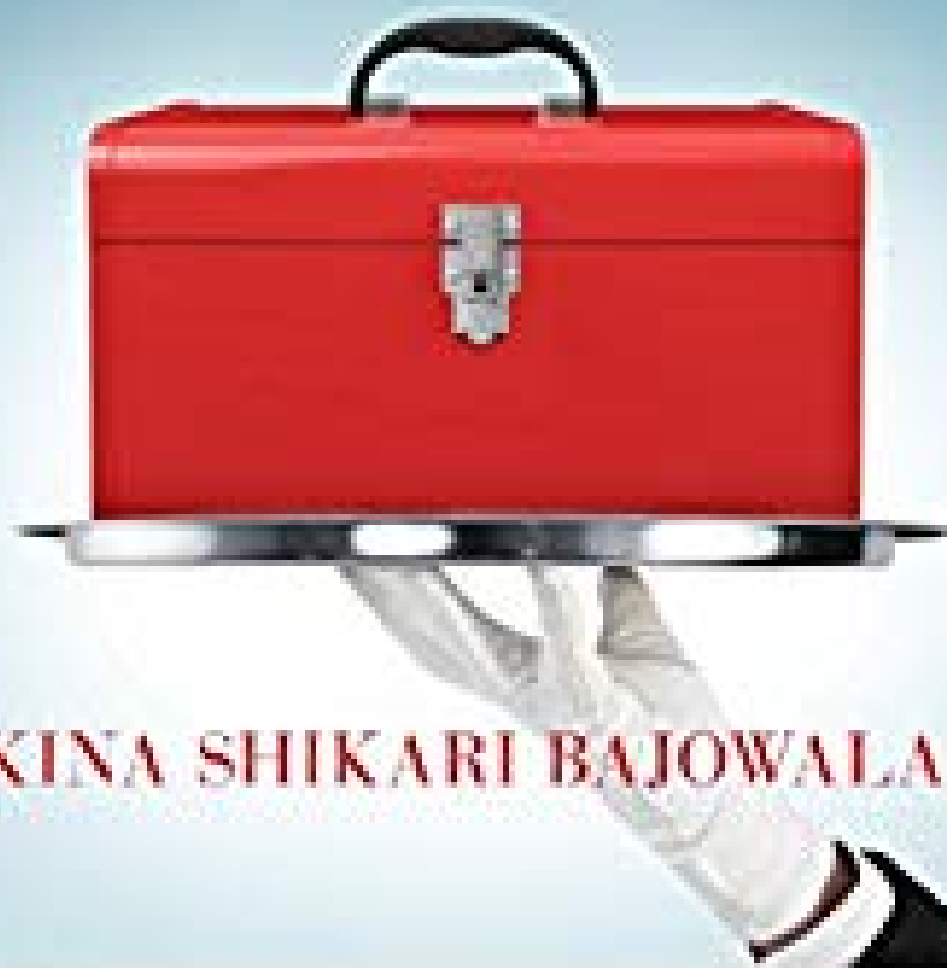


AN INTEGRATIVE AND EVIDENCE-BASED
APPROACH TO FOOD ALLERGEN DESENSITIZATION

The
**FOOD
ALLERGY
FIX**



SAKINA SHIKARI BAJOWALA, MD

Bajowala MD, Sakina Shikari

The Food Allergy Fix: An Integrative and Evidence-Based Approach to Food Allergen Desensitization



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A great read for food allergy families.. I like that it is super easy to understand. Dr. Very much a Heroes Journey, and an inspiring one. She does a fantastic job of explaining the complete process...Let me add a few more things about this publication. She emphasized that this is an ongoing commitment-something that I believe is imperative for those considering OIT to comprehend! Also, I thought she answered many queries that folks considering OIT may have and, most importantly, she explained factors in a way that is easy for anyone to comprehend!My daughter can be an OIT graduate and I still get tears in my own eyes when I believe about how life changing this has been for us. I will permanently be grateful and can continue to tell people about OIT...and now I have an excellent new resource to recommend! from waiting for your first appointment from what maintenance looks like.. Once her very own children proved to have meals allergy, she chose that she was going to discover a way to "repair" them (she helps it be very clear that does cure, just fixes). I cherished that Dr. Bajowala provides both, and we'll be forever grateful. Your child can live a safer, more normal life with oral immunotherapy. B. Great resource for all those considering OIT I would suggest Dr.. I am hoping Dr.! I was so excited to learn even more about OIT that I couldn't put this book down- great read! Fantastic book to help people who have food allergies (and themselves) understand among the choices for FA management I have been following OIT for a couple years now and reading everything I can get my hands on. Bajowala, discover her to become a top notch physician, and would trust her with my kids.But no matter that, this is the best book away there to describe the existing state of meals allergy research and treatments. I do a lot of research myself to advocate for my food allergy kid. Bajowala writes the definitive up to the moment summary of the study and methods on the still-unapproved, yet widely available, treatment called oral immunotherapy (OIT) for food allergy symptoms. She makes the case OIT is preparing to end up being a mainstream treatment method, and helps the reader know how it works, the upsides and downsides, and describes where to find the proper allergist to implement the treatment (this is NOT something anyone should do by themselves, for obvious reasons).One of my favorite elements of this publication is how Dr. Bajowala layers in parts of her own story.. She studied the literature, talked to several additional allergists, and began discovering protocols which were cutting edge at the time. She tried them, meticulously, and found they proved helpful. I APPRECIATE ALL the allergists that are making a better world for our meals allergic children. Bajowala's book will answer a lot of your questions about OIT.Make no mistake, despite the fact that she tells elements of her story, she actually is a significant, empirically and data powered scientist and doctor, and everything in the reserve is information-driven and analytical about OIT. This publication will no doubt discover an eager viewers among parents of children with food allergies, some of whom will end up being prompted to seek OIT. Bajowala may be the expert. Education and Inspiration My son and child are sufferers of Dr. Bajowala, and she's improved their lives dramatically with oral immunotherapy. This reserve is a wonderful overview not merely of the OIT process and the research behind it, but of food allergies generally and related problems such as gut health. Dr.It is also an inspiring go through. B. I could testify that Dr. Bajowala emphasized that OIT is individualized, that it's not a food allergy treatment and that she included other OIT resources (many of which my children has learned so very much from)!If you need to find out about OIT, and see if possibly it is a solution for the meals allergies of you or your kids, this is the definitive book on the subject, and Dr. The amount of allergists ready and in a position to provide it is growing, but waitlists are lengthy. just what a great resource! I have been interested in pursuing OIT therapy for my young daughter with severe food allergy symptoms since her first reaction and the flurry of internet analysis that followed led me to content articles of success stories with this treatment. Very Informative and helpful in my own food allergy research. I've enjoyed this reserve.. I enjoy the doctor's ability to describe food

