## FIRST AID 101

How To Do First Aid Step By Step



**HOWEXPERT PRESS & PAOLO JOSE DE LUNA** 

## HowExpert Press and

## First Aid 101: How To Do First Aid Step By Step



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• Includes discussions of many medical emergencies • Contains 30 first aid manuals on the most common emergencies. Includes a straightforward and detailed guidebook on how to perform CPR. Instructions are easy to follow in a numbered format. Acts as a life-conserving reference for various first aid scenarios. Highly comprehensive and comprehensive content material. Updated with the most recent information on medical provision. Thorough first aid information made by a qualified professional in the field. Highlights facts and clears up myths on medical and various medical conditionsFirst Aid 101 is your handy information with regards to saving lives anywhere and available at any time. Medical emergencies can happen anytime and anywhere, therefore it's best that you are prepared to respond. MEDICAL 101 is your basic step-by-step reference on how best to provide basic first aid with what you have in hand. How Expert publishes quick 'how to' guides on unique topics by everyday professionals. Have you ever taken care of immediately somebody requiring help? Through years of knowledge and teaching shared by the writer will help you, irrespective whether you have medical expertise or not. Also without medical gear or supplies, you're still able to save somebody's lifestyle. A written work by a certified medical expert, this guide explains on how to proceed in a variety of types of medical emergencies.



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