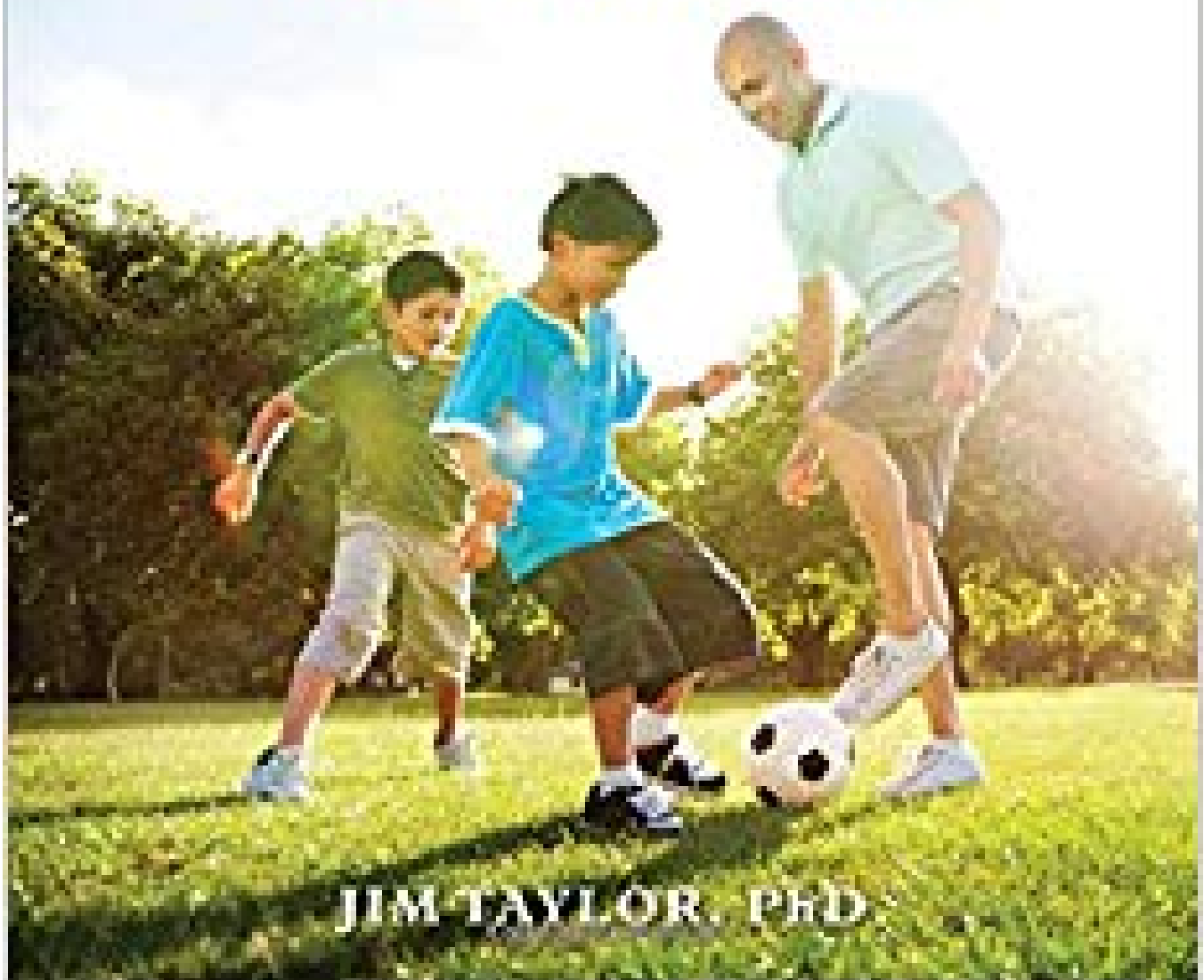


RAISING YOUNG ATHLETES

*Parenting Your Children
to Victory in Sports and Life*



JIM TAYLOR, PHD

Jim Taylor

Raising Young Athletes: Parenting Your Children to Victory in Sports and Life



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It always be certain their kids' Whether playing sports activities just for fun or with aspirations to play professionally, Raising Young Athletes assists parents steer their children toward a healthy, positive experience. Yet, gleam dark part to today' Therefore, their participation can be an impactful section of their lives which will prepare them to be victorious both in sports activities and in life. As a result, parents can'Sports are an amazing environment in which to raise children.offers a guiding hand to help parents make sure their children' In Raising Adolescent Athletes: Parenting YOUR KIDS to Victory in Sports and Lifestyle, Dr. Jim Taylor—an internationally-recognized authority about sport psychology, child development, and parenting—s athletic involvement will be safe and pleasurable.s sports participation encourages positive attitudes and promotes healthy advancements as they move toward adulthood. The role of parents in shaping their kids's sports encounter has never been more important, and Dr. Taylor displays parents how to send the right messages with their young athletes with clear and practical advice. The benefits they gain from athletic participation are many, including physical, personal, and cultural.s youth sports lifestyle, as an focus on winning has produced that which was once fun become a burden for many young athletes.



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it is well laid out, and each chapter provides actionable steps as well. Well laid out, easy to read, comprehensive guide for parents and instructors to help create young sportsmen who can grow to their full potential while loving the “play” of the activity. “Raising Young Athletes” is an excellent “How To” instruction for the development of successful athletes. The skill models presented cultivate opportunities for young sports athletes to apply the skills learned in sport as they grow into effective adults. In this reserve, Dr. Taylor provided an accurate representation of youth athletics, the benefits as well as the pitfalls. He addresses how to approach negative situations as well as how to grow positive athletic encounters for individual sports athletes, for managing sports activities within a challenging family life, and how exactly to promote enjoyable game day experiences for all involved. Highly Recommended Dr. It addresses all of the most relevant do's and don'ts of parenting young sportsmen in sports, therefore we can raise not only great athletes but great people. Ought to be mandatory reading for parents in sport. “Raising Small Athletes” is a great read and an ideal gift for every sport parent and trainer. Fantastic Dr. Taylor does a wonderful job in this reserve of writing in a relatable method that I believe all parents of sportsmen would reap the benefits of. As is observed in the publication, all athletes careers end sometime and usually at a young age. I hope many parents will come across this reserve to read what it looks like to become a supportive, loving mother or father with their child in a manner that will advantage the athlete most over time. As a trainer of youth athletes, frequently I find/hear that parents will be the hardest component of working in that setting. The opportunity to steward helping a youth athlete well in order to reap the advantages of sport without having to make it become unhealthy is vital, and I think Dr. Taylor does an excellent job of speaking to how we can do that well. In “Raising Little Athletes”, Dr. Taylor spent some time working with some of the top athletes on earth, and their parents, and this book is i'm all over this. Taylor shared his many years of expertise dealing with athletes, their own families, and instructors at all levels of competitiveness. Excellent Present! Whether you are a first-time sport parent (and/or trainer) OR an experienced sport family, “Raising Youthful Athletes” provides a realistic, step by step guide with strategies that are easy to implement.



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