

# AGING ALONE



**A Candid Guide to Money, Health  
and Living for Single Seniors**

**RUTH ALVAREZ**

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Aging Alone: A Candid Guide to Money, Health and Living for Single Seniors



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What concerns have you got as you get older without a spouse or partner? or Who help me easily have a significant illness or injury? or How do I make friends at my age? This publication offers you answers to questions such as AM I GOING TO outlive my money? Know the truth about long-term treatment insurance. Everest in your 90s. Learn everything you need to comprehend about Medicare and Social Security. Discover what that you can do to battle dementia. There gained't be any pep talks about climbing Mt. Learn how to thrive minus the structure of employment. Instead, in case you are ready for some straight answers about problems facing solitary seniors, you need this book.



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I found the information on Power of Lawyer (P. So glad I purchased this book since it focuses on single people getting older and dealing with all the problems of aging instead of the most books which address a two-person strategy in working with getting older, retirement, etc. I love the reality-based, non-sugarcoated approach the writer uses. A's) particularly useful. O. The writer addressed every topic that pertained to my worries. A much needed resource for older single people I acquired this today and even though I haven't browse it in great fine detail, I've read enough to be very impressed. Alvarez has a extremely matter of fact style and doesn't pull any kind of punches. Not long ago i retired and learned lots of new info from this book or got more detail on stuff I did know. I would recommend this if you are in your 50's or older so you can make an excellent life for yourself in pension. A. This book contained a pile of useful information. This book contained a pile of useful information. Simply no nonsensels. Well worth the price! As someone who has recently shed a parent, I realize the importance of P. Concise and helpful After suddenly becoming single at 58, I am aware that I'll be going into old age alone. Three Stars We really enjoyed the information contained in this publication! O. When one partner dies, the other can be left vulnerable which is particularly essential when living alone. I was given a complimentary copy of this book therefore i could give a genuine review.



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