents the reality and recognizes that everyone's baby, and everyone's circumstances are different. For a person with a logic-based brain, that is a great resource without all the annoying emotional filler. When we felt is definitely wasn't comprehensive enough, we knew the place to start at least. This one isn't either No baby book is perfect. That's way too nuanced, too much. But what I love about this publication (that's missing in various other books) is a very clear activity list of what to do with a baby each month to greatly help her develop and a milestones checklist. Other books I have don't provide these details in that neat and useful format. I cannot imagine how they'd improve it. Excellent book for first-time parents and so far I like it better than "what to expect the first calendar year..', complicate things an excessive amount of by spelling away what the baby will be able to perform, what it could do, what some babies could do. This one isn't either.This book also provides other information linked to newborn care, common health issues, but not as much as other books. Don't choose the Kindle version The information in the book itself is fantastic but the Kindle version is awful. You can't bookmark, save, highlight, or search. If you decide to choose the book, buy a difficult copy. Very straightforward info. When you get past all of the stupid forum articles, you then have to figure out what's and isn't reliable information on the parenting sites and all of the conflicting information on medical sites. This book kept us on track - we looked up our questions and issues here initial. Often, it had been our only stop. No baby reserve is perfect.. I purchased the Kindle edition of this reserve. Don't do it. It hasn't been set up for Kindle. The font size is usually tiny. The font isn't adjustable, and the page cannot be zoomed. BABY'S FIRST YEAR. Obviously every child is a unique snow flake, but this reserve gives you ball park. I acquired the digital edition for the purpose I could read through for the

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