

Everything **YOU** need to know
before they start middle school!



NEW! 2ND EDITION

WITH SECTIONS ON SEXTING + SOCIAL MEDIA!

Birds + Bees + **YOUR** **Kids**



A guide to sharing your beliefs about
sexuality, love, and relationships

Amy Lang, MA

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Birds + Bees + YOUR Kids: A Guide to Sharing Your Beliefs about Sexuality, Love and Relationships



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This Mom's Choice Award winning book can help you clarify your values and beliefs about sexuality, love and romantic relationships. Do you wish to have amazing birds and bees talks that reflect your values and really help your children make great decisions? Short, sweet and to-the-point by reading this book you will establish the foundation you need to tackle this tough and vitally important part of modern parenting. Includes chapters on discussing pornography, sexting and media influence. You will stop fretting about "carrying it out right" and understand how to make sex talks a regular and fun section of your family life.



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Easy read with apparent directions and examples I've seen this writer in person and her book follows her in-person style very well. She's a great teacher of this details and in this publication she lays out the programs of discussing sex to your children quite clearly for each age bracket and provides easy examples to follow. It's an excellent read that can very easily be referenced anytime you will need help talking with your kids about this essential subject. Best sex education tools So thankful to have some tools I could use appropriately. We have a long history of women' sexuality being controlled and it found with an identical feel. I have additional books from her plus some webinars as well. She really is the best sex professional out there. More of a workbook to figure out what you wish to say to your kids about sexuality This book just wasn't what I expected. I thought it could give more helpful advice on how to talk with your children about sexuality but it is really more of a workbook/journal on figuring out on your own what your ideals are and how to talk about them with your kids. I could observe how that would be helpful but not what I was expecting. We was also surprised reading some of the author's responses about her own son and desire for abstinence. She has made us ok with discussing all kinds of body issues and sex. She calls it Abstinence Plus education... Nothing surprises my boys and they feel comfortable talking to us about it all. I have already been hearing Amy Lang speak for over 11 years. Amy rocks !. A must have! Easy read This book was very useful. If you don't know when, where or how to begin the conversation , this book is for you! I've only just started it, so far I haven't .. Great publication! It also makes you think about your values, rules, romantic relationships, and all the possibilities you should try talk to your kid & continue the conversation for years to come. Thorough however not overwhelming. She made a comment that was obviously supposed to be a joke about not really wanting her boy to be sexually active until his 30's and it just came across as her not getting or understanding body autonomy and that he's his personal person. Finally I have her voice in a reserve that I could reference anytime! She is so good at giving me what to use when Personally i think awkward with my 2 boys. Of course she is eligible for her very own opinion and values but I was a little amazed in what I expected to be a modern and progressive reserve on sexuality to become pushing abstinence. where she encourages abstinence plus education about birth control. THANK YOU Amy Lang. Good start It helps you develop a conversation together with your child at any age group. I've only just started it, up to now I actually haven't learned anything I didn't know but I'm just through the first few chapters. Buy this book today!. Great, sensible method of a subject many parents and grandparents come across uncomfortable. Can't read too early and has great prompts to determine where your ideals are to better communicate with your kids. This book is amazing. Five Stars Best book for an u comfortable topic ever, thanks for the updates!



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