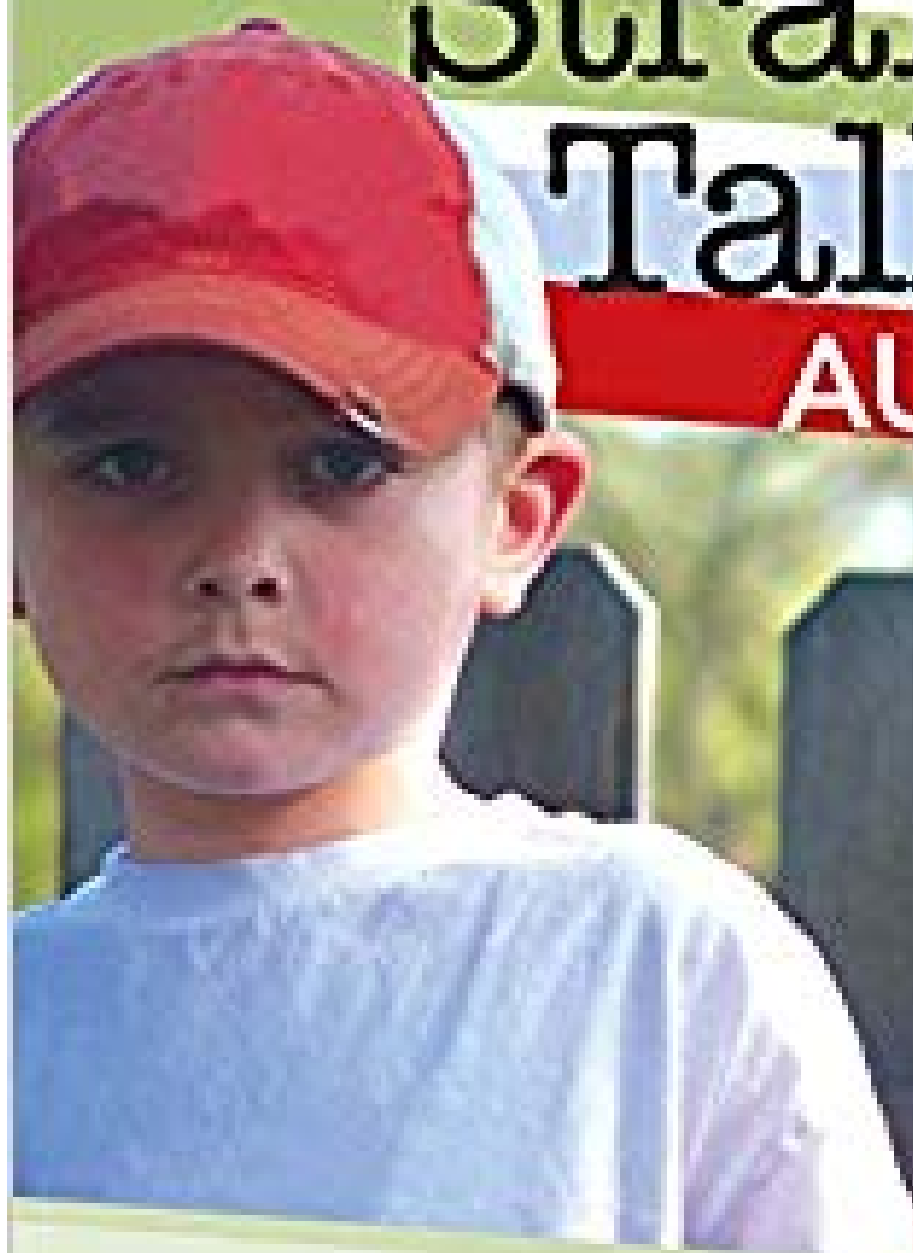


Dr. Thompson's

# Straight Talk<sub>on</sub> AUTISM



Travis Thompson

Foreword by Paula F. Goldberg

The expert  
guide  
parents  
can trust!

Travis Thompson Ph.D. and  
Dr. Thompson's Straight Talk on Autism



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Trusted authority Travis Thompson, author of the bestselling *Producing Sense of Autism*, takes visitors beyond understanding the disorder and reveals particular ways to help children overcome everyday challenges and develop critical skills they'll use their whole lives. Based on the latest analysis and the author's comprehensive clinical knowledge, these ready-to-use guidelines and strategies will help kids with autism spectrum disorders meet their toughest issues head-on: communicating even more effectively, making improvements in behavior, increasing their tolerance for change, developing interpersonal skills, establishing protected, trusting relationships, recognizing and reacting to emotion, overcoming stimulus intolerance, engaging in recreation and leisure activities, enjoying greater participation in their community and family members' lives. Engaging illustrations throughout the book show children with autism taking part in a wide variety of activities, and the sample pictorial schedules can help readers guide children successfully through everyday routines. Everyone who also cares for or works with a child with autism will treasure their copy of this book—a "helpline" they can turn to again and again for concrete, practical interventions that really work. An easy, easy-to-read sourcebook for anybody new to helping children with autism, this guidebook offers simple, particular strategies that improve quality of existence—for kids and for whole families.



