

THE MANUAL

A Philosopher's Guide to Life



EPICTETUS

Epictetus and
The Manual: A Philosopher's Guide to Life



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A short insightful read.. Very much wisdom here. I extremely suggest you check it out. Highly recommend to anyone interested in understanding the building blocks of stoic philosophy. The obvious and modern vocabulary makes it easy to share with kids of most ages, an enormous plus in my eyes. The writer translates these very previous writings into something we can understand clearly and in addition captures the essence of Epictetus' teachings. as a newbie to the arena of thought.. Where was this book when I was growing up?It's never too early to start out learning how exactly to live effectively. You can find quite a few out there.Many thanks to Sam Torode for putting this manual into very clear, easy-to-understand language.?" Excellent Excellent, concise guide for living. Important book however, not the first I you should buy If you are not used to Stoicism, as I am, this is not the first reserve you would like to get. I desire I had this reserve when I was young. I am understanding how to put this reserve into practice. Not easy, but it can be achieved. It was an instant read, but worth re-reading Very bad quality Looks like it was just printed and then in some way stitched together by way of a three-year-old, it think it's the worst type of quality version of a book I have ever bought. In case you are willing to function for them this book is for you!Looking for inner harmony?Seeking to learn what is certainly within your control and not??? Powerful! This interpretation is indeed simple, it unlocks all the logic of Epictetus' writings.AN EXCELLENT Modern Translation Of Old Works This is a great book. Excellent translation / interpretation of the Handbook I have found several translations of Arrian's wonderful tribute to his teacher over the years which one is my fresh favorite. Once the student is set the teacher will appear.The first books to learn will be the books about the general principles of Stoicism.!After that, when you are familiar with the easy, basics of Stoicism, this reserve fits in beautifully simply because does The Meditations of Marcus Aurelius.As a philosophy of life, Stoicism has changed my entire life. It makes so much sense. Especially, to let items go of which you have no control.I could go on and on, but I would not be a great Stoic I did.Put the concepts into practice and you'll be better for it Wonderful read. I read this in one day Wonderful read. I examine this in one day. Its a brief and simple abridged edition of the philosophy of stoicism and when your even slightly curious this book is a great intro but often go back to some passages that stood out if you ask me. It's definitely worth it's price and goes together with "The Meditations.! The readings ring obvious and on the face seek simplistic plenty of to remove the misunderstandings on how best to live a deeply principled lifestyle. I will read it again so that it sinks in.? Whether you're new to philosophy, or you're just seeking more knowledge as a philosopher, the Manual is a great book to start. Having these editions of these two books is fantastic if you're anything like me and needed a more accessible version of the philosophy, esp.. Highly recommend. Awesome Read This book is clear, concise and well worth the price. Great intro to writings of Epictetus, and to Stoic philosophy. We finally understand the guy who calls everyone normies Honestly it wasn't awful although there was in fact a lot I did not agree with. This took me some time to learn despite being short. It had been a bit judgy. Simple, yet life-changing! It was a great quick examine and I anticipate re-reading, along with reading Book #2 in the series, 'The Meditations - A Philosophers Guidebook', and the authors' additional translation of some traditional works. The publication is very comprehensible by using contemporary English translations, and it's not so long either. You can read this publication in a few hours. There is usually a lot of great insights about ourselves as awareness and the complete universe that surrounds us. Must read! Nice and short Pack with great nuggets of info. Every maxim might not connect with all individuals, but irrespective of personal beliefs, one will very likely find this guidebook adaptable/applicable to their daily mode of being. It feels it had been written yesterday. Words of wisdom Brief notes of wisdom which could easily

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