



# Walking on Eggshells

*Navigating the Delicate  
Relationship Between Adult  
Children and Parents*

**JANE ISAY**

READ BY ANN MARIE LEE

Jane Isay

Walking on Eggshells: Navigating the Delicate Relationship Between Adult  
Children and Parents



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Walking on Eggshells is the much-needed street map that may keep you linked to the people you love most. And for every bewildered mom who wonders why her children don't call, there is a frustrated kid who just wants to become treated like a grownup. Isay's warmth and wit shines through as she charts an invaluable course through the complicated, and often painful, interactions parents and children can face. Using intensive interviews with people from age range twenty-five to seventy, Isay demonstrates we're far from alone in our struggles to make this new, adult romantic relationship work. She offers up groundbreaking insights and deeply moving stories that may inspire those in also the toughest situations. Today, famous editor Jane Isay delivers the perfect present to both parents and their adult children-real-lifestyle wisdom and assistance on how to stay together without falling aside. We raise our kids to be independent and business lead fulfilling lives, but when they finally do, staying close becomes more difficult than ever.



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We didn't realize it was just a assortment of stories ... I didn't realize it had been just a assortment of stories from folks of all backgrounds around the united states. This book was so useful and hopeful in looking towards the upcoming with my children. It's helpful to understand that all families have some issues, it's regular, and that it is never too late to make things better. This book found me at the proper time. I could now step back, and see that too much advice to my adult child was pushing him away from me. Very nice written. I'll start the new year giving no opinions unless asked for!! Excellent written. This reserve was so good that I am saving it on my Kindle to learn again in six months. Go through it and follow it! So happy I read this book! great book excellent resource for any parent working to understand their adult children. Bought for mom Bought for my mother. Told with great compassion, understanding, and insight! Recommend highly. This publication was extremely beneficial to me. I gave this reserve to my daughter to read to help her with her daughter and she said that it did help. I also recommended it to a friend who was also struggling with her daughter aswell. Personally i think better already! Great Very good Good Advice Very good advice when you're a parent of adult kids. My mom died when I was 28 and there are so many things I wish that I possibly could ask her. Even more of a 'learn from my example' or 'you are not alone' reserve than and outright advise reserve. There are so many books out there about increasing a family but not much about growing to another phase of parenting. I also, really appreciated that this book was full to the very best with stories. They were so helpful. Very informatie book Stories with advice at the end of each story. An eye opener for sure. Excellent for Any Family This author helps families handle and understand "normal" issues between parents and adult children. It can help me put my problems in perspective. Educational book about adult children Hard subject to reveal, but interesting. recommend both this book and FINISHED WITH Crying. Assists me understand what's "normal" We all have characteristics which are shared with psychological disorders, but it doesn't mean we have the disorder. Many books I've read cope with a problem, whereas here the author uses case examples to spell it out normal pulling away vs. more extreme problems.. I discover that comforting. Great book I loved this book. What I really like most is certainly that there is no blame here, just an understanding and helpful info that can quit or defuse a situation from getting away from control. Hard lessons! " Keep the mouth area shut as well as your door open" favorite quote I have adult kids and it's a new normal on how to parent or " not parent anymore" Wow I could relate in ever single example. I can't wait to take these lessons and apply after that to my very own family Interesting The book is an easy read about how families have held good relationships between parents and their grown children. Having grown kids myself I came across the book interesting. The writer tells the tales of a number of individual perspectives in addition to her very own. I ordered this in error, but it's a good read. She stated it was helpful Enjoyable read Oops make sure you're not wanting Stop Jogging on Eggshells for coping with someone with Borderline Personaily Disorder.



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