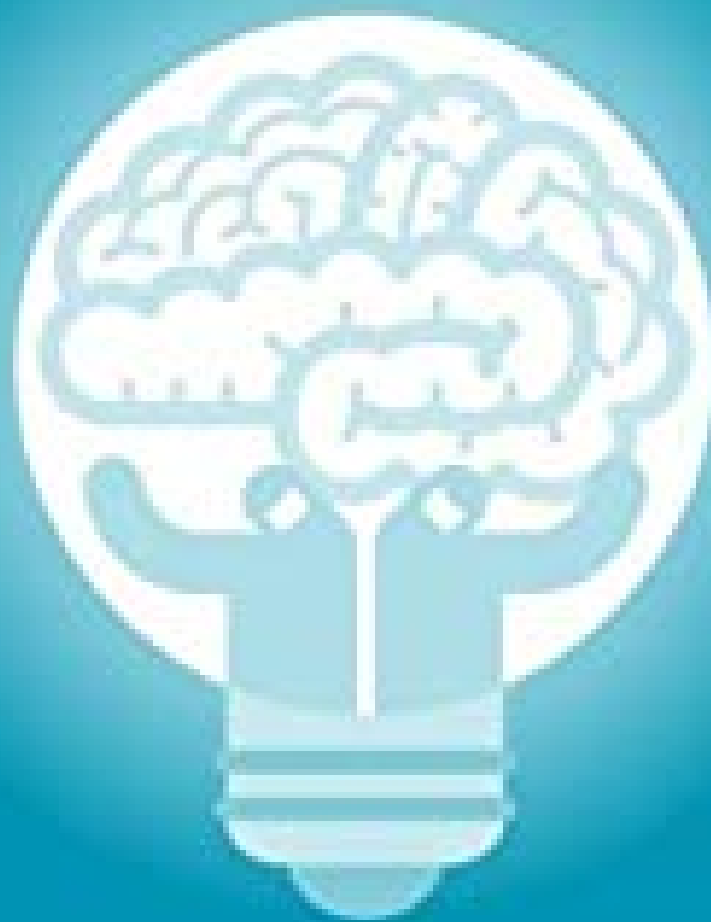


CONCUSSION

**"How blue blocking glasses can
help heal your injured brain
by maximizing natural melatonin"**



Dr. Richard L. Hansler Ph.D.

Dr. Richard L. Hansler

Concussion: How blue blocking glasses can help heal your injured brain by maximizing natural melatonin



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Concussion or mild traumatic human brain injury occurs as the result of a vehicle accident, fall or seeing that a sports injury.". Wearing orange eyeglasses for some hours before bedtime will increase the body's creation of melatonin. It is very important follow the doctor's guidelines. The scientific evidence is offered that melatonin is effective to an injured mind. This book answers the issue "What else can I do to help heal my injured brain? This simple switch in life style may help heal your injured human brain. Supplementing with oral melaton in also discussed.



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Five Stars Great resource!



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