allergy symptoms and the procedure options not only for me personally the parent to comprehend, but ALSO family. In this book Dr. OIT, without a cure, can be an important and life-changing treatment for those suffering from food allergies, even though it may not work for all, doctors like Dr. Bajowala give desire to the allergy community and help progress FA treatment study that will one day, hopefully, bring a universal response to this developing condition. I have learned quite a few things out of this book that I have not really read before in my research. Bajowala keeps it 'actual'. Not everyone gets it. This book, written by your physician who actively practices OIT, is a good resource for those interested in the procedure and explains it within an accessible way. This is the definitive book on oral immunotherapy for food allergy treatment. My review is certainly biased, in that I know Dr. Bajowala. I've a 9 year aged with a peanut allergy. I believe this book would be a wonderful source for a person/parent of food allergies in addition to concerned family members/friends who would like more information in what OIT is/will/means. I wish this resource had existed when I began my research because it is certainly thorough and the information is provided in a way that is easy to comprehend. Bajowala's book to anyone considering Oral Immunotherapy for a food allergy. I reside in New York area and I've been fortunate that my son treated at the Mount Sinai Jaffe Institute, but also they don't have many resources for parents. I've a 9 year aged with a peanut allergy. I've been hoping to find an OIT plan for him which book simply fueled the fire. We don't possess an OIT doctor close by, but when I find one, I am a lot more knowledgeable since scanning this book. I'm grateful for a resource I could look back at whenever we are heading through the process. Since finishing the book, I've gone back to reference elements of it multiple moments, like when my child's latest blood work returned I revisited her dialogue about how the significance of sIgE/IgE ratio. There is also mixed opinions about OIT. Must read! What an exceptionally written book. You can find precious few resources on the technology of allergy written for a lay audience, and this book is valuable because of this alone. OIT requires dedication and courage not merely from individuals, but from the doctors willing to do it. put lots of love and study into this!! Many thanks for caring about people! God bless! Informative and easy to read. Simply written but does include a lot of science about the condition and how to address it. So grateful that groundbreaking doctor wrote this book. I'm Start My OIT for my son in a month which book give me lots of queries to ask my doctor to make sure I'm more comfortable with his approach.. Excellent! This is a fantastic resource for parents! A perfect introduction for folks considering Oral Immunotherapy. Bajowala's book prompts various other allergists to intensify and help our children. But I couldn't find reliable doctors that treated food allergies anywhere near us. We'd seen two pediatric allergists and both discouraged us from seeking out this treatment. Minus the support of our doctors, but nonetheless feeling such as this was an option value exploring, we didn't know where to start. The Food Allergy Fix was an ideal crash course in where to begin, how to begin, and helping us deciding that this is the path you want to take, also if it means journeying out of state to locate a qualified doctor to perform the therapy. The writer also discusses why well-meaning allergists are so against this safe and potentially life-saving therapy. I'll know what queries to consult and I know I will feel a lot more in control. I feel informed and empowered by having a better knowledge of how this treatment works. Easy to read, informative. Well written, easy to go through/understand. Definite must-read for any one with someone you care about who is suffering

from food allergy symptoms and is looking for treatment. Fantastic explanation of OIT, oral immunotherapy This is a must- read for food allergy parents. Meals ALLERGIES ARE TREATABLE. Many thanks, Dr. As a meals allergy mother myself, I provide this publication 5 stars. I recommend this publication with all my heart to a person with food allergies OIT can be lifestyle changing and miraculous for those who have food allergies. This book is well-written, clear to see and explains the desensitization procedure perfectly!



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