

Never Be Sick Again

One Disease • Two Causes • Six Pathways

**Health Is a Choice
Learn How to Choose It**

Raymond Francis, M.Sc.
with Kester Cotton

Foreword by
Harvey Diamond
Coauthor of the
#1 New York Times
Bestseller *Fit for Life*



Raymond Francis

Never Be Sick Again: Health Is a Choice, Learn How to Choose It



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It provides readers, no matter what their present health, a holistic approach to living that will empower them to get well - and stay well. The diagnosis: acute chemical hepatitis, chronic fatigue, multiple chemical sensitivities, and many autoimmune syndromes, causing him to suffer fatigue, dizziness, impaired memory, center palpitations, diarrhea, numbness, seizures and numerous additional ailments. Knowing loss of life was imminent unless he required action, Francis made a decision to study solutions for his disease himself. His findings and eventual recovery led him to summarize that virtually all disease can be both avoided and reversed. Why perform people get ill? How can it be reversed? What's disease? In Under no circumstances Be Sick Again, Francis presents a seminal work based on these results - a groundbreaking theory of health and disease: there is usually only one disease (malfunctioning cells), just two factors behind disease (insufficiency and toxicity), and six pathways to health insurance and disease (nutrition, toxins, psychological, physical, genetic, and medical). How can disease be prevented? This amazing book answers the questions: What's health? It'll teach readers, in one easy lesson, an entirely new way to look at health insurance and disease - a strategy that is clear to see, yet so powerful that they may, indeed, never have to be ill again. Providing a basic understanding of health insurance and disease, this reserve will take the mystery out of disease. One day Raymond Francis, a chemist and a graduate of MIT, found himself in a hospital, battling for his life.



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Life changing It is a existence changing read. We are amazed with services advertised as something special of modernity and forget that we are living in a commercialized world. This reserve educated me to take the duty of my health instantly and take the right decisions to be healthful rather than following the crowd and became unwell. Would recommend to all or any as essential READ Requires a lil while get started - yet when it can -- a superb reference book for ANYONE serious about caring for their health. Lucid and immensely useful guide. He not merely explains this content, he tells you what to do and what to buy in order to live a healthy, illness free life!!!! Raymond Francis does a wonderful job in focussing on the fundamentals and clearing out ... The idea of 1 disease, 2 causes, 6 pathways is a very simple way of explaining the complexities of the body and its conditions. It blows my brain that people gained't believe scientific experts when they carry out and publish results in peer reviewed journals, but somebody writes a series of books based on an anecdotal tale, and folks buy it immediately. Raymond Francis will a wonderful job in focussing on the basics and clearing out the dilemma that is with the names of 'diseases and conditions'. Recommend to read the reserve and understand the idea. No talk about is constructed of published studies showing the effectiveness of his products. He was sicker than I however changed his life. Good suggestions Increase knowledge of alternatives for healthy living. I really like this book! Well worth it! Great book to get people motivated. As I read on, there are several information about how our environment can be polluted and all is usually harmful to us.. When you take into effect, mainstream researchers predict a "get rid of" for aging in twenty years, it becomes important of life to stay healthy until then.. Plenty of interesting theory about "holistic" remedy. That is great but all of that is obvious. But there is absolutely no information or instructions on what to eat and where to buy to stay healthy or prevent diseases. A must go through for anyone truly concerned about optimal health Raymond Francis nailed it. With his simply stated concepts, anyone may take steps to succeed in never being sick once again. Would recommend to ALL as essential READ! Beware of scientist who doesn't make use of scientific method Unfortunately, this scientist presents his theory, however doesn't follow the scientific technique. He's a salesmen. And, once you get started making changes, the subsequent changes become less complicated. Plus anyone who statements to have secret knowledge of how exactly to live until you're a hundred+ is most likely trying to sell you books and products. Great info.He makes bold claims about saunas, breasts milk, and espresso without citing published, huge, peer reviewed research.The "top quality" supplements will be the ones he sells on his website. Get this book should you have health challenges! Best of show The most crucial book I've ever read. Short, nice, to the point, and impossible to either misunderstand or dispute. I was very excited to learn this publication, the first few chapters got me really pumped up with the promise of discovering how exactly to live better. The only real "con" is normally that it doesn't speak of the vegan dietary choice, a seemingly little but actually significant error in my opinion. After reading this publication, I evaluate everything I eat and drink. Enjoyed every page This book is very informative and educational. I also recommend this book to anyone interested studying food and eating to live. Great seller for books Great seller - reserve arrived as described! Hard to get I never first got it. Dr.He recommends that people take high quality products. Period. What made me buy it is that he acquired a customer who sounded like me and turned her life around after almost a decade. Highly recommended read The writer presents simple, simple ideas in easy-to-understand language. Although some of his suggestions may sound intimidating at first, they're sound and predicated on well-researched concepts. However, he never recommends screening to assess our dietary status. Highly recommended read! Waste of your time. I got a refund. I was

re purchasing it because I lent out my copy rather than got it back again. We might have imbalances, but we can not know what they're without testing. Charlatan We question any credentials this man has. I think this is all a few huge rip-off to get people to buy his products. Throwing "top quality" vitamins at the body could generate an imbalance.



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