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Straight From the Shoulder This book is an authentic Godsend. It's as simple as that. Dr. Thompson's phenomenal book deserves a place of honor and no parent, educator or person in the medical profession should be without it. The individual with autism is not solely responsible for making overtures and interacting on neurotypical (NT) terms; Tony Attwood is among the leading specialists/authorities on autism and its spectrum partner, Asperger's Syndrome. This incredible reserve is usually replete with very useful input and good information on working with those who are on the spectrum. Effective communication to the general public about complex technical problems is an art type in its own correct, and Dr. Thompson, as does Dr. Attwood emphasizes communication and provides good solutions to facilitate and accelerate communication among individuals who have severe language problems. Dr. Thompson, himself the grandfather of a child who provides autism is actually a leading expert on the subject. Let's all propose a toast to Dr. Thompson! Like Dr. Attwood, Dr. Thompson's Rules help focus on socially acceptable behaviors, such as for example table manners and home rules and general daily living skills. Rather of going for a punitive strategy with people who had a history of SIB, he appeared for methods to prevent and help the individuals themselves cope in different ways. Dr. Thompson's book IS a masterpiece and can rightfully take its host to honor. Although it was written primarily to greatly help parents and various other caregivers, the study and descriptions of methods that are included will benefit all. Dr. Thompson was in lots of ways ahead of his time. But SIB is merely one example. He ensures he covers as much bullet items as you possibly can about autism and compassionate initiatives to work with those who are on the spectrum. All the time his emphasis remained on interacting WITH the individuals as he experienced that communication can be a partnership. Travis Thompson, along with Dr. Thompson, doctor and customers are in a partnership where each possess much to understand from the additional. I like that. This is among the best books I have EVER read! Thompson outlines a listing of Rules for folks on the spectrum to check out in order to navigate among the NT people. Never does he resort to technical jargon or have a condescending tone to his visitors. Dr. Thompson hardly ever once loses his tone of respect, compassion and tolerance and his function is vital and required by all. It is a reserve that is a perfect teaching device about autism. His compassion and reasonable voice resonate throughout this reserve. He has been straight involved in the study of autism and its own related behaviors for over 40 years and his insights have proved invaluable. Cheers! An up-to-date, comprehensive, well-balanced, totally readable treatise This medium-size book (260 pages) is absolutely jam-packed with helpful insights and practical information, all readily accessible, because of the down-to-earth writing style of the author, to every intelligent reader who wishes to avail him- or herself of it. Dr. Thompson is actually a get better at of the craft. He is also the award-winning master of a great many other crafts (scientific and clinical disciplines, actually), including psychology, pharmacology, neuroscience, behavior analysis, developmental disabilities and unique education, and the benefit of his over 40 years of high-level professional activity in these areas is fully reflected in this book. So when the grandfather of a boy with autism, his writing also displays a genuine understanding of the personal impact autism has on families. Thompson includes a extremely deep sympathy and compassion for families dealing with autism and his composing speaks to the intelligence of his visitors. Thompson gets the rare capability to convey the scientific complexity of a concern without making it audio scientific or complex and without talking right down to the reader. He skillfully avoids jargon and esoteric technical conditions while leaving no rock unturned in what is an unusually thorough coverage of autism spectrum disorders and everything that concerns them. In its entirety, the content of the highly readable book is the equivalent of a sophisticated

training course in autism spectrum disorders, nonetheless it is all offered in this easily absorbed form that one never feels as though one is "studying". Thompson has treated scores of SIB cases over the course of his career and offers the advantage of all that experience to the reader. Thompson's dialogue of self-injurious behavior (SIB) is particularly insightful and useful. SIB is considered to be probably the most distressing behavior an individual with autism may exhibit. Dr. Although written specifically for parents and immediate caregivers, study and treatment professionals also have much to gain from reading this book, and professional educators will be well advised to consider it as a textbook within their classes on autism. He clarifies the most likely origin of the paradoxical phenomenon, the elements underlying its frustrating recalcitrance and obstinate persistence, the actions that can be taken to treat it effectively, and what to watch for to prevent it from developing in the first place. The wise insights and practical advice he gives upon this problem only are worth often the cost of the book. As early as 1968 when he was observing patients with autism in a medical center, he was able to hone in on what triggered self-injurious behaviors or SIBs. The book covers the complete domain of issues that concern families of individuals with autism. Although dedicated to the special challenges faced by parents of kids with autism, the book is actually also a fantastic practical guideline to parenting generally. This is also true of the chapter on Daily Freedoms and Obligations. For instance, the "guidelines" he enumerates for mealtime are good advice for any young family, as too are his other tips for teaching daily living skills and personal responsibility, and his prolonged treatments of the importance of leisure and the artwork of community participation. The wide scope of Thompson's educational credentials cited above is definitely paralleled in this publication by the comprehensive insurance coverage he gives to certainly all aspects of the lives of individuals with autism. I recommend it to anyone who would like an up-to-time, clear-headed, sensible, thoroughgoing, critical, totally understandable treatment of the important topic. This reserve is normally a masterpiece of scholarly, literary, and humanistic craftsmanship. A more complete, intelligent, practical, and sympathetic understanding of autism simply will not exist.



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